

80°, 85°, 90°, 100° and sometimes higher, even in the summer resorts ; when suffering men and women in these resorts pant and perspire and try to make themselves and each other believe they are enjoying life ; when occupants of bed-rooms like brick ovens, roll and toss, trying to woo needed sleep without success, the Yarmouth visitor is out cycling, driving, walking, playing croquet or tennis in a temperature of 67° to 70° and not "starting a hair" with the exercise ; or he is soundly sleeping under a sheet, blanket and spread in a temperature of 60°, and laying in stores of good health to draw from during the months that must intervene before his next Nova Scotia trip.

To impress more vividly upon the mind of the reader what we have said about the temperature, we give below an abstract from the records of the officer in charge of the Government Meterological Observatory at Yarmouth, for the three summer months.

	Temp. at 9 a.m.	Temp. at 9 p.m.	Highest during day.
Average for June	57 dgs.	55 dgs.	66 dgs.
Average for July	61 "	56 "	67 "
Average for August	61 "	58 "	68 "

Malaria is unknown. There are no mosquitoes or other insect pests. The water supply is from a beautiful lake of the purest spring water 16 miles in the interior. Every condition is most favorable to perfect health. Persons suffering from the enervating effects of residence in hot climates find the cool and bracing air of Yarmouth of the greatest benefit.



A MORNING'S CATCH.



PROVINCE HOUSE