

ROYAL YEAST

Has been Canada's favorite yeast for over a quarter of a century. Bread baked with Royal Yeast will keep fresh and moist longer than that made with any other, so that a full week's supply can easily be made at one baking, and the loaf loaf will be just as good as the first.

MADE IN CANADA

E.W. GILLET COMPANY LIMITED
WINNIPEG TORONTO, ONT. MONTREAL

**IN THE TOILS;
But Happiness
Comes at Last.**

**CHAPTER IX
SISTERS BY ADOPTION.**

"But you wondered all the same," says Katrine, "and why should you not?"

"What right have I to wonder or inquire!" says Olive, with tremulous eagerness. "It is you who have saved me, who have succored me, all unknown and friendless, that have the right to be curious. If—if I could tell you but—"

"But you cannot," Katrine Haldine interrupts her softly. "We do not want to know more than we know, and your face tells us, dear. We know what suffering means—there is a bond between us—a bond," she repeats, dreamily looking into the fire; "I felt it as I leaned over you while you lay unconscious on my bed upstairs. I don't think we had ever met before, had we?" she asks, with a smile.

Olive shakes her head.

"No," she replies; "I wish that we had."

"So do I, dear," responds Katrine warmly. "See, now, how fond of each other we have grown," she adds, rising and putting her arm round Olive's neck, with a smile. "We are like sweethearts, taking everything for granted, and content only to love and be loved."

Olive looks up and draws her white, shapely hand to her lips.

"I do love you," she says, "and you are the only one I have ever loved."

At this singular speech, Katrine looks slightly puzzled, then very grave, and then very pitiful.

"My poor child!" she says; "how hard your life must have been!"

"Hard and strange," murmurs Olive, and her face shadows over.

WRIGLEY'S

As beneficial as it is enjoyable—in other words, doubly beneficial; that's why **WRIGLEY'S** so popular at the front. Only a long watch or a hard job is made more cheerful by this long-lasting refreshment.

Keep your boy supplied.

After Every Meal The Flavour Lasts

Allows throat and fatigue

WRIGLEY'S SPEARMINT Aids appetite and digestion

WRIGLEY'S DOUBLE MINT

WRIGLEY'S QUICY FRUIT

My Limbs Would Twitch

And Waken Me—Unable to Rest or Sleep, I Walked the Floor in Nervous State—When Specialists Failed I Found a Cure.

This is the kind of cure that has set Windsor people thinking and talking about Dr. Chase's Nerve Food. The action of this food cure is so radically different to the usual treatments for the nerves that everybody wants to try it. Gradually and certainly it nourished the starved nerves back to health and vigor and the benefits obtained are both thorough and lasting.

Mrs. M. Smithson, 37 Arthur street, Windsor, Ont., writes: "I was suffering from nervous breakdown, which was caused by a shock when fire broke out in the adjoining house. My nerves were in such a state that, after going to bed I could not get my nerves quieted down sufficiently to go to sleep. I used to get up and walk around the room, or go downstairs. Even when I would be dropping off to sleep a little while, I was always wakened me. I used to have cold, nervous, night sweats, sometimes would become unconscious and lie that way for quite a little while. I was always cold and it seemed impossible for me to get warm or keep warm. When on the street I would sweat and shiver at once, and did not want any person to speak to me or bother me. Any little noise irritated and annoyed me very much. I had consulted specialists and tried many remedies during this time, but could not gain relief. At last I tried Dr. Chase's Nerve Food, and before long could see that this treatment was proving of benefit. I am now feeling so much better that I can go out on the street without any difficulty, can go across the river and go about the same as usual. I sleep well at night, and am feeling more like myself every day. I am pleased to be able to write you to tell you how much good the Nerve Food has done me. It has strengthened and built up my whole system. I am recommending it to everybody I find suffering from nervousness of any kind."

Dr. Chase's Nerve Food, 50 cents a box, a full treatment of 6 boxes for \$2.75, at all dealers, or Edmondson, Bates & Co., Limited, Toronto. Do not be balked into accepting a substitute. Imitations only disappoint.

Fashion Plates.

The Home Dressmaker should keep a Catalogue Scrap Book of our Patterns. These will be found very useful to refer to from time to time.

A SMART COMBINATION.



Waist—2308. Skirt—2291.

For a practical, serviceable costume you will find a good combination in Ladies' Waist Pattern 2308, and Ladies' Skirt Pattern 2291. The waist of linen, satin or crepe, and the skirt of serge, duvety, Jersey cloth, broadcloth, shepherd check or plaid suiting. The waist pattern is cut in 7 sizes: 24, 26, 28, 30, 32, 34, 36, 38 and 40 inches bust measure. It will require 3 yards of 36-inch material for a medium size. The skirt is cut in 7 sizes: 22, 24, 26, 28, 30, 32 and 34 inches waist measure. Size 24 requires 3 yards of 44-inch material. It measures about 2 1/2 yards at the foot.

This illustration calls for TWO separate patterns, which will be mailed to any address on receipt of 10 cents FOR EACH pattern, in silver or stamps.

A SIMPLE POPULAR STYLE.



2159—Dress for Misses and Small Women.

Linon, gingham, silk, crepe, bordered or embroidered material, serge, Jersey cloth, foulard and gabardine are nice for this style. The Pattern is cut in 4 sizes: 14, 16, 18 and 20 years. It requires 5 1/2 yards of 44-inch material for a 16-year size. The skirt measures about 3 1/2 yards at the foot.

A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

Everyday Etiquette.

"My husband and I are planning to entertain a number of friends at dinner to meet a guest of ours. How shall I word the invitation?" asked Mrs. Newlywed.

"I should write them in this way," suggested her friend. "Mr. and Mrs. John Smith request the honour of your company at dinner on Wednesday, February the tenth at seven o'clock, to meet Mr. George Brown."

MILL SUPPLIES.

We carry in stock a full line of CIRCULAR SAWS, LEATHER BELTING, RUBBER BELTING, BALATA BELTING, BELT DRESSING, BELT LACING, BARBIT METAL, MILL FILES, BITS for Inserted Tooth Saws, PACKING, &c.

SELLING AT LOWEST PRICES.

BOWRING BROTHERS, LIMITED,
Hardware Department.

IN STOCK:

- 100 brls Apples, No. 3's, Large Baldwins and Starks.
 - 100 brls Apples, No. 2's, Baldwins, Starks and Ribstons.
 - 150 brls Apples, No. 1's, Baldwins, Starks, etc.
 - 50 crates Choice Texas Onions.
- Paper Bags—all sizes.

BURT & LAWRENCE,
12 NEW GOWER STREET.

"A Household Word."

The Emerson Piano

has become a household word in Newfoundland and stands as a synonym for all that constitutes a musical and enduring Piano-forte.

CHARLES HUTTON,
Sole Agent Newfoundland.

N. B.—Within the last few months I have played on Emerson Pianos that were bought here 25 and 30 years ago, and with the exception of a small portion of the centre, which was a bit worn, the Pianos were practically as good as the day they were sold.

WE are still showing a splendid selection of :

TWEEDS and SERGES.

No scarcity at **Mauder's.**



However, we beg to remind our customers these goods are selling rapidly, and cannot be replaced at the same price.

John Mauder,
Tailor and Clothier St. John's, N.F.

The "Evening Telegram" is read by over 40,000 People daily.

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LADIES' CAPS
Knickers
Nightgowns
Underskirts
Camisoles

SATIN \$1.60
SILK \$5.00

Men's Em

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Men's W

Men's

Men's W

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WHOOPING COUGH

Vapo-resolene

A simple, safe and effective treatment available for Whooping Cough and various Bronchitis, Croup, and Influenza. It is a powerful expectorant and soothes the inflamed throat. The active ingredients are pure and safe. It is the only preparation of its kind that is guaranteed to give relief. It is sold in all drug stores and is the only preparation of its kind that is guaranteed to give relief. It is sold in all drug stores and is the only preparation of its kind that is guaranteed to give relief.