

HOW TO GET RID OF RHEUMATISM

"Fruit-a-lives" Point the Way to Quick Relief

VERONA, Ont. "I suffered for a number of years with Rheumatism and severe Pain in my Side and Back, caused by strains and heavy lifting. When I had given up hope of ever being well again, a friend recommended 'Fruit-a-lives' to me and after using the first box I felt so much better that I continued to enjoy the best of health, thanks to your wonderful fruit medicine."
W. M. LAMPSON.
"Fruit-a-lives" are sold by all druggists at 50c a box, 4 for \$2.50, trial size 25c, or sent postpaid by Fruit-a-lives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1849.
Aim—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.
Motto—For God and Home and Native Land.
Badge—A knot of White Ribbon.
WATCHWORDS—Agiates, educate, or give.
OFFICERS OF WOLFVILLE UNION
1st Vice President—Mrs. Irene Pith.
2nd Vice President—Mrs. G. Miller.
3rd Vice President—Mrs. Armitage.
Recording Secy.—Mrs. W. O. Taylor.
Cor. Secretary—Mrs. Ernest Redden.
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Lambert Work—Mrs. Fielding.
Lambert Work—Mrs. J. Kempton.
Temperance in Sabbath-schools—Mr. Edson Graham.
Evangelist—Mrs. Purves Smith.
Press—Mrs. M. P. Freeman.
White Ribbon Bulletin—Mrs. Dr. McKenna.
Loyal Temperance Legion—Miss Egan.
Red Cross Work—Mrs. J. Vaughn.

Watch the Corners.

When you wake up in the morning of a dark and cheerless day
And feel inclined to grumble, pout or frown,
Just glance into your mirror and you will quickly see
It's just because the corners of your mouth turn down.
Then take this simple rhyme
Remember it in time,
It's always dreary weather in countries or towns.
When you wake and find the corners of your mouth turned down.
When you wake up in the morning full of bright and happy thoughts
And begin to count the blessings in your cup,
Then glance into your mirror and you will quickly see
It's all because the corners of your mouth turn up.
Then take this little rhyme
Remember all the time,
There's joy plenty in this world to fill life's cup
If you'll only keep the corners of your mouth turned up.
—The Sabbath Visitor

It Had Not Gone.

(By F. S. Scudder.)
At six in the morning I awoke to the sound of a pouring rain. I realized that it was Sunday morning and that at nine o'clock I was due at my class in the Japanese Sunday school. Wearing to exhaustion by a specially strenuous week and with bones fairly aching, I selfishly wished the rain would continue thus for an hour or two; for then the district around the Sunday school would be flooded, and I could stay at home for a morning's rest. The district was flooded, but the force of habit was upon me, and I went; but not alone, for many came wading, barefooted, through the flooded streets, and of my own class of boys at least a half had come.
It happened that morning, as it often happens when the windows of heaven are opened, that a copious blessing was poured out, as the prophet once foretold. See Mal. 3:10. It was poured out in this fashion:
For one thing, the superintendent brought a kind of tidings that gladdened the hearts of plodding teachers. He said: "Last night I had an unusual visitor. A man whom I had never seen before called and said he had come to express his thanks for what his children had learned at this Sunday school. 'I have always been a heavy drinker,' said he, 'and have raised my children to drink sake, and was determined to let their taste when they could not drink it otherwise. I have taught these to bring and serve it to me, and drink with me. One night when I called for my sake, my child refused to bring it, saying that in Sunday school they teach that it is wrong to drink sake and wrong to give it to any one else to drink. I was indeed startled that my child should refuse; and, if any one else had done so, I would have angrily compelled obedience; but the refusal of my own child touched my heart and made me see my folly. So I have come to tell you that I have quit drinking, and

have quit drinking sake for weeks. 'I'm sure that you, our next-door neighbor, is a heavier drinker than I was, and my child went to his house and tried to persuade him to give it up. For this I have come to think you, that you have taught such courage and virtue to my children.' Whether this child was a boy or a girl, or of what age, the superintendent did not mention; and, when the boys and girls went filling out the morning, I cannot describe the reverent awe that I felt for the child, for each pupil squarely in the face, I wondered which of them it was. Every face was potentially the face of the little hero or heroine we had heard about. And as for me, the thought that I had a class to teach and that for a rainy morning's rest I had been willing to sacrifice that privilege, struck full home to my own heart the reproof of that courageous little child.
Nor was this the only blessing poured out from the windows that morning. Our lesson was on Solomon's Wise Choice. It was a boy's choice; and, when he made it, little did he realize what far-reaching influence it would have; but from that day to this every one who has known of that boy and of his choice has been consciously or unconsciously challenged to a decision that same decision or a reason why.
Such is the influence of every boy or girl. The choice may not be told before an audience or written in history, but every one who comes in contact with you is influenced by the choice or decision which dominates your life.—C. E. World.

Banish Pimples and Eruptions.

IN THE SPRING MOST PEOPLE NEED A TONIC MEDICINE.
One of the surest signs that the blood is out of order is the pimples, unsightly eruptions and eczema that come frequently with the change from winter to spring. These prove that the long indoor life of winter has had its effect upon the blood, and that a tonic medicine is needed to put it right. Indeed there are few people who do not need a tonic at this season. Bad blood does not merely annoy itself in disagreeable eruptions. To this condition is due attacks of rheumatism and lumbago; the sharp stabbing pains of sciatica and neuralgia, poor appetite and a desire to avoid exertion. You cannot cure these troubles by the use of purgative medicines—you need a tonic, and a tonic only, and among all medicines there is none can equal Dr. Williams' Pink Pills for their tonic, life-giving, nerve-restoring powers. Every dose of this medicine makes new, rich blood which drives out impurities, stimulates every organ and brings a feeling of new health and energy to weak, tired, ailing men, women and children. If you are out of sorts give this medicine a trial and see how quickly it will restore the appetite, revive drooping spirits, and fill your veins with new, health-giving blood.
You can get these Pills from any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Every Vessel Built In Canada.

Ottawa, April 20.—By virtue of an order in council, dated April 14th, the Minister of the Naval Service is empowered to give directions that any British ship, registered in Canada, shall be equipped with such apparatus for protecting it against operations of the enemy as may be specified, and that the crew of the ship shall be properly instructed in the use of such apparatus.
It is also provided that every vessel built in Canada, which is completed after April 1st, 1918, shall be fitted for such defensive armament as the minister shall direct, and every vessel built in Canada and completed before that date, shall be fitted with such defensive armament as the minister may direct, before the vessel leaves Canada on any voyage for which the armament is necessary.

PILES

Do not suffer another day with Piles. The only relief is Dr. Chase's Ointment. It will relieve you at once and so completely cure you, see how many testimonials in the Canadian Medical Journal, Toronto. Sample box free if you mention this paper and enclose 10c stamp to pay postage.
With regard to the arrangement in attituded whereby correspondence of a private and family nature can be forwarded from individuals in Canada to persons in enemy and enemy occupied territory through the medium of the Hon. C. W. Moore, 530 St. Catherine St. W., Montreal, difficulty is being caused, owing to persons remitting the charge for forwarding these letters (55c) by postage stamps instead of by means of a Postal Note for 30 cents with five cents in postage affixed thereto.
The attention to such persons sending such correspondence is particularly directed to this as in future where the charges are remitted by means of postage stamps the letters will be returned to the senders.
R. M. COULTER,
Deputy Postmaster General.

A Cure for Pimples

"You don't need mercury, potash, or any other strong mineral to cure pimples caused by poor blood. Take Extract of Blood—Soleget calls it 'Mother Selger's Curative Syrup'—and your skin will clear up as fresh as a baby's. It will remove your pimples and regulate your bowels." Get the genuine. 50c and \$1.00 bottles. All drug stores.

Canada Food Board Says:

Willful waste of any food or food products or waste resulting from carelessness or from imperfect storage facilities, has been made illegal and subject to penalties by Order of the Canada Food Board. By the terms of this order responsibility is laid upon private citizens to see that no food is lost by being kept too long or kept in improper conditions. If a private citizen has reason to believe that a cold storage warehouse, store, restaurant or hotel is wasting food in any way, he has now the opportunity of making a complaint to the municipal authorities with the knowledge that the law is behind him. At a time like this, when food is so scarce in the world and so high in price, even in Canada where comparative abundance still prevails, it is the positive duty of the private citizen to uphold the law against waste and to carry out the full spirit of the law in his own household and in his own family routine.
In the past it has been the habit of many people to complain bitterly about lack of regulations in regard to waste and to lay responsibility upon the Dominion Government. The constant remark was, "Why does not the Government do something?" The cold storage in some far off city like Winnipeg would develop some imperfection and some thousands of pounds of food would be spoiled, when immediately would arise the question, "Why doesn't the government do something?" The fact that local initiative might do something was slow to occur to many good people. The new order against waste makes it abundantly clear that the Government has "done something." It has, in fact, done all it could without creating special and expensive machinery to do more. It has followed the principle of local enforcement and the decentralization of authority. It has provided stiff fines for those who break the law against waste of food and it has provided that prosecutions be undertaken by local officers. Thus, if the municipal inspector or any municipal officer discovers waste in a local cold storage warehouse, he lays the charge before a police magistrate or two justices of the peace and, securing a conviction, secures one-half the fine for his municipality. Similarly in the case of a provincial officer securing a conviction. The penalties are 10 dollars or more, the fines being limited to amounts between \$100 and \$1,000 with the alternative of a prison term up to three months. In circumstances where, and wastefulness by neglect be rampant, both fine and imprisonment may be imposed.
Further, if local authorities learn that food is being held when it should be sold for fear of spoiling, they have only to notify the Canada Food Board. The Board is in its turn authorized to notify the officer that the goods must be immediately sold and in default of obedience, the Board itself may step in and seize the goods and sell them.
Most people in the country realize that there is a great war raging and that people on whom the world depends are in danger of starvation. Some few apparently do not. They new law will do much to teach them.

Why He Objected.

A ship had fouled a floating mine in the dark, with disastrous results. Both were promptly located, and crew and passengers proceeded quietly to their appointed stations. Meanwhile the captain on the bridge was sending up rockets and burning blue lights, in order to attract the attention of any vessels that might chance to be in the vicinity. Suddenly he caught sight of a tall, thin and austere passenger standing at the top of the stairs leading to the bridge.
"What are you doing here?" said the captain angrily. "Your place is in the boat, and if you do not go immediately they will not wait for you."
"I have come," he said, "to protest against this unseemly conduct on your part. We are now facing death, and this is the time to rejoice. Is this the occasion to ignite firework?"
Minard's Lintment Co., Limited.
I was very sick and thought I was MINARD'S LINTMENT CO. was at once.

THIS WOMAN SAVED FROM AN OPERATION

By taking Lydia E. Pinkham's Vegetable Compound, One of Thousands of Such Cases.
Black River Falls, Wis.—"As Lydia E. Pinkham's Vegetable Compound saved me from an operation, I cannot say enough in praise of it. I suffered from organic troubles and my side hurt me so I could hardly be up from my bed, and I was unable to do my household work. I had the best doctor in Eau Claire and they wanted me to have an operation, but Lydia E. Pinkham's Vegetable Compound cured me so I did not need the operation, and I am telling all my friends about it."—Mrs. A. W. Birney, Black River Falls, Wis.
It is just such experiences as that of Mrs. Birney that has made this famous root and herb remedy a household word from ocean to ocean. Any woman who suffers from inflammation, ulceration, displacements, backache, nervousness, irregularities or "the blues" should not rest until she has given it a trial, and for special advice write Lydia E. Pinkham Medicine Co., Lynn, Mass.

SUFFERING FROM COLD

If you shiver in frosty weather, if you have cold hands and feet, if colds are stubborn and frequent, then your blood may be thin and impoverished.
SCOTT'S EMULSION
has been correcting this condition for nearly fifty years. It possesses rare powers for creating natural body-heat, and in charging summer blood with winter richness and strengthening both throat and lungs.
Scott & Bowne, Toronto, Ont. 17-12

Port Williams Fruit Co., LIMITED

FLOUR!
on hand.
Bran and Middlings due to arrive.
SLAG!
Buy now before the advance. A car is expected shortly.
FERTILIZER!
We have a limited supply suitable for renewing strawberry plantations or fall use in the orchard, for sale at reasonable prices.
Arsenata of Lime
For use on Potatoes.
Open Wednesday mornings or by appointment.
Port Williams, N. S.

HUTCHINSON'S Livery and Automobile Service

WOLFVILLE, N. S.
Trains or Autos always ready for a drive through the Evangeline Land.
Teams at all trains and boats.
Weddings carefully attended to by Auto or team.
Give us a call. Telephone 68.
T. E. HUTCHINSON, Proprietor

WALL PAPERS!

Our Spring Stock of Wall Papers is Now Complete!

We also have the sample books of all the big manufacturers. Call and we will be glad to have you see what we have to offer.

Woodman's Furniture Store,

WOLFVILLE

Advertise in "The Acadian."

Vast Issues Depend Upon the Welfare of Our Men!

War Work Summary
There are:
—66 branches of Canadian Y.M.C.A. overseas buildings.
—70 branches in England.
—Dozens of Y.M.C.A. dug-outs in forward trenches under fire.
—Over 120 Military Secretaries overseas.
—300,000 letters a day written in Y.M.C.A. overseas buildings.
—\$133,000 needed for athletic equipment. (Helps morale of soldiers.)
—Y.M.C.A. saved hundreds of lives at Vimy Ridge by caring for walking wounded.
—Over 100 planes in England and France, also 300 gramophones and 27 moving picture machines.
—Y.M.C.A. helps boys in hospitals.
—More than 60,000 cups of hot tea and coffee distributed daily in France—free. Estimated cost for 8 months, \$48,000.
—150,000 magazines distributed free every month. (Estimated cost \$15,000.)
—\$125,000 used in 1917 to build huts in France.
—Concerts, sing-songs, good-night services and personal interviews energetically conducted. Concerts, lectures, etc., cost \$5,000 a month.
—Thousands of soldiers decide for the better life.
—Y.M.C.A. sells many useful things to soldiers for their convenience. Profits, if any, all spent for benefit of soldiers.
—Service to boys in Camp hospitals.
—Red Triangle Clubs for soldiers in Toronto, St. John and Montreal. Centres in Paris and London for men on leave.
—Out of Red Triangle Fund, \$76,000 to be contributed to the War Work of the Y.W.C.A.

Cheer Up and Thank God for the Y.M.C.A.

TRY to picture yourself in the muddy cold trenches after exciting days and long nights of mortal danger and intense nervous strain. Rushing "whiz-bangs" and screaming "cool boxes" are no respecters of persons. You are hit and despite shock and pain you still can face the long weary trudge back to dressing station. Weary, overwrought and depressed, you are prey to wild imaginations of that other coming order with the surgeon. There are other "walking wounded", too. You must wait, wait, wait.
Up comes a cheery Y.M.C.A. man, the ever-present "big brother" to the soldier, with words of many encouragement. Close beside the dressing station the good generous folks at home have enabled him to set up a canteen. He hands you biscuits, and chocolate or coffee.

Red Triangle Fund

\$2,250,000, May 7, 8, 9
Canada-Wide Appeal

"In thousands of cases," writes an officer, "it was that first hot cup of coffee that dragged the man back to life and sanity."
The tremendous helpfulness of the Y.M.C.A. as an aid to the "morale," or fighting spirit, of the soldiers is everywhere praised. No wonder the Germans make every effort to smash the Y.M.C.A. huts out of existence.
The Y.M.C.A. is everywhere. You first met the helpful, manly Y.M.C.A. worker in camp, then on train and boat, at camp in England and in France, close to the firing line. Often he risks his life to reach you in the trenches. He has won the warmest praise from military authorities, statesmen—the King! Have you a precious boy at the front? You cannot be "over there" to guide him away from the fiercest temptations of camp and city. You can't comfort him in his supreme hour of trial. Your parcels to him are necessarily few. But the Y.M.C.A., thank God, is "over there," doing where you cannot go—doing the very things you long to do—going it for you and for him.
Will you help? This vast organization of helpfulness needs at least \$2,250,000 from Canada for 1918. For your boy's sake be GENEROUS!!

Boys!

Here's your chance to do a fine stroke in the big war! Help the Y.M.C.A. to help your big brothers overseas by joining in the

"Earn and Give Campaign"

Six thousand Canadian older boys are invited to earn and give at least Ten Dollars (\$10) to the Red Triangle Fund. Often means \$30,000 in all! Splendid! Five thousand dollars will be used for boys' work in India and China; another \$5,000 for the National Boys' Work of Canada, and \$50,000 to help big brothers in Khaki. Ask your local Y.M.C.A. representative for information and pledge card. When you have subscribed one or more units of Ten Dollars, you will receive a beautifully engraved certificate.

National Council, Young Men's Christian Association

Campaign Directors for Maritime Provinces
New Brunswick: Eber H. Turnbull, 64 Prince William St., St. John, N.B.
Nova Scotia: D. G. Cook, Chronicle Bldg., Halifax, N.S.
P. E. Island: Lieut. Ulric Dawson, Headquarters Y.M.C.A., Charlottetown.

Professional Cards

DENTISTRY.

A. J. McKenna, D. D. S.
Graduate of Philadelphia Dental College
Office in McKenna Block, Wolfville.
Telephone No. 43.

M. R. ELLIOTT

A. B., M. D. (Harvard)
Office at residence of late Dr. Bowles,
Telephone 23.
Office Hours: 8-1 a.m., 1-3, 7-9 p.m.

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Provincial Land Surveyor.
Surveys, Plans, Levelling & Estimates.
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Expert Piano Tuning

Guaranteed.
Voicing, Regulating, Repairing
Organs Tuned and Repaired.
M. C. Collins.
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Even if War is On You Must Have Clothes

And we are well prepared to serve you in this line.
Our work in
MEN'S CLOTHING OF ALL KINDS
Is winning us a reputation. We use the best materials, employ the best workmanship and our styles are always right.
We guarantee every garment and shall be pleased to show goods and quote prices.

A. E. Regan, Wolfville

COAL!

Aondia Lump,
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A. M. WHEATON

COAL! COAL! COAL!

Carefully Screened and Promptly Delivered.
Springhill, Albion Nut and Old Sydn e y.
GIVE US A TRIAL.
Burgess & Co.

NOW IS THE TIME!

To Get Your Furniture Upholstered.

Carpenter work is slack at present, and I am prepared to do Upholstery of all kinds of Furniture also Carriage and Sleigh Seats, will also repair Furniture of all kinds.
I have had a large experience in this work and can guarantee satisfaction.
J. C. Bishop, - Wolfville.

"Earncliffe Gardens" WOLFVILLE.

We are importing for our plantings and for others

8000 PLUM TREES

in following varieties: Shipper's Pride, Monarch, Grand Duke, Reine Claude, Egge, Bradshaw, Fallenburg, Field, Moore's Arctic, and Lombard. Orders Received.

E. B. SHAW

Repairing of Boots and Shoes of all Kinds

Has resumed business at the old stand in his new building.
Orders Solicited and Carefully Executed.

"Stop and Rest" Inn.

AN EXCLUSIVE RESORT for Motorists, House and Week-End Parties. . . . Evening Functions and After-Theatre Suppers arranged. Afternoon Teas.
W. G. STACKHOUSE, WOLFVILLE, N. S.
Phone 101

McCallums, L'td

The largest dealers in Improved Farm Properties in Canada.
Halifax, N. S., Canada.

The Joy of Motoring

LET the Ford car introduce you to the beauties of Nature and the outside world. Let it take you into the country, or along the lakes where the air is fresh and sweet.

A Ford car will open up new fields of pleasant possibilities for you and your family and at the same time serve you faithfully in business.

No doubt you have felt the need of a car—your wife has often said, "I wish we had a car," so why not buy one now? There is no other car that gives such good value for the money invested as a Ford. This is why the Ford car is so popular everywhere.

The Ford is powerful, easy to drive, economical, enduring. It is the car you need.

Ford

THE UNIVERSAL CAR
F. O. B. FORD, ONT.

Runabout . . . \$575
Touring . . . \$595
Coupe . . . \$770
Sedan . . . \$970
Chassis . . . \$535
One-ton Truck \$750

F. J. Porter, Dealer, Wolfville

Not Up to Name.

A western settler went to the agent and purchased a music stool, taking it home with him in his trap. In a few days, however, he brought it back and demanded the money paid, as the stool was no good at all. The shopkeeper examined it and said it was in perfect order, and that it should not be thrown on his hands.

"Well," said the settler, "I took it home carefully and I gave it a try, and never a tone could come out of it. It is no more a music stool than the four-legged washing machine stool the music puts her tub on."

"What of Canada—the kitchen in your fort. Food will win or lose the war."

"He—I would, marry the best woman in the world if she wanted to see."

"She—Of course, you wouldn't. The best woman in the world would 't have you."

"Talk is cheap."

"Not when you tell a politician your opinion of him and have to pay ten dollars and costs."

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