# **TOO LITTLE BLOOD MEANS MUCH MISERY**

### That is What Makes People Pale, Weak and Languid.

Weak and Languid.
The one source of most of the ministry that affects men and women and growing children is poverify of this is an Indian legend that tells, how greatly some of the birds have.
The source of most of the ministry that affects men and women and growing, children is poverify of the source of the birds watch is the source of the birds have.
The story goes that one cold day in the source of the birds have.
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The story goes that one cold day in the source of the birds watch is the cold that the source of the birds watch is the source of the birds watch is the source of the source

tinued using the pills for some weeks longer, and they completely cured me. I can warmly recommend this medi-cine to men who, are weak or run down." The proud turkey then strutted up

Co., Brockville, Ont.

# WOODSMEN IN CONTEST.

test in tree felling, wood chopping key, as good proof that it must he and sawing among the finest woods-men in the British Empire, Canadians, Australians and New Zealanders.

The contest arose from a friendly argument among the soldiers concern-ing the provess of the woodsmen of Prospering. their section of the world.

they seemed to quicken, as the axes bit into the hard wood and the chips flew out. The Maoris felled the three

the wood sawing contest, how

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# ENGLAND TO HONOR FRANCE. July 14, Gallie National Holiday t be Observed by British.

For some time past there has been widespread feeling that means should be found to recognize in The Birds and the Fire. This is an Indian legend that tells that now is linking France to Eng-

how greatly some of the birds have land.

YOUNG FOLKS

The Birds and the Fire.

down." You can get these pills through any medicine dealer or by mail, post paid, at 50 cents a box or six boxes for \$2.50 from The Dr. Williams Medicine \$2.50 from The Dr. Williams Medicine Co. Brockville. Oat. wings

But at any rate they had a fire : last, and all the birds enjoyed it cept the four that had suffered in try-

Maoris Win in Tree Felling and Canadians in Sawing. Despatches from British headquar-to the timid wren the black crow, the ters in France tell of a friendly con- blinking owl and the baldheaded tur

# A PROGRESSIVE SOCIETY.

their section of the world. A date was set for the contest and when the teams assembled beeches and elms of about two feet in diameter were selected. Each team of three men was to fell three trees. The Cana-dian team, to the ragtime music of an Anzac band, was started off first, sand the brawny soldiers swung their axes that bit deeply into the living wood. The picked Canadian team had been called away to duty and was unable to take part, but its substitute brought were selected. Each team of three men was to fell three trees. The Canada Anzac band, was started of first, sand the brawny soldiers swung their axes more that bit deeply into the living wook was unable celled away to duty and was unable to take part, but its substitute bought to take part, but its substitute bought to take part and at end of the yeart in 45 minutes and 28 seconds. It in 31 minutes and 8 seconds. After the parts that bit deeply into the total amount paid in 45 minutes and 8 seconds. After the parts that bit deeply into the total amount paid in 45 minutes and 8 seconds. After the parts of take, and swinging their axes more tits 31 minutes and 8 seconds. After the parts of the for earrying enlisted members it in 31 minutes and 8 seconds. A it in 31 minutes and 9 seconds. A it in 31 minutes and 8 seconds. A made for carrying enlisted members

the three trees crashing to the ground in 45 minutes and 22 seconds. The Australians then tackled their task, and a swinging their ask, and a murmur rose from the watchers as they saw the swift, tireless swing of the forest, were start ed on their task, and a murmur rose from the watchers as they saw the swift tireless swing of the axes in every department. The amount on hand at the present time is \$5,388,754.58. The yearly re-venue from investments now amount paid in death claims. The sick and funeral benefit fund shows a larger net in-bistory. Arrangements have been made for carrying enlisted members fund. The death rate for 1915 was only 6,50, but if the war claims were from the watchers as they saw the swift, tireless swing of the axes wielded by the muscular brown men.

WEAR LEET

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Government, except on certain mat-NO MEDICINE AS GOOD

 When She Used the unit.
 Kidney Remedy, Dodd's Kidney Pills,
 ectly from the second second

ordered kidneys fail in their duty of straining the impurities out of the blood. This means that these impuri-Canadian Order of Foresters Prospering. A report of the annual meeting of the Canadian Order of Foresters will

quired is common-sense organization, Clavel, of the 9th Regt., to which Gro-"Still, there a

Just Acquainted.

"Do you know her very well?"



SOME REMARKABLE RIDES. SPRINGING MINES Englishman Used 19 Horses in Covering 213 Miles. Dick Turpins ride to York on his

brown mare, Bess, was, as a matter of fact, an impossibility, it having been claimed that he rode from Gads-hill, a distance of nearly 100 miles, in less than four hours. At any rate, his presence at York at 7.45 o'clock cleared him from the charge of robbing a sailor in Gadshill at four o'clock in the same morning. Mr. George Osbalderston, in 1831,

on a wager of £1,000 that he would

on a wager of £1,000 that he would ride 200 miles in 10 hours, accom-plished the distance in 10 minutes over 7 hours. He had ridden 28 horses and was allowed one hour 32 minutes and 56 seconds for changes, while he had keps round and round the circular four-mile course on New-market Heath. He rode over 28 miles

The Government of London. London is divided into 28 adminis-trative boroughs, comprising 30 par-liamentary borough, and returning 58 members. Each borough has its own Mayor, Aldermen and Common Coun-cil, responsible only to the Central some 200 or 300 yards in length. Two

lowed by Roar of Hundreds

of Guns.

NEW BRUNSWICK WOMAN SAYS USE DODD'S KIDNEY PILLS. Mrs. Patrick Williams Tells How Her Headache and Weakness Vanished When She Used the Great Canadian Kidney Remedy, Dodd's Kidney Pills. St. Sosime, Kent Co, N.B., June St. Sosime, Kent Co, N.B., June St. Sosime, Kent Co, N.B., June Dedd's Kidney Pills." New Marken St. The great relief from headache and weakness I found in Dodd's Kidney Pills." Not MEDICIPE AB the Meter Not MEDICIPE AB the Meter St. Sosime, Kent Co, N.B., June St. Sosime, Kent Co, Sosime, K

"No," said the once musical maid, desolate, peace.

A Great Upheaval. We were looking at the wood when the thing happened with a shock as sudden as if one's chair had unex-

gether that almost instantaneously the dark wall of smoke behind the

pectedly broken under one. With a sustained roar as of a hundred "Pe-ters," it seemed as if all the earth

Sore Granulated Eyelids, Eyes inflamed by expo-ure to Sun, Eustand Wind guickly relieved by Murine Eyes Ere Remedy. No Smarting, Just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Relevent Tubes 25c. For Book of the EyeFreeaak Druggists or Murine Eye Remedy Co., Chicago guess but the precision of the fire was beautiful. The white tufts of the bursting shells were so thick to-

Her Agreement.

"It is a mistake to marry a man



NO ALUM

Beating the Carpet.

Mrs. Tim Bolder, of Jamestown, was energetically beating the carpet, when her neighbor called. "Why don't you ask your husband to beat it?" asked the visitor. "I did," replied Mrs. Bolder savage ly, "and he did."

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