

Notes and Comments

Youths sowing their wild oats nowadays can't mix in somuch rye.

Movies at cut rates are being shown by the First Christian Church at Yakima, Wash.

A firm in London makes and sells many hair brushes which sell to the consumer at \$50 each.

New Zealand plans to spend about \$2,500,000 on the development of its water power resources.

Music is now an official part of the curriculum of the British Columbia department of education.

The poor residents of Bahia, Brazil, are to have their teeth treated absolutely without charge.

One of the stunts of the Japanese whaler is to ride through the water on the back of the quarry.

The Canadian Manufacturer's Association will at once start a campaign in favor of daylight saving.

It is said that the five Toronto daily papers have together purchased a mill to supply their newsprint.

I'm invited to a tea. I know what R. S. V. P. means, but this card has in its corner two letters, B.S. What do they mean? "Bring sugar."

The Council at Hollidaysburg, Pennsylvania, has exempted from paying taxes for two years, ninety-eight soldiers of the town who served in France in 1919.

In the lumber industry of Canada the investment is more than \$180,000,000. There are more than 3,000 operating plants employing 60,000 men, and the annual wages and salaries approximate \$50,000,000.

South Africa is the largest individual shipper of gold bullion to London and also the strongest buyer of gold in London for shipment back again. Could this be described as an economic case of playing both ends against the middle?

When feeding sheep, use foods that make the best growth of wool as well as of flesh. Wool requires large quantities of nitrogen, sulphur potash and oil. Many foods supply one or more of these, but clover and roots are the mainstays for sheep.

Japanese children are responsible for a great deal of the cheap toys which are sent from that country to this. The children are rounded up in groups of a dozen or more, and they devote nearly all their time to the work for which they receive a few cents a day.

A famous firm of Sheffield cutlery show visitors a knife with 1,900 blades. Ten new blades are added to it every tenth year. A second curiosity of which the firm is proud consists of three pairs of scissors so minute that all three can be covered with an ordinary thimble.

Authorities estimate that about 75 per cent. of the transpacific passengers are travelling on business, with about 20 per cent. missionaries, and 5 per cent. tourists. Before the war the missionary travel was about the same as at present, but business men furnished only about 5 per cent of the travellers, and tourists 75 per cent.

Rheumatic Pains

Are relieved in a few days by taking 30 drops of Mother Seigel's Syrup after meals and on retiring. It dissolves the lime and acid accumulation in the muscles and joints so these deposits can be expelled, thus relieving pain and soreness. Seigel's Syrup, also known as "Extract of Roots," contains no opium or other strong drugs to kill or mask the pain of rheumatism or lumbago. It removes the cause. 50c. a bottle at druggists.

The Best Tonic For Nervous People

INCREASE YOUR NERVOUS ENERGY BY BUILDING UP THE BLOOD WITH DR. WILLIAMS' PINK PILLS

Nervous people who have not yet developed a disease that can be recognized and treated by the medical profession have the greatest trouble in finding relief. Irritation, headache, sleeplessness, nervous indigestion, all these discomforts make life miserable but are endured rather than run a doctor's bill without hope of recovery.

Every such sufferer should know the danger of such a condition to the nervous system. Nervous debility and even paralysis may result if the tone of the nerves is not restored by building up the blood. As a tonic for the blood and nerves Dr. Williams' Pink Pills have been used with the greatest success. They have a direct action on the blood and therefore enable it to carry to the nerves the elements they need to fully restore their normal function—and at the same time improve the general health. The benefits that follow the use of this medicine is shown by the statement of Mrs. Jenny Marr, R. R. No. 3, Port Rowan, a well known school teacher, who says:—

"Some years ago I became greatly run down, and was in this condition for nearly a year. A doctor whom I called in said I was suffering from complete nervous prostration. It would hardly be possible to tell all the symptoms of my case, but anyone who has passed through a nervous breakdown will know what I suffered. As I did not seem to improve under the doctor's treatment, I decided to try Dr. Williams' Pink Pills, and the decision was a fortunate one for me, as I soon found some relief through the use of the pills, and after taking eight boxes I was fully restored to health. To-day I am strong and hearty, without an ache or pain, and for my present physical condition I feel I am indebted to Dr. Williams' Pink Pills, and can heartily recommend them to anyone suffering from nervous troubles."

You can procure Dr. Williams' Pink Pills through any dealer in medicine or they will be sent you by mail at 50 cents a box or six boxes for \$2.50 by writing direct to The Dr. Williams' Medicine Co., Brockville, Ontario.

Leap Year Poetry

Tell us not in idle jingle "marriage is an empty dream," for the girl is dead that's single, and things are not what they seem. Life is real, life is earnest, single blessedness a fib; "man thou art to man returneth," has been spoken of the rib. Not enjoyment and not sorrow is our destined end or way, but to act that each tomorrow finds us nearer marriage day. Life is long and youth is fleeting, and our hearts, though light and gay, still like pleasant drums are beating wedding marches all the day. In the world's broad fields of battle, in the bivouac of life, be not like dumb driven cattle—be a heroine, a wife! Trust no future, however pleasant; let the dead past bury its dead: act—act in the living present, heart within and hope ahead. Lives of married folks remind us we can live our lives as well, and, departing leave behind us such examples as shall "tell"—such examples that another, wasting time in idle sport, a forlorn unmarried brother seeing, shall take heart and court. Let us then be up and doing, with a heart on triumph set; still contriving, still pursuing, and each one a husband get.

Canada to Have Representative at Washington

Legislation will be introduced at the coming session of Parliament, it is understood, to define the status of the proposed Canadian representative at Washington.

Since the early days of the war there has been a Canadian Mission at Washington, but its functions have been confined to matters of trade. The functions of the Canadian representative will be of a wider character, and it is stated semi-diplomatic. The main aim will be to cut out the present circuitous route, via the Colonial Office. On matters particularly affecting Canada and United States, the Canadian Government would deal directly through its own representative at Washington. On matters of imperial concern the Canadian representative would work in cooperation with the British Ambassador.

Canada's War Claims

More than \$35,000,000 has been claimed by Canadians for losses and damages done to themselves and their property, "in consequence of the war, imposed upon them by the aggression of Germany and her allies," to quote the Treaty of Peace. The claims were filed with the Under Secretary of State in accordance with an order-in-council passed some months ago. They are for the value of ships that were torpedoed, for their cargoes, for lives lost, for disabilities caused to people through exposure and lands and properties belonging to Canadians which were seized by Germany and her allies during the war. There will likely be some regulation as to the value of a human life lost. Widely varying claims are now being made, one going as high as \$75,000.

Maple Sugar

Sugar, 16 cents per pound. Neither United States nor Canadian refineries can control the situation.—Board of Commerce report.

The maple groves of Canada offer a potential crop of homegrown sugar, which may be made available to relieve the shortage of imported supplies. The days of warm sunshine and the cold nights will soon bring the sap up into the trees. It is well to be prepared for an early sugar season, by having all the equipment ready.

The high price of sugar will undoubtedly create a largely increased demand for maple products.

Heretofore, the latter have been considered more of a luxury by the generally public, but in the portions of Canada where maple sugar is produced, it is general found upon the table, in grated form, taking the place of imported sugar.

Maple products are being used more and more in the confectionery trade and a considerable export trade is developing.

Canada protects the manufacture of maple products. Under the pure food law the name "maple" cannot be used for any substance unless it is the product of the maple tree. This is a protection to the producer as well as to the buyer of maple sugar and maple syrup.

The sugaring season comes at a time when very few other farm duties are pressing. This time should be employed, and with excellent advantage, in the maple grove, thus adding to the farm income.



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