

HELP FOR WORKING WOMEN

Some Have to Keep on Until They Almost Drop. How Mrs. Conley Got Help.

Here is a letter from a woman who had to work, but was too weak and suffered too much to continue. How she regained health:

Frankfort, Ky.—"I suffered so much with female weakness that I could not do my own work, had to hire it done. I heard so much about Lydia E. Pinkham's Vegetable Compound that I tried it. I took three bottles and I found it to be all you claim. Now I feel as well as ever I did and am able to do all my own work again. I recommend it to any woman suffering from female weakness. You may publish my letter if you wish."—Mrs. JAMES CONLEY, 516 St. Clair St., Frankfort, Ky.



No woman suffering from any form of female troubles should lose hope until she has given Lydia E. Pinkham's Vegetable Compound a fair trial.

This famous remedy, the medicinal ingredients of which are derived from native roots and herbs, has for forty years proved to be a most valuable tonic and invigorator of the female organism.

All women are invited to write to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for special advice.—It will be confidential.

Guide-Advocate

Watford, Ont.

PUBLISHED EVERY FRIDAY
Subscription \$1.50 per annum in advance, \$2.00 in advance to the United States.

ADVERTISING RATES.

YEARLY CONTRACT
1500 inches 8 cents per inch.
1000 inches 9 cents per inch.
500 inches 10 cents per inch.
Short periods 12 cents per running inch.

Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Tuesday noon.

LOCAL ADVERTISING—First insertion per line, 10 cents; subsequent insertions 5 cents each time per line. Advertisements without specific directions will be inserted till forbid and charged accordingly.

HARRIS & CO.
PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS.

WATFORD, JUNE 8, 1917

Wet Days

Gray sodden clouds obscure the sky; the damp earth has no chance to dry; the east wind murmurs and complains, and every hour or two it rains. The water's dripping from the eaves; the soul of man within him grieves; he takes the pessimistic view, and all the outlook makes him blue. "Cheer up," I cry, with sunny smile, "these wholesome rains are all the style. They'll make the wheat and pumpkins thrive, and keep the garden sass alive. They'll bring us bumper crops of corn, as sure as you are born. They'll fill the mow and crib and barn!" He says, "I do not care a darn. I've had enough of rain in mine. I want the good old sun to shine. My heart like yours, is much rejoiced, when nature sends some water moist, refreshing all the things that grow, but what's the use, I'd like to know, of keeping up this moisture graft, until a fellow needs a raft?" I cannot think of a reply; and still I say, with beaming eye, "Cheer up, cheer up! The rain is fine! It's good for squash and pumpkin vine!"

Large oranges are more economical than small ones, because half of a large orange is enough to serve one person at breakfast.

ZAM-BUK

Purely Herbal—No poisonous coloring
Antiseptic—Stops blood-poison
Soothing—Ends pain and smarting, etc.
Pure—Best for baby's rashes.
Heals all sores.

50c. box. All Druggists and Stores

To Get Rid of Crows

Mr. Chas. Richardson, Sr., has drawn our attention to the following plan of getting rid of crows, vouched for by Mr. G. N. Payne of Victoria County, Ont. Mr. Payne writes:—"As the time is near for corn planting, farmers will be trying out different ways of baffling crows. I have used poisoned eggs for the last six years, and am satisfied that I have not lost six hills of corn in that time. About six eggs are enough for a large field. It is not necessary that they be fresh. I put a small hole in one end with a penknife and then work in what strychnine I can lift on a pen point. I place the egg hole end up in the part of the field that the crows are most likely to frequent. It is just as efficient for any kind of crop as it is for corn, for there is nothing that crows are as fond of as eggs.

We were troubled for some years with cotton-tail rabbits, and we tried the strychnine on pieces of sweet apples. It never missed. Just as sure as we put the apples out at night we found the rabbits dead in the morning.

Don't think you have to poison all the crows. If one gets it that will suffice, no more will light on the field. Two years ago we would have lost five acres of peas if it had not been for the poisoned eggs."

Catarrh Deafness Cannot Be Cured by local applications, as they cannot reach the diseased portion of the ear. There is only one way so cure catarrah deafness, and that is by a constitutional remedy. Catarrah deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result. Unless the inflammation can be reduced and this tube restored to its normal condition, hearing will be destroyed forever. Many cases of deafness are caused by catarrh, which is an inflamed condition of the mucous surfaces. Hall's Catarrh Cure acts thru the blood on the mucous surface of the system. We will give One Hundred Dollars for any case of Catarrah Deafness that cannot be cured by Hall's Catarrh Cure. Circulars free. All Druggists, 75c. F. J. CHENEY & Co., Toledo, O.

Not "The Old Man."

An American exchange publishes the following worth-while sketch: "He may wear a last year's straw hat, his fingers may need manicuring, his vest may hang a little loose; and his trousers bag at the knees; his face may show signs of a second day's growth; and the dinner bucket he carries may be full of dents and doughnuts, but don't you call him the 'old man.' He's your father. For years and years he has been rustling around to get things together. Never once has he failed to do the right thing by you. He thinks you are the greatest boy on earth, bar none, even though you do plaster your hair back, wear smart clothes, smoke cigarettes and fail to bring home a cent. He is the man who won the love and a life partnership of the greatest woman on earth—your mother. He is some man and not the 'old man.' If you win as good a wife as he did, you'll have to go some, my boy—go some."

Pills That Have Benefited Thousands.—Known far and near as a sure remedy in the treatment of indigestion and all derangements of the stomach, liver and kidneys, Parmelee's Vegetable Pills have brought relief to thousands when other specifics have failed. Innumerable testimonials can be produced to establish the truth of this assertion. Once tried they will be found superior to all other pills in treatment of the ailments for which they are prescribed.

Extra Profit From Selected Cows

One remarkably satisfactory result of keeping simple dairy records, yields of milk and cost of feed, is the knowledge gained that cows of good dairy type do repay the cost of extra feed.

One example may be given. Not far from St. Hyacinthe, Quebec, one hundred oows produced 104,854 pounds of milk more during 1916 than one hundred did in 1915. The 1915 records showed that ten were not paying so they were beefed, and again in 1916 eleven were sent to the block, being replaced by better milkers. Better feeding contributed largely to the above noted big increase in milk yield: more corn was fed, more clover and a little higher meal ration.

The value of the extra feed was \$605.00; this produced more milk to the value of \$1,677.66, so that the extra clear return was \$1,072.66, and the cows were in much better

condition.

Dairy records help to select good cows and to ensure larger profit. Write the Dairy Commissioner, Ottawa, for free milk and feed record forms.—Dept. of Agriculture.

Quakers in the Firing Line

What the Quakers are doing in England and their attitude toward the war is explained in a communication to the Philadelphia Ledger by a prominent English Quaker, in answer to some charges made against the society by an American writer. He admits that there are at the present time between fifty and sixty English Quakers serving terms of imprisonment because of their refusal to take part in any work connected with the war. On the other hand, there are now about 300 young Friends serving in the army and navy. These men were for the most part volunteers, and though their numbers will be reduced by death and wounds, there will be heavier reinforcements from among conscientious Quakers who have greater conscientious objections to serving prison sentences than to killing Germans.

A Notable Tribute

The New York Tribune, one of the greatest of American newspapers, printed in a recent issue, the following remarkable tribute to the achievements of Canada in the war:

"Canada's part in the war is one of the most brilliant chapters in the world's history.

"In two years and a half a nation of eight million, trained in the arts of peace, indifferent to the manoeuvrings of war has become a big factor on the battlefield and in the financial operations on which military success is based.

"This peaceful energetic neighbor of ours decided to raise an army of 50,000, increased it to 400,000, and is now aiming at 500,000 with a certainty of success.

"A year before the war Canada's trade balance was \$430,000,000 on the wrong side; its exports for the present year exceed its imports by \$345,000,000. Though not fully developed industrially, the Dominion has been able to provide fully for its armies, to manufacture munitions for its allies, finance the payments to raise millions for war relief and to participate in British loans.

"Starting out with a loan on the mother country, Canada soon found as the result of interior reforms forced by the war that she could pay her own way and this she is doing ungrudgingly."

Asthma Victims. The man or woman subject to asthma is indeed a victim. What can be more terrifying than to suddenly be seized with paroxysms of choking which seem to fairly threaten the existence of life itself. From such a condition Dr. J. D. Kellogg's Asthma Remedy has brought many to completely restored health and happiness. It is known and prized in every section of this broad land.

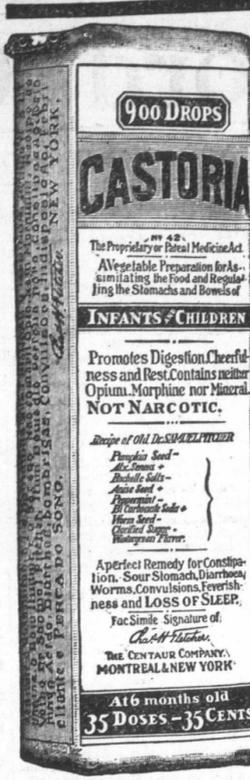
Good For Man And Beast

Kendall's Spavin Cure has now been refined for human use. Its penetrating power quickly relieves swellings, sprains, bruises, and all forms of lameness. It is just what you need around the house. Write for many letters from users to prove its effectiveness.

Kendall's Spavin Cure

—has been used by horse-men, veterinarians, and farmers for over 35 years. Its worth has been proved, for spavin, splint, curb, ringbone and the many other hurts that come to horses.

ONION LAKE, SASK., April 22nd, 1915.
"Kendall's Spavin Cure is about the best all-round liniment for both man and beast that I know."
THE HOBSON'S BAY COMPANY.
Get Kendall's Spavin Cure at any druggist's. For horses \$1. bottle, 6 for \$5. Refined for man 50c.—6 for \$2.50. "Trustee on the Horse" free from druggist or write to Dr. R. J. KENDALL CO. Enosburg Falls, Vt. U.S.A.



CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria

Always Bears the Signature of

Dr. J. C. Hatcher

In Use For Over

Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

Exact Copy of Wrapper.

When you build your new cottage or bungalow or fix up the old one—even if it's nothing more than a job in the attic—it will pay you to look into Beaver Board.

If you want better walls and ceilings—warmer in winter, cooler in summer, sanitary, durable, beautiful in their decorative effects and free from cracks—nothing will satisfy you so well as the original, pure-wood-fibre Beaver Board.

Be sure it's Beaver Board. Look for the Beaver trade-mark on the back of every panel.

BEAVER BOARD

In new work, Beaver Board is nailed direct to the studding, joists and "headers." In remodeling it is nailed right over the old plaster.

MADE IN CANADA



A Beaver Board room is finished by painting, after the board is on the walls. Then decorative wood strips are applied over joints in a pleasing panel design.



Est. 1870. G. CHAMBERS EST.

Spring House-cleaning Days

These days are near at hand, and no doubt you will be adding a few pieces of Furniture to your home. Perhaps it will be some Chairs, a Table, a Buffett, a Bedroom Suite, a Spring and Mattress, or something for your parlor.

When you are making these purchases be sure to come to this store and see our Complete Stock, bought before the advance in prices.

Agents for Mason & Risch Pianos, Gramophones, String Instruments, Sheet Music, Edison Records, &c., and all kinds of repairs. New and second hand sewing machines and all supplies.

HARPER BROS.

FINE FURNITURE MUSICAL INSTRUMENTS UNDERPAKERS

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We Do All Kinds of Printing