

from ever reaching the market ; for all that arrives at this period, beyond the estimated demand of the fishmongers, *however fresh and good*, is thrown into the Thames, and destroyed before it reaches Billingsgate, with the consequence of raising the price of mackerel to the opulent part of the metropolis, and of excluding most of the inhabitants from a participation in this cheap and plentiful supply of food.

Regulations for affording a more certain sale to the fishermen, and more plentiful supply to the inhabitants, at reduced prices, have been since adopted, and had a good effect, but being partial, they have not been continued.

At the same time that the Committee for the Relief of the Manufacturing Poor had adopted a plan for the present relief of the metropolis in June 1812, with a view to the prospective benefit of the manufacturing and other poor throughout England, they contracted for 200 tons of corned cod; cured on our own coasts in such a way as, with a little watering, to eat almost like fresh cod. The mode recommended in preparing it for dressing was, to steep it forty-eight hours in cold water, changing the water morning and evening, and then it was to be boiled and eaten with potatoes, (and a small quantity of bacon, toasted and dropped upon it, would have been a great im-