

at frequent intervals than the adult. Nothing is better and safer between meals than a slice of the good home-made bread. Formerly graham or whole wheat bread was favored; but Dr. Woods Hutchinson, the prominent hygienic writer, and other experts, have pointed out that the coarser flours are really less easily assimilated and are inferior in food value to the best white flour.

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is a product uniting the merits of the coarser flours with the delicate, white, appetizing qualities appreciated by children and grown people alike. It is not a crude mixture, but an exactly proportioned scientific blend of Manitoba Spring Wheat and Ontario Fall Wheat. The famous Manitoba No. 1 Hard contains the gluten and proteids which build bone and sinew, and we balance this with the right proportion of the best Ontario wheat, softer, whiter and richer in carbohydrates, to make a perfect food. For bread, cake and pastry, use BEAVER FLOUR.

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# IMPOSTOR.

CHAPTER XXVIII. SKELETON KEYS. (Continued.)

, miss, better not, for your sake as well as mine. If anything comes of it, whatever it may be, it will be nicer for you to be astonished and surprised,'

and he held out his hand She put the letters into it, and he examined them with a keen eyes. 'Yes, it is the same kind she

wrote at the bank,' he muttered. 'How do you know that?' she asked, with a start.

He smiled.

'Opened a small account there myself now, and had to sign my name in the same book, and right under Miss Woodleigh's,

Laura nodded-the man's ingenuity startled and alarmed her. He stood for a moment turning

at her thoughtfully. 'Just seen them drive by-they

said. 'Shouldn't wonder if the wedding don't come off pretty soon.' 'Why?' she asked, sharply.

'Well, you see, Sir Talbot is queer and weakly, and likely to go off any moment, and it is only natural he should like to see them settled and happy before he goes.'

She breathed hard. "It must not be!' she whispered, huskily. 'You-you said, you led me to believe that, that it would be know as much as I do, perhaps, then.

broken off if--if I promised to assist Besides, two's quite enough in the

He shook his head doubtfully. 'To tell you the truth, miss, I and young Woodleigh married out of thought I'd got things in better train hand.' than I really had. A case of this kind wants to be pretty complete, or it breaks down. I'm waiting for one more link-these letters are a part of it-but I'm stuck fast for something than when they are all away, and Sir else. If I had that I could put a Talbot is shut up in his room.' spoke in their wheel,

Laura turned scarlet.

steal the thing?'

'How can I get it?' she asked.

'That's nonsense, miss,' he said.

'It's of no value—excepting as a piece

you have quite made up your mind to

Mr. Woodleigh and her being marri-

'How am I to get it?' she broke

Mr. Robert Green's eyes brighten-

en-they had been rather despond-

ing-for he had scarcely dared to hope

'This way, miss,' he said, drawing

'I cannot do it!' she exclaimed.

He bowed and offered her back the

'Then I throw up the case, miss.

ing a very wrong thing to come to

pass if you stand by and see Miss

Woodleigh marry the heir to the Hal. When she's Lady Woodleigh ---- '

'Stop,' she said, 'I cannot bear to

hear you talk, I -I -will get this

regret what you've done. I won't say

in, white with pride and shame and

jealousy all raging together.

'Can you not get it?' she demand- passionate indignation, 'that I am to ed, in a low voice.

'No,' he said; 'but you can.' She looked hard at him. What is it?

'A very simple thing. Nothing when we lay our hands on that in the more nor less than a small manuscript, name of the law, don't call it stealing. book which she, Miss Woodleigh, Come, miss, remember our bargain. has in her possession. If I could It's too late to back out now, unless get that I go to work at once.' 'Well,' she said, as he paused.

'Well,' he went on, 'this little ed.' book - upon which depends more than you think—is in a small cabinet

in her room-the dressing room.' 'How do you know this?\ she asked, quickly.

He smiled. 'Miss Woodleigh's maid is a nice that he should persuade her. young girl, but too fond of hearing her own voice, and once her tongue near her, too near for Laura, who edgthe letters over, then he looked up is set going she don't know when to ed a little away. 'I heard you tell stop. Like most maids, she takes them that you had the face ache. the interest in her mistress' proceed- Well, face aches come and go all of a make a handsome couple, miss,' he ings, and when she finds that mistress sudden. What's more natural than continually poring over a little book, that you, feeling better and a little which she shuts up and locks away in lonely, should walk over to see Sir a cabinet when her maid opens the Talbot-once at the house, there-I door, of course the maid is curious, won't insult a lady of your intelligence and-talks about it. I want that by any plainer suggestions."

> book, miss, and I must have it.' Laura Warner looked at him.

sharply. He shook his head.

'Then let the maid get it,' she said,

see you come back. If you've got it and will please to pull down the blind of your window, I'll come on here and wait for you. If the blind isn't down I shall know you haven't been able to get it. As he spoke he drew Atwood, Matilda, a small bunch of odd-looking keys from his pocket and handed it to her. Baird, Jack, 'What is this?' demanded Laura. 'Skeleton keys,' he said, quietly.

You may find the cabinet locked.' Overwhelmed with shame, but still fi hting against her conscience, and trying to forget that she was a Warner, she took the keys reluctantly and with a shudder of disgust, and Dutler, John put them in her pocket.

'There's nothing in it, miss,' he Burnell, H. J., Water St. said, with a smile. 'You'll be back before I've finished a cigar.' And, touching his hat with the

greatest respect, he disappeared among the bushes.

#### CHAPTER XXIX.

tigress; but in the end she bathed her face, put on her outdoor things and went out toward the Hall. As the man had said, she had gone too far; he was quite capable of betraying her, and revealing the fact of her having held conferences with him and given him letters-for he had kept Lilian's notes. She had gone too far, but even if she had not, she would in the end have acted as she was now doing. The thought of Doyle, Bessie,
New Gower St. L Lilian sitting beside Harold, spend- Dugmore, A. R. ing the day with him apart from the rest, maddened her. Even now, Ellis, J. while she was walking along the dusty road, bound on her shameful errand, they were together in some Fry, Miss Lily J.

for me, unless you want to see her prevent the marriage. "She shall never be Lady Woodleigh," she muttered-"never! And will prevent her."

When she arrived at the Hall, ho and dusty, Sir Talbot had just got 'Nothing's easier,' he said, quietly, down to the library, where a fire had 'and there couldn't be a better time been lit and things were generally comfortable.

He would be only too pleased to see her, he sent word, and she went in. 'Do you mean,' panted Laura, with "Why, my dear," he said, in his not with the rest?"

To be continued.

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deal wth kidney troubles and pains in the small of the back and have tried a good many remedies without obtain ing very much benefit. I wish to say. however, that I can heartily recommen nowever, that I can heartily recommend
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with the goods they ship, and the Colonial and Foreign Markets they supply, arranged under the Ports to which they sail, and indicating the approximate sailings;

PROVINCIAL TRADE NOTICES a position, and you had no right to of leading Manufacturers, Merchants, ask me—of course I cannot expect etc., in the principal provincial towns and industrial centres of the United

'Oh, yes, I can, miss,' he said, 'and I am very grateful to you, and I'il say this, that I don't think you!!

The said, 'and I am very grateful to you, and I'il say this, that I don't think you!!

Dealers seeking Agencies can advertise their trade cards for £1, or large advertise their trade cards for £1, or large advertise their trade cards for £1.

## 'At any time to day, miss. I'll ait about here or in the lanes till I INCLAIMED LETTERS, REMAINING IN G. P. to AUG. 23rd, 1910. The you come back. If you've got it

Duckworth St.

Mr. Green was too wise to prolong the interview.

LILIAN LEIGH'S DIARY. HE suffered t rtures for half an hour afterward, as she paced her bedroom like a young

Day, Geo, E.
Dahl, Karl, care G.P.O.
Devanna, Michael,

Effert, Mrs. Annie C.

Andrews, Katle
Atwood, Matilda,
Duckworth St.

Martin, Mrs. P. M.,
New Gower Street
Springdale St.
Miller, John, card
Morgan, Jacob, card,
Bannerman St.
F. M.,
New Gower Street
Morgan, Jacob, card,
Bannerman St.
F. M.,
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Bannerman St.
F. M.,
New Gower Street
Morgan, Jacob, card,
Bannerman St.
F. M.,
Banne Gilbert, Mrs. Arthur,
George's St. Moran, Janie, card,
Springdale Street

Gillingham, Thos.

H

E. Bearns Haliday, Miss,

Gilbert, Mrs. Arthur,
George's St. Moran, Janie, card,
Springdale Street
Morgan, John,
Interpretable Bell Island
Rogers, T., card
Norgan, John,
Interpretable Bell Island
Rogers, T., card
Rogers, W. W. Jack, Haliday, Miss,

Biggs, Mrs. James,

Charlton Street Hawkins, Ernest,

Long Pond Road Morgan, Wm. T.,

Rogers, A. W., card Rose, John R. Biggs, Mrs. James,
Charlton Street Hawkins, Ernest,
George's Street Murphy, P.,
Bishop, Laura, card,
Belvidere Street Hannon, J. A., Prince's St.
Belvidere Street Hannon, J. A., Prince's St.
Murran, Wm. Hannon, J. A., The Hannon, J. A., Ha Bond Street. Brown, Ralph, card

Brown, Ralph, card

Hilcher Roy

Hiller Roy Hilcher, Roy

care Mrs. S. Rabbits House, Miss Bridget House, Mrs. Robert, Mt. Scio Road Hughes, H. V. Lower Battery Rd. McEwe Butler, E. J., Butler, Michael Burke, Willie, Gower St. care Mrs. Whitten Butler, Miss A. T., card Hutchinson, Ledgemoor

Button, Levi, Water St. Ivany, Andrew,
LeMarchant Road
J

McDonald, Walter G.,
late Millertown
Religion McKillop, D. J.
McKillop, D. J.
McKenzie, Andrew,
McKenzie Butler, Alice, card Butler, Richard, Lime St. Burridge, John, slip Crane, Miss Etta, Pleasant Street Jackson, Archibald, Clarke, Dawson J. Campbell, Mrs., Power St.

Cliton, Walter Conrad, Herbert Jennings, Frank

Cosh, Philip, South Side
Conrad, Malcolm, card
Corkum, S.
Cooper, Mr., Duckworth St.
Collier, Miss Emily,
Springdale Street

D

Care Mrs. Snow,
Brazil's Square
Kenny, Wm., late s.s. Home
Kelly, Josephine Miss,
New Gower Street
Corkum, S.

Renny, Wm., late s.s. Home
Kelly, Josephine Miss,
New Gower Street
Core F. R. Wood Vo.

Dahl, Kari, care G. R. O.

Devanna, Michael,
Care G. P. O.

Dwyer, Michael,
Mundy Pond Road

Driscoll, Mrs. Willis,
Gower Street

Kelly, Miss winnie,
Care Mrs. Ennis,
Care Mrs. Ennis,
Care Mrs. White,
Monroe St.
Pierce, Jessie N., Water St.
Pierce, Jessie N., Water St.
Power, Miss May, Gower St.
Powers, Elizabeth, Mrs.

Warren, Miss Neil,
Catherin
New Gov
New Gov
Way, Chas. W., card
Whelan, Miss A.,
International Catherin
New Gov
Way, Chas. W., card
Whelan, Miss A.,
International Catherin
New Gov
Way, Chas. W., card
Whelan, Miss A.,
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Whelan, Miss A.,
International Catherin
New Gov
Way, Chas. W., card
Whelan, Miss A.,
International Catherin
New Gov
Way, Chas. W., card
Whelan, W., Catherin 

late General Hospital, Lanigan, Miss Johanna, Patrick St. West Parsons, Jas. J., LeMarchant Rd. Lundrigan, Mary A., Gower Street Revan. Mrs. Joseph, card,

Besides, two's quite enough in the business. No, Miss, you must get it business. No, Miss, you must ge

hy, Mrs. M., late Goose Bay, Murphy, King's Road McEwen, Mrs. W. E. McCarthy, Miss Fannie, card, Quidi Vidi Rd. Water Street McLoughlan, Mr. McBean, W. McMillan, Professor

Springdale St. Newman, Lillian, card Jones, Mrs.,

LeMarchant Rd.

Nelson, John,

late Bonavista Branch

Scott, George,

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Cosh, Philip, South Side
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Lamb, Patrick, Gower St.

Lamb, Patrick, Gower St.

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Lamb, Patrick, Gower St.

Publicover, Purvis
Puddister, Tom,
St. John's
Wills, James Wiseman, James, Allandale Road White, Mrs. Dugald

Warford, Harry, care Mrs. K. Pinn \_\_\_\_, Laurence,

Young, John, Young Walter

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Goldsmith, Charlie, Wills, James, schr. Clara Webber, Capt. George, schr. Antoinette Conrad, Capt. T. A., Devereaux, Capt. C. J., kindly fashion, "how is it that you are not with the rest?"

schr. Arkansas Jones, John, schr. Conrad G Haines, Alfred, schr. Arkansas D

Haynes, Capt. Wm., schr. Belle Franklin E Francis, Alexander, schr. B. G. Anderson Morris, Capt. Wm., schr. B. G. Anderson

G. P. O., August 23, 1910.

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