

of danger from the employment of hypnotics and narcotics, which only afford relief by numbing, but effect no cure. On the other hand, the formation of a drug habit rather aggravates the condition from which relief was originally sought. Neurasthenia, neuralgia and other manifestations, either of an active or passive character, are common and are always peculiarly rebellious to treatment. Cerebro-nervous affections peculiar to women associated with pathological disturbances of the reproductive organs are legion, and most trying to physician and patient. I have found nothing so well suited to these cases as Antikamnia Tablets, administered in doses of from one to three tablets and repeated every one, two or three hours according to the attendant's judgment. These tablets afford complete relief without fostering a drug habit, and their exhibition is attended with no unpleasant after-effects. For the relief of painful menstruation there is no combination of remedies so generally successful as Antikamnia & Codeine Tablets. Their sedative, analgesic and anodyne properties especially commend them in the neuralgic and congestive forms of this distressing affection."

#### NASO-PHARYNGEAL CATARRH.

BY J. G. HUTCHINSON, M.D.

The treatment of nasopharyngeal catarrh consists in local applications and in remedies that are to correct systemic states that are friendly to the development and continuance of the disease. An appropriate remedy must be one which is antiphlogistic, antiseptic and soothing. In fulfilling this demand my constant reliance for a number of years has been Glyco-Thymoline. I employ it as a spray and douche. My favorite prescription is Glyco-Thymoline one ounce and distilled water two ounces. I have the patient douche the nose and spray the pharynx thoroughly with this solution every three hours. In some cases which do not get on rapidly I give the Glyco-Thymoline solution fifty per cent. strong, though the first prescription is usually the proper strength and will bring about prompt relief if the patient earnestly co-operates with us in an effort to get well. I often do not employ any constitutional remedies because the condition is often purely local and nothing beyond topical applications are called for or are necessary. Still, when there is anemia, emaciation, chronic bronchitis or any other systemic disease or condition present, it is our duty to direct our treatment to its correction, as well as to keep up local treatment until there is no evidence of morbid condition.

Mrs. T., age 27, came to me for treatment of naso-pharyngeal catarrh. She had all the usual symptoms and declared that she was