

BACK FULL OF ACES, HEADACHES AND DEPRESSION

Much of Women's Suffering is Need-
less and Can be Prevented by the
Use of Dr. Hamilton's Pills.



That Stab-like Pain in the Back is
Sure Indication of Kidney Trouble.

Mrs. Anna Rodriguez writes as follows from her home in Valencia: "For a long time I suffered with falling strength and nagging headaches. My condition grew steadily worse. My limbs became bloated and shabby. I was pale and thin, felt rheumatic pains, dizziness and chills. I unfortunately didn't suspect my kidneys, and was nearly dead when I discovered the true cause of my sufferings. I read so much about the wonderful health and strength that comes to all who use Dr. Hamilton's Pills that I felt sure they would help me. Such blessings of health and comfort I got from Dr. Hamilton's Pills. I can't describe. They speedily put me right, and their steady use keeps me active, energetic, strong and happy. I strongly urge others to regulate and tone their system with Dr. Hamilton's Pills of Mandrake and Butternut."

No greater medicine exists than Dr. Hamilton's Pills for the cure of indigestion, constipation, flatulence, liver, bladder and kidney trouble. Refuse substitutes for Dr. Hamilton's Pills. 25c. per box, or five boxes for \$1.00, at all dealers or the Cattaraugus Company, Kingston, Ont.

MORE PINKHAM CURES

Added to the Long List due
to This Famous Remedy.



Glanford Station, Ont.—"I have taken Lydia E. Pinkham's Vegetable Compound for years and never found any medicine to compare with it. I had ulcers and falling of the uterus, and doctors did me no good. I suffered dreadfully until I began taking your medicine. It has also helped other women to whom I have recommended it."—Mrs. HENRY CLARK, Glanford Station, Ontario.

Another Cure
Harvey Bank, N. B.—"I can highly recommend Lydia E. Pinkham's Vegetable Compound to any suffering woman. I have taken it for female weakness and painful menstruation and it cured me."—Mrs. DEVERE BARBOUR.

Because your case is a difficult one, doctors having done you no good, do not continue to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial. It surely has cured many cases of female life, such as inflammation, ulceration, displacements, fibroid tumors, irregularities, periodic pains, backache, bearing-down, feeling, indigestion, dizziness, and nervous prostration. It costs but a trifle to try it, and the result is worth millions to many suffering women.

If you want special advice write for it to Mrs. Pinkham, Lynn, Mass. It is free and always helpful.

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CANADA'S GREAT RESOURCES IN THE WAY OF WATER POWER

How it is Planned to Harness the Water Powers of New Brunswick and Other Provinces - Hydro-Electric Projects Developed or Developing.

The question of utilizing water powers is becoming one of considerable importance in New Brunswick. This province has been rather backward in hydro-electric development. Quite a number of companies have been formed in various parts of the province for the purpose of developing water powers, but so far very few hydro-electric plants are in operation. In addition to the New Brunswick Hydro-Electric Company, which proposes to develop 10,000 horsepower for delivery in St. John, the following water power projects have been developed or are in process of development:

Locality	Capital Capacity Investment in H. P.
Arroostook Falls	6,000
Bathurst	220
Centerville	15,000
Chatham	125,000
Grand Falls	250,000
St. Stephen	25,000
Shediac	50,000
Woodstock River Power Co.	4,000
Totals	\$836,000 37,792

As no accurate and comprehensive survey has yet been made of the water powers of the province, it is impossible to estimate closely the actual amount of power open to development for industrial and other uses.

R. J. Parks of Toronto, who has given some study to the question of water powers in Canada, estimates that the water power resources of New Brunswick would develop about 150,000 horse power. But his estimate is based on the assumption that the construction of storage dams a steady supply of 50,000 or 60,000 horse power could be obtained. The Chatham Commercial claims that on the Miramichi alone 75,000 horse power could readily be harnessed to the service of man. At the Falls on the Northwest Arm, where the river runs through a rocky gorge, it says that a head of 60 feet of water could be secured, and 50,000 horse power developed at this point alone.

However, the water powers of New Brunswick are not very large as compared with some of the other provinces in regard to the possible water powers of the different provinces:

Province	Possible H. P.
Alberta	1,200,000
British Columbia	1,200,000
Maritimes	500,000
New Brunswick	150,000
Nova Scotia	50,000
Ontario	1,500,000

Railroad Building In Brazil Wilds

Many Lives and a Mint of Money the Cost of Tapping the
Jungles—Rubber is the Lure—Vast Forests as Yet Unexplored Will be Opened Up.

(New York Sun.)
Every few days a steamship flying the British flag arrives at or leaves Pier 4, Martin's Stores, without carrying about the most valuable cargoes that enter the port—Brazil rubber. Occasionally one of the cargoes has reached a value of about \$2,500,000, probably five times that of the average transatlantic liner's. Even at the present depressed prices, Para rubber is worth \$2,000 per ton. Three years ago it was worth about 65 cents per pound, and later jumped up to \$2.50 gradually dropping to the present price of about \$1.65, for the best grades of Brazil, or to \$1.15 for Ceylon rubber.

What coffee is to South Brazil the production of rubber is the west section of North Brazil, especially to the basin of the mighty Amazon and the territories that furnish its affluents from the eastern foothills of the Bolivian and Peruvian Andes. Mountains, Brazil, as it is in Ceylon, it is an indigenous product of the Amazon basin, and its existence has led to the opening up of a vast unknown country that otherwise probably never would have been heard of for centuries to come.

Gradually the steamships of the Brazil Line crept up the vast, gloomy river, whose bounds in the rainy season no man knows, following the rubber product. Manaus, 1,000 miles up from the debouchure of the river, was reached, and as the rubber business developed the tributaries of the great river were opened up, until Iquitos, the eastern port of Peru, was reached, 2,500 miles from the Atlantic Ocean. Today the line has a fleet of eight steamships that ply between this port or Liverpool, and this faraway Peruvian port.

The mightiest of all the innumerable tributaries of the Amazon is the Madeira river, whose headquarters are located among the Bolivian Andes, east of Lake Titicaca, and are far more unknown than the sources of the Blue and White Niles of Africa. The whole vast region is a network of streams and rivers winding through impenetrable tropical forests, finally draining into the Amazon. Steeply rising so to say, navigation reached by degrees through most of the tributaries with the exception of the Madeira river, the greatest of them all. Beyond what is known as Porto Velho there is no navigable waterway. Above it lies 210 miles of cataraacts that, no steamship yet built can penetrate. The cataraacts of the Nile are mere ripples compared with those of the Madeira. Only the Indians, skilled hard-liners of their canoes, ever attempt to pass them, and even they have heavy losses of life and merchandise. The loss of the latter is estimated at 25 per cent., loss of life not known, but life is valued at but little in those regions.

Beyond these 210 miles of cataraacts lies a region, that can be reached

Quebec	7,000,000
Saskatchewan	500,000
Yukon	500,000
Total	16,910,000

To enable the reader to form an idea of the enormous value of this vast amount of water power, it may be stated that it is equivalent to 340,000,000 tons of coal per annum. Hon. Clifford Sifton, chairman of the Conservation Commission, has stated that Canada possesses nearly one-half the total available water power of the globe—that is the fresh water power. Very little so far has been done towards harnessing the tides, though plants operated by the tides seem to give satisfactory results.

Province	Investment in H. P.
Alb.	\$ 9,425,000.00 81,700
B. C.	13,382,000.00 134,215
Man.	14,470,000.00 58,000
N. B.	325,000.00 37,792
N. S.	370,500.00 2,137
Ont.	\$4,265,100.00 801,526
P. E. I.	10,000.00 44
Que.	70,872,200.00 563,156
Sas.	500,000.00 385,000
Total	\$198,641,800.00 2,063,680

The extent of the water powers available and in process of development in the prairie provinces will probably surprise many people.

The city of Winnipeg has recently completed the construction of one of the largest municipal hydro-electric plants in the world, and many new enterprises are now underway. It is expected that the utilization of water powers in the west will result in a great development of manufacturing industries there, a condition which may be regarded with interest in the Maritime Provinces and especially in St. John, whose industries now have an extensive market for their products in Winnipeg and other western cities.

Electrical power is rapidly superseding steam power in manufacturing industries and the province or district which develops its water powers on the most up-to-date system will have the advantage in the struggle for manufacturing supremacy.

There are only two great natural sources of energy—as represented by the sun and the wind—available in combustible material, such as coal, peat and wood, and the energy available in the waters of the rivers and streams.

Canada is comparatively rich in fuel, but it is superlatively rich in water powers scattered broadcast and in almost unlimited amounts throughout every province.

estimated at 475,000 square miles, equal in extent to Great Britain, France and Belgium. It teems with rubber, cocoa, coccolinos, valuable woods, and possesses unknown mineral possibilities. The rubber tree, the source of the rubber trade, and its tributaries, the gatherers must go farther from the river to collect it. What the gold of Alaska is to the prospector, the rubber tree is to the native of Ceara, who has adventured up the great river in search of the gum.

Starting out from a central camp, the collectors go out to posts located in the gloomy tropical forests, tap the trees, collect the sap and then condense it over wood smoke until it reaches the stage in which it becomes hard and is ready for the market. Then it is brought into camp and shipped down the river to Manaus, and from there to this port or London, the great centres of the rubber trade. How many of these rubber gatherers perish in the forests is unknown, but probably very few of them ever see their homes in Ceara again. Naturally, the River Madeira region promised great results, but how to reach it was the problem, the 210 miles of cataraacts surrounded by

WAS A GREAT SUFFERER FOR FIVE YEARS FROM DYSPEPSIA.

Dyspepsia is one of the most prevalent troubles of civilized life, and thousands of people suffer untold agony after every meal, for nearly everything that enters a weak dyspeptic stomach acts as an irritant.

The long train of distressing symptoms, which render life a burden to the victim of dyspepsia, may be promptly cured by the use of Burdock Blood Bitters. Mrs. Wm. J. Boyne, Leppau, N.B., writes—"I thought I would write and tell you of the good Burdock Blood Bitters has done me and also tell you how thankful I am."

"For five years I had been a great sufferer from dyspepsia, and tried different doctors and proprietary medicines, but could get no relief. One day a friend told me to try Burdock Blood Bitters. I did not have much hope, but I thought I would give it a trial. To-day I am completely cured, and I will always recommend it."

Burdock Blood Bitters has been on the market for about thirty-five years and is manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

Probate Court.
Estate of James G. Bryden.
Deceased died in April, 1909, intestate, and shortly afterwards his son, James Bryden, was appointed administrator. He died in July last without having administered the estate, and administration de bonis non is now granted to a daughter of deceased, Helen Milledred Bryden. No real estate. Personal, mostly leasehold, \$1,700. Heber S. Keith, proctor.



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The public cannot be too often warned against the raw alcohols that form the base of a large number of the imported spirits. These adulterated mixtures are most injurious to the health on account of the numerous impurities that they contain. If you are in need of an alcoholic stimulant, choose well matured gin: it will be found to be a real tonic; it upbuilds the system and gives the strength necessary to meet the daily demands of life.

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is a pure product, from the finest Canadian barley, corn and rye and the best quality of juniper berries. It is made distilled and aged in bonded warehouses, under Government inspection. It is a liquor that is not can be highly recommended on account of its purity and valuable diuretic action, a quality that is not possessed by any other alcoholic beverage. Like all other good things, it must be used with discrimination.

BEWARE OF IMPORTED GIN
Ask for "RED CROSS" Gin: each bottle bears the official stamp of the Canadian Government.

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It has been demonstrated over and over again that it is much harder to import liquor from the tropics than it is in the polar regions. Stanley's awful death and tale of sufferings on the Amazon valley is the heaviest in the world, not only because the tropical sun produces every insect pest and "malaria" fever that tend to make life unbearable in the tropics. The sacrifice of life in the construction of the Panama Canal is known to have been enormous, as was that in the building of the Panama-Mamora Railroad. But that does not deter men from taking the chance.

Every pound of food, clothing, and material used on the Amazon valley is carried to the railhead by the Amazon Railroad. The conditions might naturally discourage men from engaging in the enterprise, but they do not. The spirit of adventure, the desire to get out of the common rut of things, the lure of high pay, are potent factors in such undertakings, and whatever the original individuals may suffer, others later on reap the benefits.

The Amazon valley is not a white man's land, but under the eastern slope of the Andes lies a vast country of possibilities that only the privations and labors of the explorer and railroad builder—call them adventurers if you will—can ever make available for the human race. So it is that a few years from now it is probable that the sewing machine, the phonograph, the moving picture show, and other more or less useful products of civilization will be found at work in the scattered native hamlets overshadowed by the mighty ranges of the Bolivian Andes Mountains.

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I Am Willing I Can Cure

To That End I Am Giving
Worth of Money

In order to show beyond all doubt that I am in possession of a medicine that will cure kidney trouble, bladder trouble or rheumatism, I will this year give away ten thousand dollars' worth of this medicine, and anyone suffering from these diseases can get a box of it absolutely free. All that is necessary is to send me your address.

I don't mean that you are to use a part of it or all of it and pay me for it. I mean that I will send you a box of this medicine absolutely free of charge, a gift from me to the Uric Acid sufferers of the world, so I can show them where and how they may be cured. I will not expect payment for this free medicine, nor would I accept it now or later if you send it. It is free in the real meaning of the word.

For twenty-five years—a quarter of a century—I have been trying to convince the public that I have something genuine, something better than others have for the cure of kidney trouble, chronic rheumatism, for torturing kidney troubles, for annual attacks of uric acid. But it is hard to convince people—they try a few things unsuccessfully and give up all hope. Happily, I am in a position now to send you a box of it free with full directions for its use. I don't ask them to spend any money to find out; I don't ask them to believe me, nor even to take the word of a reliable person, but I ask that they allow me to send them the medicine at my own cost. That is surely fair.

To this end I have set aside ten thousand dollars, which will be used to compound my medicine. Much of it is ready now to be sent out, all of it fresh and standard. There will be enough for all sufferers, though there be thousands of them. And anyone who needs it can get some of it free. But in order that I shall know that you have a disease for which this medicine is intended, I ask you to send me some of your leading symptoms. If you have any of the symptoms in the list printed here you need my medicine and if you will write me I will gladly send you a box of it free with full directions for your use. Look the symptoms over, see which symptoms you have, then write me about as follows: "Dear Dr. I notice symptoms—here put down the numbers, give your age, full address, and send it to—"
My address is Dr. T. Frank Lynton, 305 Franklin Building, Toronto, Can.

The ten thousand dollars I am spending for the compounding of my medicine is only a part of the money I am devoting to this cause. The balance of the money I am devoting to the relief of the suffering. From my standpoint you have nothing to lose by my expense or obligation. Just tell others who you know are suffering from these diseases that you have been cured by my medicine.

I am promising to give away ten thousand dollars' worth of medicine, and I will do that. I am promising to send any sufferer who writes me a box of this medicine and full directions free of charge, and I will do that.

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