

treated from their position and allowed the *Physiologist* its rightful mail facilities. As money was needed by the Defense Association to print some documents to be used in the furtherance of the cause at Albany, the \$25 I had pledged was used for this purpose. At the same time it was decided that as lawyers do not return retainers, the attorney who had been originally engaged should go right on and see what he could do in behalf of the HEALTH MONTHLY and the *Health Journal*.

The proposition that the Liberals should make up to me losses sustained by the denial of the privileges of the second rate to the HEALTH MONTHLY, although made with the kindest of motives, is a mistake. I do not wish to have the Liberals do this. If the post-office officials remain obstinate, and the subscribers of the HEALTH MONTHLY should see fit to make up the extra postage I am obliged to pay for mailing it, I should consider it a kindness, and, if they really value the matter that is served up to them, as only just. I have occasionally received some donations to the HEALTH MONTHLY, but I have invariably turned them over to the Defense Association as if contributed to the Defense Fund, and shall so continue to do unless it should be decided by the Association in an emergency to make some case of mine a "test case."

This explanation is justly due the Defense Association itself for the reason that its treasury is at present somewhat depleted, and that it sadly needs replenishing for carrying on the general objects of the Association. Contributors to the Fund might feel some hesitation in coming forward to do this if the contributions were to be used for the purpose of making up to any one losses sustained by an unjust ruling like that from which the HEALTH MONTHLY is presently suffering. The active members of the Association have on many occasions been required to put money into the treasury from their individual pockets, but have never taken out a cent for any personal uses whatever. Only a week ago Mr. Bennett contributed ten and I fifteen dollars when money was needed to pay a bill of electrotyping done for the Association.

E. B. FOOTE, Sr., M.D.

120 LEXINGTON AVENUE, NEW YORK.

DR. SARAH B. CHASE'S *Physiologist* made its appearance in August well filled with good and useful matter. "The Web of Life," a beautiful poem, by Augusta Cooper Bristol, prepares the appreciative reader for all the good articles which follow.

A NIGHT new paper has made its appearance in the literary field entitled "LIBERTY." Such a heading in itself is attractive, but the artist has managed somehow to give it a bewitching beauty by its original typography. It is edited by BENJAMIN R. TUCKER, Esq., and is to be issued fortnightly at fifty cents a year at 18 P. O. Square, Boston, Mass. Among its striking articles is its salutatory entitled, "Our Purpose," "The Anatomy of Liberty," "Who is the Somebody?" and "Labor Cutting its own Throat." On the first page is a fine picture of Sophie Perovskaya, and beneath it a stirring poem to Liberty's martyred heroine, by Joaquin Miller. Mr. Tucker is an experienced editor, a brave and foreable writer, and we trust that under his management *Liberty* "has come to stay."

Another Liberal Decapitated.

CONSISTENCY is a jewel that finds no favor in the eyes of the N. Y. P. O. department, and impartiality is a virtue not known in its precincts. As we go to press we receive news that "MAN," a paper of the "Liberal" stamp, published by A. K. Butts, has been refused the privilege of second rates because it is not issued with strict regularity, and because the publisher offers to prove his mail circulation to advertisers. Yet a paper of about the same size, "on the other side of the street," is equally irregular without being debarred, and we are to-day invited to advertise in a paper that guarantees 100,000 circulation each month and offers to prove its mail circulation; and yet its actual subscription list would probably not equal that of the HEALTH MONTHLY, or of the "MAN" that has been decapitated.

Mrs. Elmina D. Slenker on the Situation.

I wonder if people realize what it is to have Anthony Comstock sit down on a paper with a cruel and deliberate intention to crush and destroy it—to wipe it out of existence and utterly annihilate it? This seems to be his aim now as regards Dr. Foote's HEALTH MONTHLY, a paper I have read and loved for many years, and one that has more good advice in it as regards the physiology of right living, the best and most hygienic mode of dress, the most proper diet, and the general rules for making happy homes filled with happy people, as well as the summary of the most interesting topics of the day, than any paper of its size I know of. Comstock is not satisfied with having suppressed one of Dr. Foote's most useful books and making him pay a fine heavy enough to entirely destroy the business prospects of most men, but now he must try to kill out his

valuable paper that thousands of us depend upon for medical advice and moral and hygienic instruction, by making him pay fifty dollars a month postage on it, while hundreds of worthless, trashy sheets go through the post-office for two cents a pound, simply because they pay court to his hobbies and utter nothing but stale platitudes and dull homilies on dead issues.

Do you not see, my friends, what all this means? Do you not see that it is a blow struck at the rights of advanced thinkers? The good Dr. Foote believes in doctoring to cure rather than in giving drugs and poisons simply because the old fogies say, "This is the law." And there is Dr. Kinget, too; his *Health Journal* is not allowed mail privileges because it talks on sex and blazes a free path for itself, offering a little germ of truth here and there to a waiting world. The bad law of a bad man steps in and crushes his paper as it did our *Physiologist*. You may think we are not harmed since our rights are partially restored; but alas! the cry of "Mad dog" still clings to our paper. It is at the mercy of every one of the 50,000 postmasters in the United States, each one of whom may do as our Snowbird P.M. is now doing—refuse to mail or hand out a single copy of any issue, past, present or to come! For weeks I have not been able to mail or receive one at our office. The P.M. demands an order from Washington first. I wrote on, but the law is slow and uncertain, and meanwhile our business suffers and parties wonder why no paper comes. I am, only a woman; I have no voice in making or killing a bad law. So, my friends, one and all, I once more make my plea to you for help, and ask you to crush the Comstock law so entirely that neither it nor its vile agent shall ever more be able to harm any man, woman, book or paper. If we must have laws, let them be fair, just and equitable. If we must have men to execute our laws, let them be good men, who will be in an honor and pride to the nation. Now is the hour of need. Who will put a shoulder to the wheel?—*Physiologist and Family Physician*.

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