ON GOAT ISLAND, into a shady forest, almost in its primeval simplicity, a most lovely and romantic spot of ground, affording a cool retreat in summer from the noon-day heat, beneath the dense foliage of trees abounding there, upon the trunks of which are inscribed various names and dates showing that visits were here made as early as 1769. It was, in ancient times, one of the favorite burying-grounds of the Indians. It owes its singular name to the fact that some goats placed there to pasture in 1779, perished from the cold during the ensuing winter. This Island, forming on one side a part of the precipice, commences near the head of the Rapids almost in the center of the river, dividing it so as to form the two main portions of the Falls. It covers an extent of seventy acres.

On reaching the Island we have taken the first road leading to the right and arrive

at the northwest part, upon a narrow ridge, called from its shape,

Hog's BACK from which we gain one of the finest views of the American Falls. Right in front is the small Center Fall, and the foot-bridge which leads to Luna Island, with its dwarfed and stunted trees; beyond is the serrated line of the American Fall; while the distance is filled up with the receding lines of the banks of the river below.

Descending the steps in front of us, we cross a pretty and substantial bridge over the stream that forms the Center Fall and land upon

LUNA ISLAND, a pleasant little islet well worthy of a visit. Its name came to it in connection with the weird and pleasing appearance of the Lunar bows, visible there.

THE THREE PROFILES are an irregular projection of that portion of the precipice which is formed by the west side of Luna Island, and are almost under the American Fall. They obtain their name from their remarkable likeness to three human faces.

THE CENTER FALL over which we pass on our way to and from Goat Island, although a mere ribbon of white water when seen from a short distance in contrast with the Great Falls, is by no means unworthy of notice. It is 100 feet wide, and a very graceful sheet of water. A few paces bring us to the entrance of

BIDDLE'S STAIRS erected in 1829, by Mr. Biddle, president of the United States Bank. They are firmly secured to the cliff, quite safe, and 80 feet high. The total descent from the top of the bank to the bottom is 185 feet. Descending the stairs we take the pathway to the right, and having previously donned a water-proof dress are prepared for a visit to

THE CAVE OF THE WINDS, which lies behind the Center Fall. The Cave is 100 feet high by 100 deep and 160 long, and its existence is due to the action of the waters upon the shale, leaving the more solid limestone rock overhanging. A visitor, whose impressions appeared in Harper's Magazine years ago, gives a most graphic description: "Close by the entrance you look down into an abyss of cold gray mist, driven ever and anon like showers of hail into your face, as you grope your way down the rocky slope. Haste not, pause not. Here is the platform, half-seen, half-felt amid the blinding spray. Shade of Father Hennepin, this is truly a 'dismal roaring' of wind and water. We are across—and stand secure on the smooth shaly bottom of the cave. Look up! what a magnificent arch is formed by the solid rock on the one side, and the descending mass of water on the other. Which is the solider and firmer you hardly know. Yet look again—for it is sunset—and see what we shall see nowhere else on earth, three rainbows one within another, not half-formed and incomplete, as is the scheme of our daily life; but filling up the complete circle, perfect and absolute."

THE ROCK OF AGES is the huge rock lying at the foot of the Falls in front of the Cave of the Winds.

From the foot of the staircase, the path to the left, leads toward the Horse-Shoe Fall. Portions of the rock fall occasionally, and the road is but little used, and not kept in good condition; still, one is well repaid for an attempt to get a close sight of the Great Fall from below. Returning to the bank above, and continuing the walk along the brink, the next interesting point of observation is