

FRESH FRUIT. New 1924 Crop Onions, etc.

FIRST NEW SEASON'S VEGETABLES
Just received ex. S.S. Sachem.
NEW EGYPTIAN ONIONS.

Ex. S.S. Digby:

25 Cases VALENCIA ORANGES
30c. dozen.

NEW LAID EGGS 50c. doz.
LIQUID VENEER 40c. & 75c. Bot.

"100" FURNITURE GLOSS—
Medium size tin 32c.
Large size tin 50c.

CAMPBELL'S SOUPS—10 Varieties.
Try SWEET PICKLED PEACHES
Large Cans, 40c.

C. P. EAGAN
TWO STORES
DUCKWORTH STREET & QUEEN'S ROAD.

Candid Chats Concerning Crisco



When you buy Crisco you get a rich, wholesome cream of nutritious food oils in sanitary, dust proof cans. The Crisco process alone can produce this creamy white fat. No one but its makers can manufacture Crisco, for no one else holds the secret of Crisco. It is entirely different from all other cooking fats. Crisco is Crisco, and nothing else. Not a substitute for lard or butter, but a distinct, pure vegetable shortening that took years of experimenting to perfect.

ASK YOUR GROCER FOR CRISCO.

Gerald S. Doyle

DISTRIBUTOR.

No. 8.—This is one of a series of twenty ads. which began in this paper on April first under the heading "Candid Chats Concerning Crisco." A different ad. will appear every day for twenty days. If you save them all and send to GERALD S. DOYLE, you will receive a full pound can of Crisco FREE. This offer applies to only one member of any family. If you have missed any of the previous ads., look up the back papers since April 1st.

STAFFORD'S Sarsaparilla Blood Purifier

FOR THE CURE OF

Skin Diseases, Anemia, Lack of Blood, Paleness, Impure Blood, Lack of Ambition and Vigor, Debility, Weakness, Tired Feeling, Boils, Pimples, etc.

THERE is no Remedy of more universal application than a genuine true-and-tried Blood Purifier and Blood Builder. A medicinal preparation that will truly purify, revitalize and renew the blood, restores hope and pleasure, ambition and happiness, vigor and vitality. It is of inestimable value not only as a strengthener of the system, fortifying it against invasion of disease, but also as a cure for Chronic Diseases which depend upon an impoverished condition of the blood. Diseases of this nature are usually caused by impurities in the blood deposited through the inactivity of the Liver and Kidneys.

These secretions if not removed from the circulation, gradually form poisons which deteriorate the condition of the blood and allow other diseases to obtain a more ready entrance to the system. In the effort of nature to throw off these impurities, frequently pimples, boils, carbuncles, etc., appear, and it is wise to respond promptly to the Warning of Nature.

THIS SARSAPARILLA
is a genuine preparation scientifically prepared from the best and purest remedies for the purifying and rebuilding of the blood. It should be taken every spring, as at this season the blood is more apt to become impure and impoverished. Keep your blood in perfect condition and you will be prepared to fight life's battles with greater success.

One Bottle of this Blood Purifier is all that you will need to take to produce results.
TRY A BOTTLE.
PRICE 50c. POSTAGE 20c. EXTRA.

Dr. Stafford & Son
CHEMISTS & DRUGGISTS
Duckworth Street and Theatre Hill.

SIDE TALKS.

By Ruth Cameron.

DON'T EXPECT TOO MUCH OF YOURSELF.



There are some people who are filled with the fear that they will not have the strength or the wisdom to do the right thing. When you first consider that

state of mind it sounds like something entirely commendable. But is it?

Fear is a bad thing. It is a poison that saps one's strength and vitality. Does the fact that what one fears is something that one ought to avoid, make an excess of fear desirable?

To constantly work toward that and ideal the doing of the right and wisest thing is splendid.

To constantly work toward that ideal is still more splendid.

But to be harassed by the fear that one will fall short of it isn't splendid at all. It is almost as bad as letting oneself be harassed by any other fear.

Don't Muddle Up Your Life.

If you are going to deal with life competently you have got to have courage. If you don't have courage but are ruled by fears you are going to muddle up your whole life.

A person who is afraid does not have as clear a head as a person who is courageous.

A person who is all the time afraid doesn't have as much vitality and pep as the person who faces life with courage.

He does not have the same power of putting his mistakes behind him

and making up his mind to do better the next time.

The fear of not doing the right thing may become an obsession.

I will admit that it is but a common one, far from it, but I have known people who were possessed by it and it is for them particularly that I am writing this.

Unhappy People Are Handicapped.

This fear paralyzes them, it inhibits them, it made them unhappy and unhappy people are never as much use as they should be to themselves or anyone else.

An exaggerated New England conscience is a form of this fear. Someone has well said of it that a New England conscience doesn't keep you from doing what you ought not but keeps you from enjoying it while you are doing it.

People who are obsessed by the fear of not doing what is right, go still further. They are always so worried lest they aren't doing what they ought to that they cannot enjoy things they have every right to enjoy.

Vanity To Expect Perfection.

Don't be a coward even about doing wrong. Have courage for life. Do the best you can. Do it cheerfully and happily. Take life day by day. Don't be afraid that some time in the future you are going to fall. Live to-day as best you can and the future will take care of itself. And do not brood on past failures. Everyone makes them. You don't expect to be an exception do you? That's sheer vanity to expect that. Just go ahead with courage and a good determination remembering "we fail to rise, are baffled to fight better, sleep or wake."

The Last Chance to Hear "The Rosary"

ANOTHER LARGE AUDIENCE AP-
PLAUD MAJESTIC VOCALIST.

The singing of "A Perfect Day," "The Lost Chord" and "The Rosary" by Cameron Geddes at the Majestic Theatre last night was but a repetition of the outburst of applause which greeted him on Monday evening and quite a number of his admirers were present on both occasions. The method employed by the management to feature the last mentioned item was a novel one and a delighted people were agreeably surprised. The lighted cross that suddenly came into view at the last line of the sacred song had an impressive effect. Mr. Geddes sings "A Perfect Day" and "The Lost Chord" in masterly style, and he well merited the rounds of applause which came spontaneously from the thousand or more who had the good fortune to hear him. The picture programme is also well up to the mark. "Truxton King" is a powerful war drama on lines similar to the "Prisoner of Zenda." John Gilbert is the star that features strongly. The comedy is one laugh from start to finish of the two reels. To-day is the last opportunity the public will have to see these pictures and hear Mr. Geddes singing those selections which are indeed appropriate to the season. The holiday matinee this afternoon should be well attended. The vocalist will appear about four o'clock.

"Hearts of the World" Has Comedy and Thrills

D. W. Griffith's superb spectacle, "Hearts of the World," in which this noted producer has artistically blended delightful comedy and tremendous thrills, and on the production of which he spent eighteen months, comes to the Star Movie next week.

Those who recall Mr. Griffith's first great work, "The Birth of a Nation," and who have been privileged to see his other master work "Intolerance," will be interested in this latest triumph of the man who has lifted motion pictures to the high plane on which they stand to-day. Contrary to general opinion, "Hearts of the World" also produced in France amid the tragedy of the recent war, is not a war play. Instead Mr. Griffith's story is a tale of love and sacrifice. Part two opens with the Supper of the Passover, at which Jesus washes His disciples' feet and gives to His friends the new commandment of love for one another, as the sign of true discipleship. From this the scene passes to the infinite paths of the Garden of Gethsemane, the sudden appearance of the hostile crowd, Jesus forsaken by His disciples. His utter loneliness among ruthless foes, the tumult before Pilate in the Judgment Hall, the Passage of the Cross, the tragedy and triumph of Calvary. Preceding the Cantata a short programme of miscellaneous selections will be rendered. The soloists taking part are Misses Doris Withers and Ise Glendinning; Messrs. P. Ruggles and Frank Seymour.

Piles
For Half a Century
the Standard
Successful Treatment
**Dr. CHASE'S
OINTMENT**

At all Dealers.
GERALD S. DOYLE, Distributor.

"Shadows of Conscience," at the Nickel To-Day

Comedy lovers will find much to enjoy in some of the cowboy antics that add to the excitement of "Shadows of Conscience," which Russell Productions have just completed and which may be seen to-day at the

Complete Change of Program STAR MOVIE TO-DAY

WOULD-YOU MARRY A CHINAMAN? WOULD YOU, COULD YOU, TO SAVE THE MAN YOU LOVED, MARRY A YELLOW MAN? SEE! SEE! ALICE BRADY, IN

"THE DAWN of the EAST"

WILLIAM DESMOND, IN THE CHAPTER PHOTO PLAY OF

"PHANTOM FORTUNE"

Next week—D. W. Griffith's Supreme Triumph "HEARTS OF THE WORLD," with Lillian and Dorothy Gish, and George A. Siegman, as Von Strohm, Agent of German Autocracy. A most wonderful production with a wonderful cast and a wonderful producer. Don't miss it!

Nickel Theatre.

The homecoming of Winald Sherman, played by Gertrude Olmstead, is the occasion for great rejoicing among the rascals, many of whom take advantage of the chance to make their first and last appearance in a dress suit in the young lady's honor. "Fatty" gives the boys (and the audience too) the biggest laugh of their lives when he dons his swallow-tail and then proceeds to drown himself in cognac. The spirit of the entire picture is "homey" and renders it an especially attractive production for the family theatre. Everything of an unwholesome nature has been eliminated so that from start to finish, this super-production offers first-grade entertainment.

Held for Ransom

BRITISH VICTIMS OF BANDITS.

The dramatic case recently reported from China, of armed bandits forcibly seizing peaceful travellers and holding them to ransom, has a number of parallels in the past. As a general rule, the scenes of these daring exploits have been the remote portions of Europe; but Asia Minor, North Africa, and certain of the South American Republics have also earned an unenviable notoriety in this respect, writes Horace Wyndham in "Chambers's Journal."

Turkey has a very unsavoury reputation for such outrages, which appear to be committed there almost with impunity. At any rate, it is very seldom that anyone is brought to book.

"No Questions Asked." In 1896 an instance occurred near Smyrna when an English officer, Brigadier-General Marriot, was waylaid by brigands, who demanded £15,000, "and no questions asked," for releasing him. By good luck, the captive managed to make his predicament known to the authorities.

The latter acted promptly and, throwing a strong cordon of troops round the band, compelled the whole gang to surrender. But, as a preliminary to guaranteeing the ransom, the chief should not be arrested. When a sufficiently large ransom is put up the victims of such outrages are, as a rule, given their liberty at once; and even when the cash transaction is not completed, the usual custom among the bandit fraternity is to set them free after an interval of suspense.

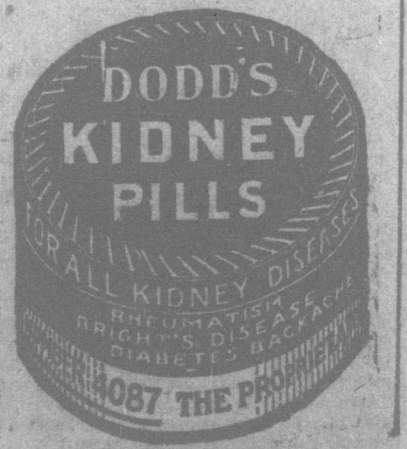
Most of the recent cases of holding British subjects to ransom have occurred in Morocco, where life is always wild and lawless.

A distinguished victim of unwholesome attentions of this sort was Kaid Sir Harry MacLean, who was carried off by a party of Moors in July, 1907. What made the exploit all the more daring was that Sir Harry happened to be the commander-in-chief of the Sultan's bodyguard. Still, this did not avail him much, as he was kept a close prisoner for seven months.

Ransoms Capture. Ransull, the head of the Rif tribe, who brought off the captive, was something of a profiteer in the bandit world, as he demanded £5,000 down, and £15,000 to follow, as a suitable ransom.

After a good deal of haggling, the British Government agreed to pay this, but only on the understanding that the Sultan himself would refund it. This undertaking, it is interesting to note, was honourably discharged by his Shereefian Majesty, Mulai Hafid.

However, he doubtless got it back (and a bit more) from the rascally Ransull, for the Moorish authorities have ways of their own of extracting cash from their subjects.



ANNOUNCING! Racine Multi-Cord Tires and Tubes

Quality Unsurpassed
Prices Surprisingly Low

CALL AND SEE THEM

Job's Stores, Ltd.

Needed Here.

PROCLAIMS APRIL 24 AS FAST DAY IN N.H.

Concord, N.H., March 22.—Governor Brown, in his Fast day proclamation issued to-day, declares an "obvious need" for the prayerful to consider in their observance of the time-honored, though scarce observed holiday, is to seek "Divine guidance in the establishment of higher standards for government." April 24 is the date set for observance. Governor Brown said in his proclamation:

"The first settlers of New England established the custom of setting apart a day in early spring for the spiritual cleansing of the community; for the confession of sins, the acknowledgment of shortcomings, the admonition of the unrighteous; for asking of God's mercy, forgiveness and succor.

"Provision for such an annual observance remains in the statutes of New Hampshire, and in accordance therewith I hereby proclaim Thursday, April 24, 1924, as Fast day.

"In response to an obvious need, let us devote a part of this day to its observance in the manner of the

fathers, by seeking divine guidance in the establishment of higher standards for government, for society and for the home; and for the individual in every relation of life."

Have you a Suit or Overcoat to make? We make a specialty of making up customers own goods at prices that are absolutely the lowest for first class work. FARRELL THE TAILOR, 310 Water St.—nov17,24

Place a slice of brick ice cream between two thin layers of cake, and serve with hot fudge sauce.

Your doctor advises internal cleanliness

HE will tell you that the first results of constipation—headache, sleepless nights, biliousness, backache, etc.—warn that the body is flooded with intestinal poisons. In time, these poisons may cause the breakdown of health and lead to serious disease. In constipation, say intestinal specialists, lies the primary cause of more than three-quarters of all illness including the gravest diseases of life.

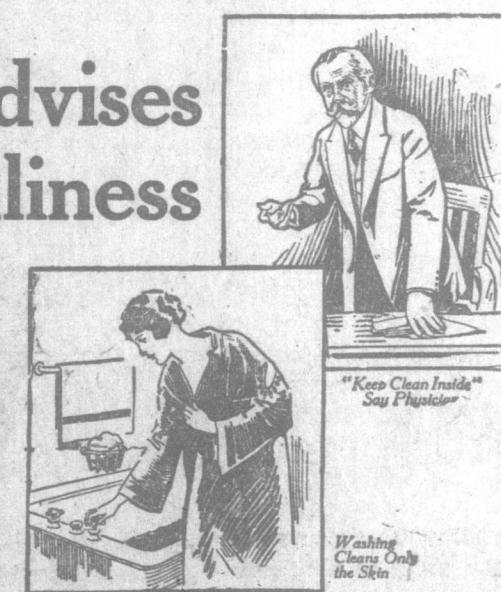
Hence, doctors urge internal cleanliness—regular and thorough removal of food waste from the body.

Laxatives Aggravate Constipation

Laxatives and cathartics do not overcome constipation, says a noted authority, but by their continued use tend only to aggravate the condition and often lead to permanent injury.

Why Physicians Favor Lubrication

Medical science, through knowledge of the intestinal tract gained by X-ray observation, has found at last in lubrication a means of overcoming constipation. The gentle lubricant, Nujol, penetrates and softens



the hard food waste and thus hastens its passage out of the body. Thus Nujol brings internal cleanliness.

Not a Medicine

Nujol is used in leading hospitals and is prescribed by physicians throughout the world. Nujol is not a medicine or laxative and cannot gripe. Like pure water it is harmless.

Get rid of constipation and avoid disease by adopting the habit of internal cleanliness. Take Nujol as regularly as you brush your teeth or wash your face. For sale by all druggists.

Nujol
REG. U.S. PAT. OFF.
For Internal Cleanliness



Sole Agents: J. B. ORR COMPANY, LTD., ST. JOHN'S.