THIS ORIGINAL DOCUMENT IS IN VERY POOR CONDITION.

The HouseKeeper

made a liquid rouge, take thirty s of carmania; ammonia fluid; unce, and rose water four s. Mix.

remove spots from furniture, mix parts of alcohol, olive oil, and cider vinegar. Shake it well for minutes to mix evenly and apply h a soft cloth. Wipe with another th and polish with woolien cloth.

Don't throw away an old umbrella, but enamel the frame white and use for an extra clothes hanger. Suspend the frame by the handle and hang small articles on it. It will rust nothing after it is enameled.

If potatoes are placed at once in boiling water with a little milk and salt added, it will prevent their turning dark.

To remove indelible ink, soak in strong salt water and rinse in ammonia water. Repeat process till all ink is removed.

When the cream is too thin to whip, add the unbeaten white of an egg. You will have no trouble in whipping the cream.

To remove ink from the fingers, dampen a sulphur match and rub the stains.

In making peach ice cream, add a few drops of almond flavoring and it will be delicious.

Great saving can be effected in the use of metal polish if it is mixed with paraffin oil. A tin of polish and about four egg cupfuls of the oil shaken together will last for months, besides being much cleaner to use.

Varnished paint can be kept bright by soaking in water a bag filled with flaxseed, and then using the bag as a cloth to wipe off the paint.

To preserve fruit jar rubbers cover with dry flour. When wanted, the flour can readily be wiped off with a dry cloth, and the rubbers will be good as new. Any rubber goods can be preserved for years in this way.

Vinegar will remove fly specks from almost anything — windows, pictures, cupboard, shelves, woodwork, etc.

MURDERED

Star right out of business, a whole family of corns by Putnam's Corn Extractor, which cures corns and warts in one day. No pain or sore if "Putnam's" is used. Refuse substitutes, 25c per bottle at all dealers.

OUT OF EVIL, GOOD.

(Montreal Gazette)

Who can tell what advantage may result from the truer, surer knowledge of each other due to the common service of the British and their Allies? Situations of almost unimaginably dramatic force have been precipitated—situations that marvellously disclose character and form imperishable landmarks in the moral history of humanity. Hitherto, much though there had been written of France by Englishmen, of England by Frenchmen, there was a vast world in the hearts of either nation that the other had never fathomed. Thereafter we shall know each other better. The same is true of Great Britain and Russia, of Great Britain and Belgium. As yet, we do not dare to forecast the end. But we have no cause to despair. We look with confidence to what lies before us and trust that the aggressors will receive a lesson by which they and all the world shall profit.

A Chef Suggests.

That small pieces of chicken with the nicest bit of its own liver pounded up with some cream and a little coraline pepper make a delicious paste to spread on thin slices of brown bread.

Before attempting to seed raisins, cover them with hot water and let them stand 15 minutes; then the seeds can be removed easily without any waste.

That left-over potatoes should not be piled together, as they will sour quickly. Spread them out on a large dish.

That a teaspoonful of curry powder added to the cream sauce in which macaroni is baked greatly improves its flavor.

FASHIONS AND WORK.

(Buffalo Express.)

A Boston woman says that the constant change of fashions due to the whim of women is responsible for much of the idleness among workers. She explains that manufacturers cannot give steady employment because they never know until the last moment what women will demand. To most persons it would appear that the trouble mainly is with the manufacturers. Their designers are always trying for new effects and stirring up the women.

WHICH WAS RIGHT?

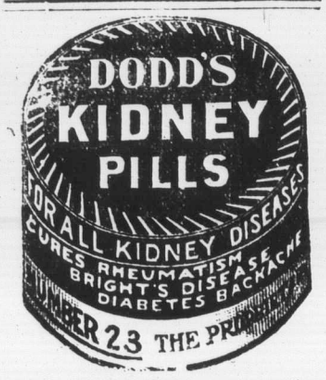
(Toronto Star.)

Coultney Bigelow is worried about a typographical error in a New York paper. Through this error he was quoted as calling Bernard Shaw "an intellectual ass." The words he says he meant to use were "an intellectual asset," but lots of people will not believe him.

ONE GOOD EFFECT OF WAR.

(Toronto News.)

It is possible to live a solid society without extravagance and a desirable people without bankruptcy. The war has discovered that fact and it seems so—we can count one item of gain against the flood of evil which it has poured upon us.



PIMPLES SO BAD ASHAMED TO GO OUT

Also Terrible Rash on Arms. Itched and Burned. Could Not Sleep. Used Cuticura Soap and Ointment. Eruption All Disappeared.

Cressy, Ontario.—"For a long time I suffered from pimples and blackheads the worst way and I got a terrible rash on my arms. When I got in bed at night and got warm I would have to scratch my arms till blood came. The pimples all came to matter festers and then they broke leaving lots of little marks on my face. I was ashamed to go out with my friends. They also itched and burned until I could have torn my face and arms. I could not sleep at night and I rubbed my arms till they bled.

"One day when reading the paper I came across the Cuticura advertisement, then I thought I would try the Cuticura Soap and Ointment. I washed with the Cuticura Soap and then applied the Cuticura Ointment night and morning. I found great relief and in a short time my pimples and eruption all disappeared thanks to Cuticura Soap and Ointment." (Signed) George W. Key, Aug. 10, 1914.

Samples Free by Mail

In selecting a toilet and a skin soap why not procure one possessing delicate emollient properties sufficient to allay minor irritations, remove redness and roughness, prevent pore-clogging, soften and soothe sensitive conditions, and promote skin and scalp health generally? Such a soap, combined with the purest of saponaceous ingredients and most fragrant and refreshing of flower odors, is Cuticura Soap. Cuticura Soap and Ointment are sold throughout the world. Liberal sample of each mailed free, with 32-p. Skin Book. Address post-card "Cuticura, Dept. D, Boston, U. S. A."

FIRE LOSSES.

(Exchange.)

The fire losses in Canada and the United States have long been a disgrace to North American civilization. We are recklessly careless in regard to the safety of property as we are in regard to the safety of human life. German militarism has led to an unprecedented destruction of the youngest and best of the race, but the Old World has long shown us a worthy example in its comparatively small percentage of fire losses. The backwardness of this continent in this respect imposes an unfair penalty upon the average business man or householder. The exorbitant premiums, which he has to pay for fire insurance, spring directly from the carelessness or worse of those who are burned out, or from the recklessly imperfect building methods which obtain so largely in the New World, or from both.

ADD TO YOUR INCOME
GET INTO BUSINESS AT HOME.

We will start you right in your home Town in a standard, staple, legitimate, non-competitive business. Excellent proposition for part time or young man or woman who wants to learn a good business. Many large incomes have been made in this business.

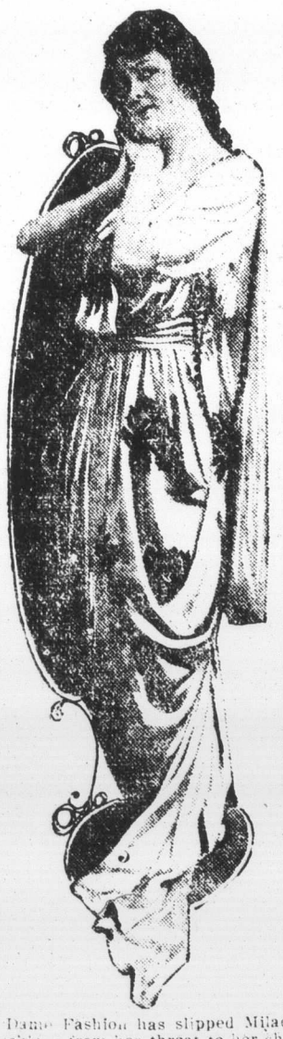
You do business with business men and get repeat orders. Something every business man uses but usually cannot get in his home town.

One young man in a Town of 600 population did $40 worth of business the first month, nearly all profit, and conducted another business at the same time.

Get into touch with us at once, and secure your Town. Will pay part of your expenses to Toronto, if we do business.

THE MULTIPRESS COMPANY, LTD., 67 Richmond St. E., Toronto, Ont.

Borneo Belles Wear 'Em This Way, Too



Dame Fashion has slipped Milady's necklace from her throat to her shoulder awhere it hangs in a glittering circle a yard or so in length.

The fashion is also popular with the belles of Borneo and Siam, but even if it does hint of barbarism it's a pretty fashion and a rope of black jet beads is effective, not to say sensational, when worn with a gown of white.

X-RAY EFFECTS.

Same Cause Produces Stimulation and Destruction.

It has been shown by experiments conducted in Germany by Dr. Schwartz that so far as their action or plain life and living tissue is concerned the X-ray have both a stimulating and a destructive effect, and results being controlled by the length of the exposure The proper time appeared to be 150 seconds, and shortly after exposure to the rays the plants were so much stimulated that in three weeks' time they had grown to double the height of the other specimens.

Such experiments were made with the use of young sprouts, and not upon plants in an advanced state of growth. An exposure of 30 seconds has no appreciable effect of any kind upon the growth, and on the contrary, a long exposure of five minutes is seen to alter the tissues and hinder the growth of the plant.

As to the effect on the tissues of the human body, he found that in the case of wounds where there is a decrease in vitality of structure this is stimulated to quite a degree, so that, for instance, an obstinate wound will heal up after a few days. It is well known that the X-rays will produce severe burns upon the skin, but this is caused by a too strong action.

THE BEATER BEATEN.

(London Free Press)

Five months ago [the Germans] were a nation filled with pride and self-confidence. Germany was a power in the world. Her influence was felt at every court and by every Government. Her will was not lightly to be set aside. Her credit was good. Her word was as her bond. What has happened that in so brief a period afterwards her people are subjected to the pain and humiliation of a scarcity of foodstuffs? The answer is that her enemies have gripped by the throat the more powerful and arrogant Germany. The beater has been beaten. And unless Germany can shake off this death grip her complete defeat cannot long be withstood, but has already in fact come.

PILES.

You will find relief in Zam-Buk! It eases the burning, stinging pain, stops bleeding and brings ease. Perseverance, with Zam-Buk, means cure. Why not prove this? *All Druggists and Stores.—50c box.*

Zam-Buk

"STARVING GERMANY."

(Pittsburg Gazette-Times.)

Meantime the world at large if not the people of the United Kingdom, are not losing sight of the fact that, despite the humiliation to which Germany has subjected Great Britain in domestic waters and near by, the Germans are showing signs of apprehension at British dominion of the seas. The claim that Germany can hold out for four years loses some of its value when precautions for the conservation of the food supply are taken and it is known that not only as to provisions, but as to materials and equipment generally, Great Britain has rendered it impossible for Germany to get assistance from outside of European countries that are either neutral or allied with Germany. In other words, the problem of starving out Germany is not as remote as it seemed earlier in the war. The process is slow, inevitably, and it's a long, long way to the end; but if the allies can stand off Germany by land in the western zone, and Russia cannot be defeated decisively in the east, and Great Britain is able to police the oceans, the question how Germany is to replenish becomes more difficult with each passing month.

Minard's Liniment Cures Colds, Etc.

The Colors of Music.

There has just been installed at Queen's Hall in London a color organ for representing musical effects in terms of colored light thrown upon a screen, which has been designed expressly for the deaf. Each note played produces a corresponding color, and the color combinations are said to cause the same delight to the deaf ear as the harmonious sounds of a composition do to the normal ear. The organ was devised by Professor Wallace Rimington, and among those who have become very much interested in the project is M. Alexander Sciabin, a Russian composer, who has achieved a foremost position in European musical circles.

"FORTIFIED TOWNS."

(New York Sun.)

According to the Koelnische Zeitung, Whitby and Scarborough, on the Yorkshire shore, are fortified towns because each has a coast guard station. Then the whole coast of England is fortified, for such stations are to be found everywhere from Land's End to the Orkneys, and back again. The coast guard's work is to suppress smuggling and aid vessels in distress.

ARMAMENTS A STATE MONOPOLY

(Ottawa Citizen.)

So long as armament manufacture is a private industry it may be expected that army and navy officers will be recruited from the national service to the service of private interests, and orders will be executed for possible enemy countries. The new era of armament industry, whatever form it is destined to take after the war, should be a state monopoly. It would be as absurd to have the navy privately owned, as to leave armament manufacture as a source of revenue to private enterprise.

Neuralgia of

This Letter Tells Change Effected by Nerve Fo

Mr. James G. Cla York County, N. B., w been a great sufferer fr doctors said was neural heart. The pain started in of the neck and worked down to the region of the heart. Though I had taken a lot of medicine of one kind and another, I could not get anything to help me until I used Dr. Chase's Nerve Food.

"When I began this treatment I could not rest in bed, except by sitting upright, on account of the dreadful pain about the heart and the quick, loud beating. The change which Dr. Chase's Nerve Food has made in my condition is wonderful. It has entirely overcome these symptoms, and is making me strong and well. If this statement will help to relieve the suffering of others, you are at liberty to use it."

Dr. Chase's Nerve Food is a true tonic and the greatest of nerve restoratives. 50 cents a box, 6 for $2.50; all dealers, or Edmanson, Bates & Co., Limited, Toronto.

Intelligence of Animals.

The story of the Airedale that tramped back home 125 miles is only one of many such instances. It did the journey in 20 days. Another dog was taken a hundred miles by train, and arrived back home in three weeks. A fox-terrier was taken a distance of 180 miles, but within a few days it found its way back to its old home.

A Japanese collie was taken to the veterinary surgeon's with a painful affection of the ear and operated on. It was then taken back home over a mile away. The next evening the dog found its way back to the surgery, and as soon as the door was opened jumped on to the operating table and waited till the "vet" could attend to it. For many evenings after, punctually at 8 o'clock, it visited the surgery and submitted to the process, and then went home.

A farmer took a horse from an island to the mainland three miles by boat, worked it all day, and let it loose. The next morning he was surprised to find the horse grazing near his stable, though still very wet.

A tame pigeon used to accompany a boy to school, a distance of one and a half miles, remain during lessons, and return with the boy.

A gray cat was taken by train over 60 miles and yet returned home in a few days; one walked a distance of 133 miles, and another walked no less than 282½ miles in four weeks.

Minard's Liniment Co., Limited.

Gentlemen,—Last winter I received great benefit from the use of MINARD'S LINIMENT IN a severe attack of LaGrippe, and I have frequently proved it to be very effective in cases of Inflammation.

Yours,

W. A. HUTCHINSON.

TIMELESS

A timeless being in a time-bound sea,
I hoist my sail and fly my signals free,
The tuneful winds salute my vibrant mast
And bring me songs from regions far and vast.

Spirit trails are traced in fleeting maze,
Whispers faint and fine come through the haze.
Portends point their fingers in the sky,
And clouds on clouds enclose the mystery.

My timeless nature gives me visions rare,
I measure with an ageless air.
I was before, I shall be after time,
Mine is the painless, prayerless, endless clime.

Beamsville H. T. Miller

JUDGED BY THEIR WORKS.

(Chatham News.)

Men who have occupied public office must expect that the public will base an opinion to the activities during the term of office and if in that time these men have not worked to the best interests of the city in general they must expect repudiation at the hands of the electors.

CAN'T IGNORE THE PUBLIC.

(Buffalo News.)

A free people like publicity in public affairs. The source of corporate existence is in the people and they have a right to know much about the actual work and needs and conduct of their creatures. The old notion that the public may be ignored, or even ill treated, by the big corporations is ended for ever.

UNCLE SAM'S POSE.

(Brantford Expositor.)

Uncle Sam finds the position of straddle-the-fence increasingly difficult. He finds it hard to keep his own skirts clear, and he finds it harder still to convince himself that some of the combatants, particularly Great Britain, are not seeking to take advantage of him.

In the matter of keeping neutrality he is holding himself so straight that he is leaning backward.

THE ALLIES

"SPOHN'S" and the Horsemen. For twenty-one years they have waged a successful campaign against the army of Disease. Distemper, Influenza, Catarrhal and Shipping Fever disastrously defeated by "SPOHN'S". Absolutely safe for all ages. Best preventive. Sold by all druggists. Turf goods houses or the manufacturers.

SPOHN'S DISTEMPER COMPOUND — TRADE MARK

SPOHN MEDICAL CO., Chemists, Goshen, Ind., U.S.A.

"Th German it was an under it wh close grips. lie st getting to happy when we were told one at we were to have our turn at last, and get a chance of driving off the soldiers who were threatening the King-Emperor's authority.

We were close to the enemy when the order to charge came, and we went forward with one rush. We had fired the last volley, and each man was grasping his bayonet as we rushed on them. They didn't wait for us, but ran like frightened cows before a tiger. We were at their heels like panthers, and it was exciting work bayoneting them as they ran.

We were so excited we couldn't stop running, and we must have gone through their lines many times before we were recalled. It was on the way back that their cavalry tried to cut us off. Putting our knives in our teeth, we held our riflesr with both hands across our breasts and checked the rush of their horsemen.

Then swinging the rifles round, we bayoneted the riders. I think the horses were terrified at this new move, and they reared, some of them throwing their riders in their terror. That part of the fight didn't last long, for they cleared off and we returned to camp, where we were cheered by the English and French.

We liked that very much, and it will be something to tell when we go back to India.

A Woman's Message to Women

If you are troubled with weak, tired feelings, headache, backache, bearing down sensations, bladder weakness, constipation, catarrhal conditions, pain in the sides regularly or irregularly, bloating or unnatural enlargements, sense of falling or misplacement of internal organs, nervousness, desire to cry, palpitation, hot flashes, dark rings under the eyes, or a loss of interest in life, I invite you to write and ask for my simple method of home treatment with ten days' trial entirely free and postpaid, also references to Canadian ladies who gladly tell how they have regained health, strength and happiness by this method. Write to-day. Address, Mrs. M. Summers, Box 8, Windsor, Ont.

THE AEROPLANE.

You brought your little Zeppelins,
You dropped your little bombs,
You thought we had no feeling
In our tender little domes;
You thought you caught us napping
But we'll show you just the same
We will meet you fair in battle
With our flying aeroplanes.

CHORUS

On you came a creeping,
Thought we were a sleepin,
Sure that you could handle all the game
We the watch were keeping,
Sure, we'll give you greeting
When we come in a sweeping
In our aeroplane.

We will meet you with a bayonet charge
Upon the land so dry,
Or if you'd rather have us
Alfloating in the sky,
How'e'er you'd like to meet us
We always play the game,
In the land so dry, or in the sky,
Or in an aeroplane.

So take your little airship,
And just you travel home,
Its not the best of policy
So far away to roam;
You may be killed upon the land,
I'm sure you'll feel some pain
When we drop pebbles on your head
From our flying aeroplane.

So keep your little Zeppelins
And treasure up your bombs,
The chances are, you'll need them
To guard your little homes,
And William may require them
E'er his wings have grown,
He'll travel all the faster
When he's on the run for home.

JANET ADDLINGTON
Burlington, Ont.

Minard's Liniment Cures Diphtheria.

MAN'S BEST AGE.

(Philadelphia Record.)

For those who have always scoffed at the Osterian theory of man's uselessness after attaining threescore years it will come as a welcome confirmation of their views that, in the words of President E. R. Bryan of Colgate University, "Investigation by keen men has shown that man's best work has been done between the ages of 60 and 70." This, of course, refers especially to brainworkers, whose powers develop steadily, but often slowly. This is the way President Bryan puts it:

Six hundred of the most important scientists, statesmen and Old World famous men were selected and it was found that only 5 per cent. of them accomplished their world's work before the age of 40; 10 per cent. between 40 and 50; 20 per cent. between 50 and 60; 35 per cent. between 60 and 70; 21 per cent. between 70 and 80; and 9 per cent. after they had reached the age of 80.

CULTURE AND KULTUR.

(Stratford Beacon.)

The British invasion of Cuxhaven was not accompanied by baby killing. It gave the German fleet on the water, under the water and in the air an opportunity to defend itself—but there was no slaughter of non-combatants. That is the difference between British culture and German kultur in warfare.

CHRISTIANITY STILL A FORCE.

(Kingston Whig.)

Hon. Mr. White, though not a preacher, and not posing as one, says Christianity has been the salvation of the people in these war times. And some people are inclined to think that Christianity had lost its force and influence!

OSTRACIZED.

(Kingston Standard.)

Feeling against Germany in the United States is so strong that is is said the upshot may be the Germans in that country may become a class apart, like the negroes. So far as the Super-Huns are concerned most Americans would prefer the colored people.

FOR MARRIED MEN.

(Guelph Mercury)

The married man who is not individually a "homester" is a failure. His home's got to be his hobby, his wife his best friend and his children his choicest playthings. The club, the lodge, the poolroom or the street have got to play second fiddle to the home, or the whole game's going to be a fluke.

THE BRITISH IDEAL.

(Peterboro' Examiner)

Freedom, not force, is the British ideal. The man's the thing; not the machine.

The difference between an optimist and a pessimist is that one believes in mascots, the others in hoodoos.

Who Sho Natures.

multiple personality occurred and are of interest. The most famous of that of "Miss Beauchamp" — the name was always most properly hyphenated—which was carefully studied by Dr. Morton Prince. By intricate steps he arrives at the conviction that in her case no fewer than five distinct personalities could be traced. The most vivid of all was the one who called herself "Sally."

The normal Miss Beauchamp was a somewhat neurotic woman, the constant prey of slight ailments and without much zeast in life. After a nervous shock Sally suddenly became able to take possession of her from time to time, first with apparent difficulty and then as it seemed, whenever she pleased. When Sally was dominant Miss Beauchamp's whole nature was changed. She became lively, irresponsible fond of all the violent exercises which the normal woman disliked, exuberantly different from Miss Beauchamp in every respect. She could not get control, and one of the most wonderful and best attested facts in this mysterous case is that she confidently asserted her memory of event which occurred when the real Miss Beauchamp was in her cradle.

For Miss Beauchamp, the co-tenant with her, of the same body, Sally had the most intense dislike, never speaking of her except with contempt and doing all she could to cause her harm and annoyance. Miss Beauchamp had a special horror of insects and reptiles, and Sally was accustomed to gratify her spite by collecting frogs, toads and spiders and dispatching them to what the inadequacy of language compels us to call herself.

Miss Beauchamp detested walking, so Sally, when she was dominant, would go for a long tramp after carefully leaving all her money behind, and then when she was ten miles or more from home, would suddenly disappear and, allowing the ordinary Miss Beaushamp to assume control, leave the unfortunate woman to make her way back as best she could—London Globe.

MORE CHRISTIANITY NEEDED.

(London Advertiser)

Some critics of Christianity have urged that it has done nothing in two thousand years to end war. The reasons why Christianity has not prevented war are (1) and it has not been allowed to do so by those in all countries who say that the gospel and golden rule are right for the individual, but will not apply to governments, which are above religion; (2) that the German militarists have definitely discarded Christianity for a political version of Nietzcheanism.

What is needed is an extension of Christian morals to govern the actions of states as of individuals. German writers who have persistently argued that the state is the highest thing, and therefore not to be made subject to arbitration or to any law but that of its own making, are largely responsible for this war. Certainly Christianity has nothing to do with it nor with German methods of waging it.

Not only states, but the public activities in general of citizens, in other countries besides Germany, will have to be held to the golden rule before Christianity may be said to have had a fair trial. Grafting and boodling are as un-Christian as German methods of warfare, and perhaps are better known in several countries which might be named than in Germany. The millennium will set in when men cease to think of their wider social and political relations as less amenable to a Christian law than their private life.

Minard's Liniment Cures Garget in Cows.

WORLD LESSON IN THE CANADIAN BORDER.

(From the Christian Science Monitor.)

More than 3,000 miles of boundary line extends across the North American continent between the United States and Canada. On one side of the line are approximately 100,000,000 people, on the other side approximately 10,000,000. On one side stretches a tier of thirteen sovereign states of the American nation; on the other stretches seven provinces of the Dominion of Canada. On one side floats the stars and stripes; on the other, the union jack. On each side, in addition to the native population, may be found, and in great numbers natives or immediate descendants of natives of every country on the globe. Along the entire 3,000-thousand mile line imaginarily dividing United States and Canada there is not a fortress, a fort, a fortified city, an armed warship, a soldier or a gun. Along the entire line from New Brunswick to Victoria, from Washington to Maine, not a man is armed even with a pistol under government authority for the purpose of preventing anybody on one side from passing over to the other. Yet between these two nations, between these two peoples, peace has existed for a hundred years. Tens of thousands of Canadians cross over to the United States, tens of thousands of Americans cross over to Canada every year; it is all one on either side whether their stay or return. There is no quarantine, course between Washington and British Columbia, between Michigan, Ohio, New York and Ontario, between the New England states and Quebec.

Minard's Liniment Cures Distemper.

A DIFFERENT CASE.

(Montreal Mail.)

The United States comes into the International Court to demand redress when her own material interests are affected. The same door as the United States enters to enter in was slammed in Belgium's face, and the United States stood by without a protest.

REAL EDUCATION.

(Montreal Evening News.)

Many highly educated people are inefficient, and many efficient people are not highly educated. The world calls for educated people who are efficient and efficient people who are educated. Above all is needed education for efficiency, for service.

Real education is not so much the learning for what we do not know as the doing of what we do not know to do.

A JUST VIEW.

(Rochester Herald)

The shooting of two American hunters in Canadian waters was an incident to be regretted. Yet we must bear in mind that Canada is practically at war, and the men had been warned. If the conditions were reversed, we make not that American sentiment would justify the action of the soldiery, though regretting the necessity.

TWENTY-ONE.

(Brantford Courier)

Before attaining twenty-one years of age that figure seems like a peak which would never be reached, and after that it's a toboggaan slide all the way, by gosh!

NATURE FAKING.

(London Advertiser)

By entering the conflict, Turkey has made a goose of herself.

To clean a japanned ware tray that into a little sweet oil and rub as hard has become spotted, dip a woolen cloth as possible.