

lines of medical school inspection, and the women of the Institutes have helped me to the very limit. One lady gave her time for three days to drive me around from school to school. We went to one school and found a boy 13 years old and only in the second book. He could only see at five feet what he should have seen at 500 feet. Another little fellow who got glasses after we had examined his eyesight, said to his father, "Gosh, I never knew anyone could see like this." The parents in a great many cases are not to blame, because they have no conception that their children are affected.

In going from school to school I have only had two children who cried before they were examined and that was because we did not have time to talk to them beforehand and explain just what we were trying to do. One boy said he "did not want to have his conscience cut out." Children, as a rule, rather enjoy the experience.

The percentage of defective teeth is very high and there is not enough education given along this line by the teachers. I have found less than two per cent of the children examined who have had their teeth properly attended to under the age of 14 years.

In this country of ours with the number of men who will never return to us from the front and those who will come back disabled, we owe it to the children that they have the best medical care and attention it is possible to give them. Our government should be petitioned to give us a grant to carry on this work of medical inspection of schools.

### Keeping Clothes Attractive

A WONDERFUL improvement can be made to an otherwise shabby suit or dress by devoting a little time sponging, pressing and removing spots. In these days of economy when we feel it necessary to wear our suits and dresses probably for a longer time than we used to do, we will need to do some sponging and pressing frequently in order to keep our clothes looking as attractive as possible.

How many of us really know just how to go about freshening up a skirt or dress? In the first place the garment should be brushed well with a good stiff brush to remove all loose dust. Then sponge thoroughly until it is well moistened with a lukewarm mixture of one part of household ammonia to three parts of water; brush well with a good brush, hang up to dry and finally press with a heavy iron, laying a cloth over the goods. Any grease spots not yielding to this process may be removed by using gasoline.

To sponge a new cloth, take a heavy cloth cloth, wet it thoroughly and wring it out. Spread your goods on a table folded into four thicknesses, and lay the damp cloth over it, ironing with a heavy iron until one side is done; repeat on the other side.

Four excellent remedies to have ready are gasoline, strong ammonia, acetic acid and oxalic acid. These acids are poison and should be carefully labeled and put in a safe place. They will keep for a long period.

To remove yards or paint on wool, cotton or linen, rub carefully with gasoline and soap; on silk, use gasoline.

Who has not experienced the difficulty of being out of sour milk when baking, and it is particularly desired for some special article? Here is a way to solve the difficulty. Add some lemon juice to a cup of sweet milk, and by the end of a half hour it should be thick.

One drawback about roasted potatoes is that it takes a considerable length of time to bake them. Try pouring boiling water over the potatoes before putting them in the oven. We are told it saves time and also improves the flavor of the potatoes.

### The Heart of the Desert

(Continued from page 12.)

them across the ranges and standing at the edge of a little river.

In the dim light there lifted a terraced adobe building with ladders faintly outlined on the terraces. There was no sound save the barking of a dog and the ripple of the river. With a muttered admonition, Kutie left Rhoda to the others and climbed one of the ladders. He returned with a blackened figure that gazed on Rhoda non-committally. At a sign, Kutie lifted Rhoda, and the little group moved noisily toward the dwelling, clambered up a ladder, and disappeared.

Rhoda opened her eyes with a sense of physical comfort that confused her. She was lying on the floor of a long, gray-walled room, from which a tiny adobe fireplace from which a tinier fire threw a lot of flame color on the Navajo that lay before the hearth. Along the walls were benches with splendid Navajo rolled cushions upon them. Above the benches hung several rifles with cougarskins quivers beneath them. A couple of cheap framed mirrors were hung with silver necklaces of beautiful workmanship. In a corner a table was set with heavy cut shining china dishes.

Rhoda stared with increasing wonder. She was very weak and spent but her head was clear. She lifted her arms and looked at them. She was wearing a loose-fitting gray garment of a strange weave. She fingered it, more and more puzzled.

"You wake now!" asked a low voice.

Coming softly down the room was an Indian woman of comely face and strange garb. Over a soft shirt of cut and weave such as Rhoda had on, she wore a dark overdress caught at one shoulder and reaching only to the knees. A many-colored girdle confined the dress at the waist. Her legs and feet were covered with high, loose moccasins. Her black hair hung free on her shoulders.

"You been much sick," the woman went on; "much sick," stooping to straighten Rhoda's blanket.

"Where am I?" asked Rhoda.

"At Chino. You eat breakfast?"

Rhoda caught the woman's hand.

"Who are you?" she asked. "You have been very good to me."

"Me Marie," replied the woman.

"Where are Kutie and the others?"

"Kutie here. Others in mountain."

You much sick, three days."

Rhoda sighed. Would this kaleidoscope of misery never end!

"I am very tired of it all," she said.

"I think it would lay beside me."

"You had let me die. Will you help me to get back to my white friends?"

Marie shook her head.

"Kutie's friend. We take care Kutie's squaw."

Rhoda turned wearily on her side.

"Go away and let me sleep," she said.

### CHAPTER XII.

#### The Crossing Trails.

As Kutie, with Rhoda in his arms, disappeared into the mesa fissure, John DeWitt threw himself from his horse and was at the opening before the others had more than brought their horses to their haunches.

He was met by Alchise's wife, with Alchise entirely hidden from view. For a moment the four men stood staring at each other. The encounter had been so sudden, so swift that they could not believe their senses. Then Billy Porter uttered an oath that reverberated from the rocky wall.

"They will get to the top!" he cried. "Jack, you and DeWitt get up there! Carlos and I will hold this!"

(To Be Continued.)

## Big Ben of Westclox

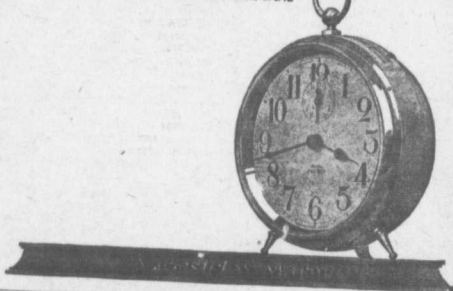
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