



Frequent Communion.

*A certain Saint of great renown
Was wont this saying to repeat
To all who at the mercy seat
Invoked his ghostly aid.
As hares grow white by eating snow,
So do the soul's of sinners grow,
All pure when oft times they are fed,
By Christ Himself in form of bread.*

*Jesus by His love invites
The souls of sinful men ;
Invites them like the lepers ten,
That they be cleansed from sin.*