

my will, the first in my heart, the first in all my life! May the sole happiness of my heart be to receive Thee in Holy Communion as often as possible, to pass before Thy Sacrament of love long and holy vigils, to live always in my inmost soul closely united to Thy Divine Heart!

Erect in every city and town, O Jesus, thrones of adoration! May all men come to know, appreciate, and prefer Thee to all the Barabbases on earth! Then wilt Thou take Thy true place in the world and become the King of every understanding, will, and heart. This is the greatest desire of my soul. Deign, O Mary, my divine Mother, to present it to the Heart of Thy well-beloved Son, and obtain its speedy and perfect realization!

Can it be possible, O my Saviour, that any one could find it difficult to consent to being forgotten and outraged, when Thou, my Lord and my God, didst will to see the vilest of men preferred to Thyself? I humbly acknowledge that I, on account of my sins, even were they only venial, have deserved to be put below all mankind. I confess it with confusion, and yet I am puffed up with pride. I have, then, need that Thou shouldst make me understand more and more the necessity of abasing myself before the greatness of Thy infinite Being.

I beg of Thee this grace through the merit of that signal example of humility Thou didst give me at Pilate's prætorium. I desire to be henceforth the true disciple of Thy Sacred Heart, wishing to keep myself always and everywhere in my rank, namely, the very last. The disciple ought not to go before his Master, but to follow Him. This grace I shall ask of Thee in fervent and frequent Communions. There, in that Sacrament of humility *par excellence*, shall I find the strength to follow Thee without fainting along the road of humiliation.

"Do Thou reign, O Lord Jesus! May I, by my self-annihilation, become the footstool of Thy Eucharistic Throne!"

RESOLUTION. Unite hourly with Mary and with Jesus actually renewing in a mystical manner His immolation of the Cross upon some altar on earth, and communicate spiritually in the Divine Victim. Ask for the grace of humility, and make some acts of that virtue during the day.

