## Annex 11

Instructions for the use of protective equipment

Ladies and Gentlemen, Comrades,

You have been issued with respirators. Respirators provide reliable protection against the action of chemicals. They must fit properly, so before being issued with a respirator each of you will have the circumference of his or her head measured vertically and horizontally.

The respirators are tested by determining their airtightness in protecting the sense organs in air containing an irritant.

The agent used to test the respirators irritates the mucous membranes of the eyes, the respiratory organs and the exposed, and especially moist, parts of the skin.

The irritation has no lasting effects. If the agent enters the eyes, the result will be strong lachrymation that can be stopped by washing the eyes with water.

If the agent enters the respiratory organs, the result will be a burning sensation in the nasopharynx, combined with sneezing and coughing. To stop this you must rinse your throat with water and take several deep breaths of fresh air.

Should the agent come into contact with the skin, the result will be a burning sensation. If this happens, you are not advised to rub the affected parts with the hands. The burning sensation will pass after 5-10 minutes.

Those persons who are to observe the unit in operation directly must not remove the respirators after they have been checked for airtightness. Those who will be watching the unit in operation on closed-circuit television do not need to wear respirators.

The respirator consists of a mask and a filter canister.

To check the airtightness of the respirator, you must:

- 1. Remove the respirator from the carrier and put it on, as follows:
  Take two side straps in each hand and pull them to the side;
  Place the chin in the lower cavity of the facepiece;
  Pull the mask over the head by moving your hands up and back;
  Straighten the mask and straps and smooth out the material of the facepiece.
- 2. Put on the tunic.
- 3. Go to the chamber containing the irritant substance and stand facing the canvas sleeve at a distance of one metre.