

FREE ADVICE TO WOMEN

Women suffering from any form of illness are invited to promptly communicate with Mrs. Pinkham at Lynn, Mass. All letters are received, opened, read and answered by women. A woman can freely talk of her private illness to a woman; thus has been established this confidence between Mrs. Pinkham and the women of America which has never been broken. Never has she published a testimonial or used a letter without the written consent of the writer, and never has the Company allowed these confidential letters to get out of their possession, as the hundreds of thousands of them in their files will attest.



Out of the vast volume of experience which Mrs. Pinkham has to draw from, it is more than possible that she has gained the very knowledge needed in your case. She asks nothing in return except your good will, and her advice has helped thousands. Surely any woman, rich or poor, should be glad to take advantage of this generous offer of assistance. Address Mrs. Pinkham, care of Lydia E. Pinkham Medicine Co., Lynn, Mass.

Every woman ought to have Lydia E. Pinkham's 80-page Text Book. It is not a book for general distribution, as it is too expensive. It is free and only obtainable by mail. Write for it today.

Guide-Advocate

Watford, Ont.
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Guide-Advocate

HARRIS & CO. PROPRIETORS

WATFORD, NOVEMBER 17, 1911.

NOTE AND COMMENT.

A New Jersey man died suddenly of heart failure while felling a tree which was planted the day he was born, by his father.

The victory of Canadian wheat over the wheat of the two Americas is gratifying as a tribute to the fine agricultural qualities of the keen western climate.

The laymen's missionary movement is an indication of the growing attention of busy men to religious duties. The missionary convention held in London was one of the really significant gatherings of the year.

Five awards to Canadians by the Carnegie Hero Fund Commission, two of them to men who gave up their lives trying to save others. That fund is a recognition of true nobility.

Canada is credited with consuming 12 litres of beer per capita per annum. The United States consumes 46 litres, Belgium 221 litres, and Bavaria 240 litres. A litre is 0.22 of a gallon.

Every Woman
is interested and should know about the wonderful
MARVEL Whirling Spray
The new Vaginal Spray. Best
—Most convenient—It cleans
instantly. Ask your
druggist for it.

If he cannot supply the
MARVEL, accept no other,
but send stamp for illustrated
book—sent. It gives full partic-
ulars and directions invaluable to ladies.

WINDSON SUPPLY CO.
Windson, Ont. General Agents for Canada.

Canada is now fifth among the wheat growing countries of the world. Last year she was seventh. The countries showing the greater production are: the United States, Russia, British India and France in the order named.

Canada now has a woman publisher. Mrs. Andrew T. Hind, a Lindsay girl, has continued the publication of the Rosthern Enterprise since her husband's death, and has an increasing circulation and advertising patronage to her credit.

There should be no sympathy for the impersonator at Chatham who has been sentenced to six months for illegal practices in the Federal elections. On whatever side such offences occur, they are not to be condoned by law-abiding people.

The growth of rural Ontario is far from satisfactory. There were 344,753 more of the people living in cities or towns of over 4,000 in June than there were ten years ago, and 7,798 fewer people living on the farms and in the small villages. There is a need for a "back to the land" movement. The increase in the cost of living goes to show it.

Farmers who petitioned for free rural mail delivery should keep up the agitation till they secure the desired boon. Having mail matter delivered at the front gates is something that farmers can be united on. Keep up the B. F. D. question before the members of Parliament and you will soon accomplish your object.

The court records of St. Louis shows the development of a new kind of kissing. A woman sued a man for kissing her. And the testimony brought out that the kiss was not kissed. The woman had a premonition that the man was going to kiss her. But he had no premonition as to the kiss or the subsequent suit. The judge mercifully discharged the culprit, who may be still wondering whether he was sued because of the premonition or because he disappointed it.

Education in Ontario.

(Thamesville Herald.)

For years it has been the proud boast of this province that it has the highest standard of education in the world. It may or may not be a fact, but it certainly is an indisputable fact that in order to pass the examinations both in the Public and High schools, children have to go through that "cramping" process.

Cramping is and always has been a fake. True, a certain amount of the knowledge acquired during the cramping process sticks, but it is often only a smattering and its value is questionable. Furthermore, in order to get a smattering of many things, essentials are often neglected, and thus we have boys and girls who have passed the Entrance, and often the Leaving, exams., using that horrible imitation of a word "ain't" as though it were "English undefiled," not to mention the confident way in which they will announce that they "seen" so and so, apparently quite ignorant of their error.

And to this system of cramping is due to the homework evil—for an evil it assuredly is. As we stated last week the main business of a child until it reaches the age of 14 or 15 is to lay the foundation of a strong healthy body. The acquiring of an education is of secondary importance. According to the modern theory a man or woman should not work more than eight hours a day. The Ontario Government works its clerks only eight hours. Yet under our present educational system young children are forced to work six hours a day in school and anywhere from two to four hours each night—this at a time when the body and the brain are tired and should be resting. What is the result? Almost every other child one meets on the street is wearing glasses; nervous diseases are on the increase; and physical and mental breakdowns among children are becoming quite common. The whole cramping system is ridiculous from start to finish.

Investigation has discovered the fact, however, that the homework evil is not by any means confined to Thamesville. While discussing the matter the other day with a mother in a distant city she exclaimed: "I spend all my evenings teaching that

boy," indicating a youngster of eight. "I sometimes wonder what the teachers are for." Granted, then, that the homework evil is Provincial, is it not possible to apply local remedies? Our Women's Institute have just been discussing "Fletcherism." Would it not be wise to Fletcherize learning in our Public school. Everyone knows that the body receives far more real nourishment from a small dinner, eaten slowly, carefully masticated, and thoroughly digested, than it does from an eight course dinner swallowed hurriedly, with all the uncomfortable effects that are sure to follow. Take arithmetic for example. Two or three examples worked out on the blackboard, and the whys and the wherefores thoroughly explained to the pupils would be of far more real value to a child than ten or a dozen worked out in a sort of hit-or-miss style at home, at an hour when the brain and body are both weary. The same rule applies with equal force to other subjects.

There is certainly something wrong somewhere and the sooner the matter is taken up the better it will be for the health and education of the children.

The Merchants Bank have opened a branch at Wallaceburg.

Mrs. Fletcher has bought from Jas. Peat, the property directly west of Dale's drug store, Petrolia, for \$1500. It is understood that Mrs. Fletcher will build a two storey building on this property and a three storey building on the double lot next the Fletcher House in the spring.

SURE REGULATORS.—Mandrake and Dandelion are known to exert a powerful influence on the liver and kidneys, restoring them to healthful action, inducing a regular flow of the secretions and imparting to the organs complete power to perform their functions. These valuable ingredients enter into the composition of Parmelee's Vegetable Pills, and serve to render them the agreeable and salutary medicine they are. There are few pills so effective as they in their action.

Mr. John Sheppard and son, William, formerly of Bothwell but lately of Winnipeg, have purchased 600 acres of land just east of Petrolea from Messrs. Kerr & McCort. It is the intention of the new proprietors to use the land as a large stock farm.

They Keep the whole system in the pink of condition.

Their singular curative properties discovered by an Indian tribe—introduced to civilization nearly a century ago—founded since 1857 in the Comstock Laboratories at Brockville, Ontario.

Dr. Morse's Indian Root Pills

have a remarkable record for consistently curing constipation, biliousness and indigestion, purifying the blood, banishing headaches and clearing the skin. 25c a box everywhere.

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WEBSTER'S NEW INTERNATIONAL DICTIONARY
THE MERRIAM WEBSTER
The Only New unabridged dictionary in many years.
Contains the *pih* and *essence* of an authoritative library. Covers every field of knowledge. An Encyclopedia in a single book.
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400,000 Words, 2700 Pages.
4000 Illustrations. Cost nearly half a million dollars.
Let us tell you about this most remarkable single volume.

Write for sample pages, full particulars, etc. Name this paper and we will send free a set of Pocket Maps.

G. & C. Merriam Co.
Springfield, Mass.

900 DROPS

CASTORIA

Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of

INFANTS CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Recipe of Old Dr. SAMUEL PITCHER

Painful Swell-
ing of the
Throat
Croup
Whooping
Cough
Sore
Throat
Hoarseness
Influenza
Whooping
Cough

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

The Simple Signature of
Chas. H. Fletcher
NEW YORK.

16 months old
35 DROPS—35 CENTS

EXACT COPY OF WRAPPER.

CASTORIA
For Infants and Children.
The Kind You Have Always Bought Bears the Signature of *Chas. H. Fletcher* In Use For Over Thirty Years **CASTORIA**
THE CENTAUR COMPANY, N.Y. CITY.

ROUGH AND DRESSED LUMBER

Lap and Matched Siding, Doors, Sash, Lath, Mouldings Shingles, Posts &c.

GEORGE CHAMBERS WATFORD.

Custom Matching, Dressing and Turning done on Short Notice.

Electric Light Plant in Connection
Order Your Coal Now.

It is up to You

To protect your family from the ravages of disease and infection; and the rigors of winter; to make your home the abode of Health and Happiness.

Statistics tell us that there were over 250,000 deaths in North America last year from Fever and Pneumonia; over 97 per cent. of these cases were traceable to out-door closets, and all were the result of insanitary conditions.

Are you going to allow this terrible death rate to continue.

Why not Insure Health by Installing
A "Parkyte" Sanitary Chemical Closet

Absolutely Sanitary and Odorless; carries the endorsement of Physicians and Health Officials, and our own Iron-clad guarantee. Requires no expensive water system; no plumbing; no sewage. Can be installed in any part of your home at the cost of a few minutes of your spare time; lasts a lifetime, and

Costs Less Than a Cent a Day

"Parkyte" Chemical has been proved by Bacteriological test to be the most powerful Disinfectant, Deodorant, and Germicide, known to Science.

The "Parkyte" Sanitary Chemical Closet
is sold by J. McKERCHER, Watford, Ontario.
A Call there will convince you. No further argument will be necessary.

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PAINTER and DECORATOR
Specialist in Hand Painted Decorations.
The Best Work at Reasonable Prices. Estimates Furnished
A COMPLETE LINE OF
Samples of WALL PAPER on Hand.
When you have work in his line let him figure on it.

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