

was ordered by the Transvaal Council to desist from its publication and recall from the market all unsold copies, and that he would be examined in three months to ascertain if these conditions had been carried out.

A German physician states that health and longevity are influenced by weight. He found the greatest vitality and lowest mortality in persons whose weight is within 10 per cent. of the standard. His conclusions are based on the records of 200,000 males. For the normal weight of a man 40 years old and 5 feet 6 inches tall 150 pounds is accepted, while the rule adding three per cent. in weight or each extra inch proves fairly accurate. The standard weight increases with age in little men up to 45, in middle-sized men up to 50 and in the tall up to 55 or 60.

The York Health and Housing Association in England has done much good education work. The effort of the society is to create a sound public opinion with regard to health, and to be in a position to do this the members have had to resort to the best authorities on the subject and have taken from the first their stand on scientific principles. Two valuable charts have been issued setting forth the comparative nutritive values of foods, and energizing values as well as by means of coloured designs. Along with these are given tables of quantities of foods necessary and simple recipes within the means of persons of small income. The charts have been widely distributed throughout England. 90,000 copies having been sold. They have proved of immense economic value, showing as they do that no family of five persons can live on seventeen shillings a week.

OBITUARY.

J. M. DUNSMORE, M.D.

Dr. Dunsinore died recently in Stratford, at the age of 77 years. For many years he enjoyed a very large practice and was highly esteemed. He took a wide interest in things outside of his professional duties.

P. E. JONES, M.D.

Dr. P. E. Jones, ex-Indian Agent of the Mississaugas of the New Credit, son of the celebrated missionary and chief, the late Peter Jones, and a personal friend of the late Sir John A. Macdonald, died at Hagersville on 29th June, 1909, after a lingering illness. He was a life member of St. John's Chapter, A.F. & A.M., Hamilton. Dr. Jones was a graduate