# BLE

Little things that ordinar-L. You feel nervous. You tite. You lose flesh \_all run

eruption that is stubborn, condition which does not Are you going down hill

AILMENTS usness, despondency, poor le disposition, diminished ration, fear of impending dency to sleep, unrastful ples on face, palpitation of ck, lumbago, dyspepsia, nia. Dr. Ward gives you

in the treatment of all The above symptoms, and that something is wrong need expert attention.

zel nervous, weak, languid ambition or endurance to ort. Life to them appears s poor and variable; they hey have pains and aches

## NGMAN

Experimenting days long e. No delays no waiting ed results. I make a fee f \$10.00 or \$25.00 it means

DR. HERRICK Leading and Most essful Specialist ra Sq. Buffalo, N. Y

he game 1 to 0. Richmond no-hit priority, however, matter of a few days, for a week later John M ed with envy at the great Richmond, did the same Providence, with Buffalo Young was the first nit

rm, shut out the Philadeletics. Addie Joss, the famand twirler who died in the hero of another great ne innings he prevented a n of the Chicago White Sox hing the initial bag.

a tussle with a Kingston policeman in that city dropped

## -FLU'S

mi-Laxine OCOLATED

ILLS

ou: ands of Leading ENT AND CURE GRIPPE



ENTS

OUPON Druggistor Dealer Will BROMI-LAXINE Cho boxes C. D. S. Kidney

W. Garner & Co., St. J, M. N. Wangh, Port

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With our chain of 560 Branches throughout Canada, Newfoundland, the West Indies, Central and South America, we offer a complete banking service to exporters, importers, manufacturers and others wishing to extend their business in these countries. Trade enquiries are solicited. Consult our Local Manager or write direct to our Foreign Department, Montreal, Canada.

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Announce that a branch of their bank has been opened at Niagara-on-the-Lake, Ontario. This bank has now 433 branches in Canada and foreign countries, and is in a position to offer the public unexcelled service.

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Money to loan on real estate on easy terms of repayment Office open until 4 p.m. except Saturday, when it closes at 1 p.m.

## Capital and Reserve, - \$8,600,000 Total Assets, Nov. 30th, 1918, over \$153,000,000

### Prosperity Often Hides

the fact that it is necessary to prepare for the lean years that may come. You never can tell. Safety lies in saving. Open a savings account and let your money earn money for you. Husband and wife often open a joint savings account. Ask for particulars.

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## THE DOMINION BANK

## THE STERLING BANK OF CANADA

Save Because

little leaks will sink the biggest craft.

## TO MAKE CHICKENS LAT

Concentrates.

Revghage and Roots Give Bulk to the Ration, But Production Depends Upon the Grains, Mill-feeds

ANY people forget that a hen requires feeds other good health and to lay. All-grain rations are neither conducive to health or egg production.

At times when hens have the run of the stables and the yards, together owing to the fact that an opportunity is given them to pick up bits of clover leaves, roots, and such like

essential in order to produce the white of the eggs. Too much of such feed is apt to cause trouble with the general digestion of the bird.

the best results when sour. When birds are accustomed to it they will not take too much.

are used very extensively on large poultry plants where milk is not vailable These are mixed with ground grain, generally in the pro For the general purpose breeds the former amount is sufficient. Breeds such as Leghorns will make good use of twenty per cent. of meat scrap in

Cooked butchers' meat, green cut bone, cooked beef head, lungs, liver, etc., are all very good feeds and may be fed in a manner similar to meat

little of meat feeds are good, more would be better. Experience has shown that such is not the case. Too much often causes serious trouble. Green feeds are essential for health and for economy. A hen should have all the green feed she will consume. A certain amount of bulky, succulent green feed she will consume. Such feed is usually fairly inexpensive. Where birds are not fed any green feed, in the course of time they become unthrifty, lay poorly and moreover, the eggs from such birds many times are very low in hatching

Experience has shown that oats when properly sprouted are a most fond of them and the value of the oats as a feed is good. That is, the sprouted oats reduce the grain feed consumption equal to the pounds of oats sprouted and one gains the in-creased palatability of the oats, as well as the value from the greens. Thin-leafed greens contain one of the very important elements of growth and health. They are called nature's protective feeds; that is they assist to maintain the birds' health or normal resistance against disease. Health is an essential to in sprouted oats, cabbage, and clover leaves .- Prof. R. W. Graham, O. A. College, Guelph.

Value of Concentrates In Ration. A cattle feed is valuable to the extent it contains those substances which will repair body tissue, build new tissue and furnish energy to do work. The particular materials in a food which have this power are protein, the flesh-forming substance, carbohydrates and fat, the fat and energy producers and the mineral matter which has a great many func-

Any feed that carries a high percentage of protein and fat and a large amount of a digestible form of the carbohydrates is called a concentrated feed or a concentrate. Thus grains, mill feeds and oil cakes are oncentrates. On the other hand, a feed low in these valuable constituents and high in indigestible carbohydrates, or crude fibre, as, for instance, straw, hay, corn stalks, are called roughage or bulky feeds. Roots may also be put in this class because they contain a very high percentage of water and they are for this reason

These bulky feeds have their place in the ration, indeed in the case of full-frown animals on maintenance ration, they may form the whole of R. H. KILLALY, Manager the food; but it is impossible for a young animal to make rapid growth, H. G. PARROT, Manager a cow to give a large amount of milk or a horse to work hard on such feed. The hard woody fibre of the straw and hay are difficult to digest and much of the energy that should go to production of work or increase is used up in digesting the food. Consequently when production is desired the amount of roughage feed must be reduced and the concentrates increased.

Another reason why concentrates must be used is that to get the larg-est production we must have the animal digest and absorb the maximum amount of the various constituents which together form a food. A cow cannot long continue to furnish a large amount of casein in milk unless it gets the material from which to form it from the food. Neither can a steer make rapid growth and fatten on a food that does not furnish a large amount of the food constituents essential for growth. These cannot be supplied in the largest and best quantities except by the use of the concentrates. The coarser feeds or roughage are necessary to give bulk to the ration, but there must be an abundance of easily-digestible materials if the best results are to be obtained and this is the place of concentrates in the ration. We want some coarse feeds, even if they are poorly digested, but we also want ne concentrates to supply the maerials for growth and production. Furthermore within eertain limits the more of the concentrates fed the greater the production, - Prof. R. Harcourt, O. A. College, Guelph.

Mr. Anson Buck, the oldest practising physician in Ontario, died lately at his residence, Palermo, Halton County, in his 87th year.

The Second Degree of Livingstone MOUNTAIN CLANSMAN

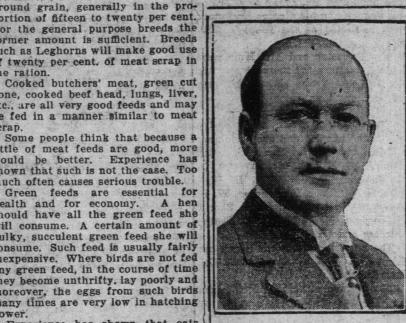
Lodge I. O. O. F., 130, will be put on Word was received in town this

morning that Private Frank Ramsay, (Contributed by Ontario Department of Son of Mr. and Mrs. D. Ramsay, who Agriculture, Toronto.) has been overseas for the past three years, has returned in Halifax, and is expected home in the very near future. the firing line he was seriously wounded and was also gassed.

Toronto, spent the week end the guest were indicted for the murder. with house scraps, they do very well, of his parents, Mr. and Mrs. Manford

Mr. and Mrs. Mitchell, Almond the case, A certain amount of meat foods is Street, s pent the week end very pleas-

The Easter Monday Ball held in the Milk as a drink, is, without doubt, the best animal feed known. It gives pices of the Merritton Hose Company, was in every way a hugg success, and a neat sum was realized which will go Beef scrap and high grade tankage towards the emmorial monument fund.



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If good reliable Dentistry is your desire, you are assured of it at our offices-at costs that are, indeed, a comfort to your

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A BIG, FAT, OPPORTUNITY IS KNOCKING AT YOUR DOOR

SEND IN YOUR ORDER

Any one desiring to have The Journal delivered should call telephone 59, circulation department. Carrier boys are now going to all parts of the city and arangements can be made to have the paper delivered every evening at your home.

#### McKey, William Spend r, Lloyd Parkins, and William Gill, supplied excellent dancing music, which pleased the largenumber who attended.

FAILS TO APPEAR AT THE COUNTY COURT

Stanardsville, aV., April 22.-Edgar Morris, mountain clansman, who for three weeks has been hiding in the hills defying the sheriff and his deputies seeking to arrest him for. than grain in order to be in During Private Ramsay's experience in the murder of Magistrate Bluford Sullivan, failed to carry out his reported threat to appear in theGreene county court vesterday, and with his Mr. Frank Niles of the Base Hospital clansmen shoot up the court if he

Troops guarded the courthouse and saw that order prevailed. The grand jury at once began consideration of

Marjory Householders, and Margarne, helped to do up the butter profit eers in Hamilton, on Saturday

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### ANCIENT CUSTOMS IN ACADIA



supplanted the once favourite horsedrawn coach, and now the aeroplane may, to a large extent, take the place of the automobile. But, however science progresses, there still are places where the ancient order of things endures and the people are contented following the simple customs of their ancestors. Oxen may yet be seen drawing drays in that part of Nova Scotia known as the Land of Evangeline. It is quaint to see such a sight on the street of a village or town. Unlike horses, oxen have their greatest strength in their necks. The drays are yoked to the brows and horns of the animals with leather straps. Bells tinkle on their breasts as they move along. The tips of the horns are nearly always decorated with brass knobs. A pair of oxen will walk along leisurely drawing a load of four tons. If you interview the driver he will tell you that they are easily trained and do their work just as well as horses, and you can use them in napolis Basin, whose deep and shel- they were of old, the meadows are

and these add to the attractiveness of one of the most picturesque, romantic and historic regions in America.

Tourists to Evangeline's Land gentless in the world. The late King Edward was amongst those who visited and loved this spot. It is

people, amidst the woods on either wont to go for water and the willows tractions of a haunt where nature side, look so pretty that one might under which she rested are still has lavished her rarest charms.



(1) The C.P.R. steamer Empress, docked in Digby Harbor. (2) At Grand Pre. The Willows, a memorial cross and a

(3) An old-fashioned freight car on a Digby street.

radiate from Dighy amongst enchant- the headquarters for There are other old customs still ing scenes. There are some good Grand Pre, is built in the midst of surviving in the Land of Evangeline, hotels in this prosperous little town, one of the greatest apple growing lo-

fancy they were the dwellings of the there; Blomidon mountain and the places where horses would be diffi- tered waters cover an area of sixty green on the dykelands and the cult to manage. They plough and square miles. The Basin is unsur- dykes keep out the sea, and a little draw logs with the same docile tem- passed for bathing, fishing, boating, inland the gentle hills are patched per as they show when yoked to the and canoeing. Good roads and walks with luxurious orchards. Wolfville,

Silvery bays and rivers, shores of erally make a tour of all the beauty only a short walk from Wolfville to golden sand, hills and vales covered spots of the region. Yarmouth, be-with fragrant meadows or towering side the sea, offers many allurements tend from one place to the other. pines or fruitful apple trees, sunny to the visitor. A colony of French- The Dominion Atlantic Railway has skies and freshening sea and land Canadians, whose ancestors were ex- purchased the "big field" where the breezes give health and pleasure to pelled from Grand Pre, resides in the Acadians made their village, which theusands of tourists every year.

Across the Bay of Fundy from St.

John, New Brunswick, to Digby, Nova

Kentville is the headquarters of the
Scotia, is a delightful trip occupying
a few hours. Approaching Digby Gap

serves the chire district. Grand Pre
serves the chire district. Grand Pre
serves the chire district. Grand Pre
Scotia, is a delightful trip occupying to the serves the chire district. Grand Pre
Serves the chire district district. Grand P vicinity of Yarmouth, and still re- was their capital, and this has bethe Bay is dotted with the craft of hardy Nova Scotian fishermen. Pass- which the Acadians were banished in descendants of an Acadian family. ing through the Gap the homes of the 1755. The well where Evangeline was will soon add the grace of art to at-



Cushion Sole, **Empress Shoe.**"

from exhaustion, and preventing headaches by absorbing the jar of walking that shock and injure the sensitive nerves of the foot.

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It is difficult to please a par-Built-in inner sole of ticular woman with a poorly Australian wool felt, built shoe; for this reason we conforming to the recommend the "Empress." gives a well dressed woshape of the foot, ab- It is perfect in every detail, sorbing moisture and material, workmanship and dethus keeping the feet sign. We carry a complete dry, saving the foot stock of "Empress" Shoes fr While wearing it she is

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man more satisfaction than a dainty shoe such as this. conscious of a perfectly dressed foot, always associated with comfort. We have many other styles of the Empress Shoe for Women. It is always a pleasure to show them.