

which, being translated, signifies "The Cross is my anchor." This motto may also be used as a token of distress.

In entering a Chapter you will give * * * raps at the outer door, and the Annual to the Outer Guardian, which will admit you to the Outer Court. You will then give * * * raps at the inner door and the entrance password, your name and the name and number of your Chapter to the Inner Guardian, which will admit you to the Chapter Room. When admitted, you will advance to the Altar and salute the Lady Preceptress with the hailing sign, which being responded to, you will then take your seat.

In retiring from a Chapter you will advance to the Altar and salute the Lady Preceptress with the hailing sign, which being responded to, the Inner Guardian will permit you to withdraw.

In crossing the floor of the Chapter Room you will pause in front of the Altar and salute the Lady Preceptress with the hailing sign.

Finally—I will instruct you in the use of the Wand of office. One rap calls the Chapter to order, seats it or dismisses it from duty *; two raps call the officers, whether designated or not, to their feet * *; and three raps raise the