

Medicines should never be used except upon the advice of physicians.

"The Scotch," said Secretary Wilson of the Department of Agriculture, "are certainly a witty people. Now, there was a visitor in the little town of Bowdoin who on looking about saw no children, but only grown men and women. He wondered at this and finally, meeting a weazened old man in the street, inquired, 'How often are children born in this town?'"

"'Only once,' the man replied, as he proceeded on his way."—*Therapeutic Record.*

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#### PITHY SENTENCES FROM OLIVER WENDELL HOLMES.

The 29th August was the one hundredth anniversary of the birth of Oliver Wendell Holmes. In view of the fact that the medical profession's

interest in Dr. Holmes is perennial, it seems an opportune time to publish a few short sentences from his writings:

"A good clinical teacher is himself a medical school."

"The best a physician can give is never too good for the patient."

"The less pretension you make, the better they will like you in the long run."

"It is a terrible thing to take away hope, even earthly hope, from a fellow-creature."

"Your estimate of your own ability is not the question; it is what the patient thinks of it."

"What I call a good patient is one who, having found a good physician, sticks to him till he dies."

"Physic means, properly, the natural art, and physician is only the Greek synonym of naturalist."

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