

## In the Realms of Sport

### TRAINING FOR FOOTBALL.

#### An Expert Soccer Player.

Football, too, will make you a better man. It is a game of skill and strength, and the player who is able to do it practically every day will be a better man than one who is not. It is a game of skill and strength, and the player who is able to do it practically every day will be a better man than one who is not.

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cricket according to the season—and now things have changed. Lawn tennis is now a game, and a very vigorous one at that, especially if played vigorously. It requires more stamina than rugby, because one has to be fit enough to play not for one and a half hours, say, twice a week, but for that period for several times a day, and for six days a week when one is competing in tournaments.

Besides needing stamina, a lawn tennis player requires skill and brains. The beauty of the game is that the older a player gets the more he is able to bring his brains and experience into use. Before dealing with the game itself I would like to point out a disgrace—as it was considered in my school days—to be seen carrying a tennis racket.

At the schools in the United States, lawn tennis has become a religion. Quickness of the eye is developed, and it also brings into play nearly every muscle in the body, making the player supple and firm. Freedom of wrist and lightness of foot are thereby maintained.

(To be continued.)

### B.L.S. ATHLETIC ASSOCIATION.

#### Arranging For Season's Activities.

Immediately after Last Mass yesterday the members of the B.L.S. Athletic Association held a meeting in the Club Rooms for the purpose of outlining the season's activities and electing officers for the coming season. By popular acclaim, Mr. W. J. Higgins was appointed Honorary President and balloting for the offices of Chairman, Vice-Chairman, Treasurer and Secretary was commenced and resulted as follows:—

Chairman—Mr. W. B. Skinner. Vice Chairman—Mr. E. J. Phelan. Treasurer—Mr. Allan Doyle. Secretary—Mr. C. I. Merner. Mr. J. P. Crotty acted as Chairman. It was announced that Mr. J. M. Tobin would be putting a B.L.S. rowing crew on the pond for the Regatta, and the announcement was received with hearty applause. It is expected that the crew will make a good showing as there is some splendid material in the Society's ranks.

A proposal to hold a dance for the purpose of augmenting the Association's funds was heartily received and was carried unanimously.

Mr. E. J. Phelan was appointed Convenor of the football meeting to be held Tuesday night when the officers of the team, including League Delegate, will be elected. There being no further business the meeting adjourned until next Sunday.

### JUNIOR FOOTBALLERS MEET.

#### Very Little Business Done.

The meeting of the Junior Football

## A Story of a Reckless Young American who Married a Chinese Maiden, Brought Her Home to Face the Girl He Formerly Wooed



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**"JAVA HEAD"**  
A GEORGE MELFORD PRODUCTION

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## "JAVA HEAD"

Seventeen in caste, including four stars—Leatrice Joy, Albert Roscoe, Jacqueline Hogan, Geo. Fawcett.

Voted the most notable production up to the time it was released.

World experts designated "Java Head" the greatest drama and soul-stirring photoplay to date. A feature recommended by Mr. Cameron Geddies, recently billed in the high-priced theatres in New York, Boston, Philadelphia, Chicago, Montreal.

AT THE MAJESTIC TO-DAY

## Miss McShane

— AND —

## Miss Habel

In their second high-class Violin and Singing Act.

### PROGRAMME:

- 1.—"My Hula Dream Girl." Contralto, Miss McShane; Violin Obligato, Miss Habel.
- 2.—"Little Town in the Old County Down"—By Sanders. Contralto Solo.
- 3.—"Spanish Dance"—Mozzkouski. "Medley Popular Airs"—Violin Solo.
- 4.—"In the Evening"—Donaldson. Contralto and Violin. Finale.

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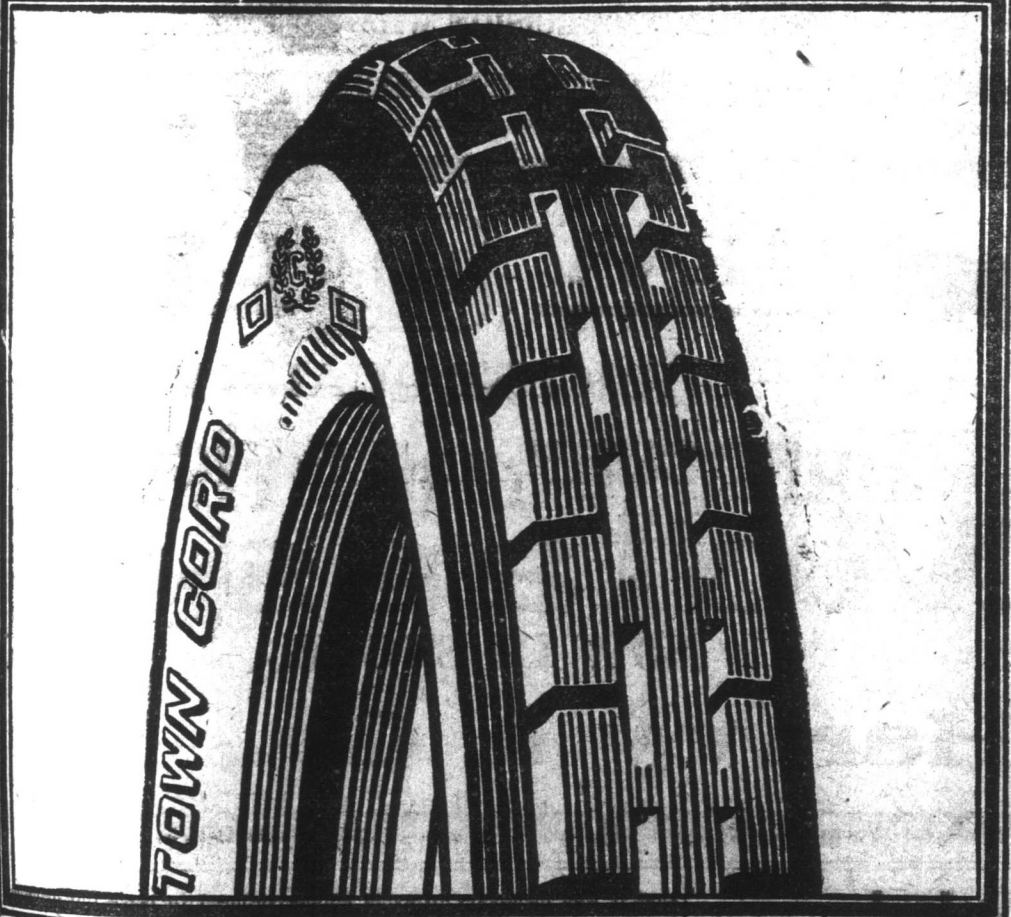
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**GOODRICH**

League held on Saturday night was adjourned as no reply has yet been received from the Senior League as to St. George's Field this year. It is understood the League is holding a meeting to-night, when it is likely the matter of the field will be discussed.

### LOCAL BOXERS IN TRAINING.

The boxers entering the July tournament against the battleships go into training Thursday night at the C.L.B. Gymnasium under Mr. Arthur Johnson.

In view of the fact that two men will be chosen in each class from the city, we understand there are still several vacancies open to anyone caring to enter and take part in the training and we would advise our young talent to take advantage of this special opportunity of perfecting themselves in the manly art.

A strenuous and comprehensive programme has been laid down for the

competitors, and it is determined that it will not be from lack of condition at any rate, if our men do not come out on top.

### BEST KNOWN HORSE IN NORTH AMERICA.

#### Dies At The Age Of 52.

Clover, the oldest horse in North America, so frequently featured in S.P.A. publications exemplifying what care and attention may do to lengthen the life of animals, died last week, full of honors at the age of 52. His bones will be given to the American Museum of Natural History, and a monument will be raised to the memory of the distinguished old fellow.

### Shipment of Granite

#### FOR NEW WAR MEMORIAL ARRIVES.

The S.S. Alconda arrived from England 1 p.m. Saturday, with a shipment of granite for the Newfoundland War Memorial. The ship berthed at Messrs. Harvey & Company's premises, when the work of discharging began almost immediately. A number of longshoremen volunteered to unload the material and bring it to the site of the Memorial. By 2 p.m. everything was in readiness, and with the assistance of motor trucks, kindly loaned by City Council Road Commission, Colonial Cordage Co. and A. E. Hickman, including single and double teams belonging to C. F. Lester, the work was carried on without a hitch. The 357 pieces, which constituted 90 tons of granite, had been safely removed to King's Beach by 7 p.m.

### Concert on Board

#### S. S. Digby

COLLECTION REALIZED HAND-SOME SUM.

While the Digby was on her way from Halifax to this port, a concert was held on Saturday night, which proved very enjoyable. Hon. W. J. Ellis presided and was supported by Mr. F. W. Bradshaw. The programme for the evening was under the direction of J. B. Whitford, the ship's pianist, and rendered as follows:—Song, T. F. Davis; Recitation, Mrs. A. F. Baker; Song, Mr. Tilton; Humorous Song, Mr. O. Pritchard; Song, Dr. Cashin; "Nothing at all," Miss B. S. Fleet; Song, Mr. Clouston; Mr. Lydon, Humorous Song; Mr. Pritchard, Chairman's remarks. Following the concert a collection was taken up by Mr. Bradshaw, which netted \$35.00, which will be devoted to the Permanent Marine Distasters' Fund, and the balance to the Liverpool Seamen's Orphan Institution. After the serving of refreshments, the affair concluded with an enjoyable dance.

### Card Party and Dance

#### T. A. LADIES' AUXILIARY.

The Ladies' Auxiliary of the T. A. & B. Society are holding a card party and dance in the Armories tomorrow night; the proceeds for which will go to the aid of the T. A. Athletic Association. The ladies have an enviable reputation for entertainment of this kind, and this, coupled with extra attractions by the members of the Athletic Association, should make the affair one of the best for the season. The C. C. C. Orchestra will furnish the dance music.

## Don't Say— "Just a Sore Throat"

IN a few days, you know, "just a sore throat" may be something much more serious. For science has proved that the throat is not only the first spot reached by infectious germs, but also forms the ideal soil for them to multiply on.

Throat protection, therefore, means germ destruction and is a duty that you owe your health. It is easily achieved by the regular use of Formamint—the germ-killing throat tablet.

Formamint (which is endorsed by over 5,000 American physicians) is the scientific way of disinfecting the mouth and the throat. Handy to have with you—pleasing in taste—it frees an efficient germicide that mixes with the saliva and so reaches where gargles cannot go.



And a tablet taken occasionally during the day, not only brings grateful and immediate relief from "sore throat"—but affords protection against even more distressing ailments that so often follow infection of the throat linings at all druggists.

**Formamint**  
THE GERM-KILLING THROAT TABLET

GERALD S. DOYLE Distributor.

## CONCEPTION BAY SERVICE

### S.S. "PAWNEE"

Leaves Carbonear on Mondays, Wednesdays and Fridays, at 7.20 a.m., and Harbour Grace on Tuesdays, Thursdays and Saturdays, at 7.20 a.m. for Portugal Cove, via Bell Island. Returning, leaves Portugal Cove each evening 4.30 p.m. (Sunday excepted) for Bell Island, Harbour Grace and Carbonear.

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AMERICA'S MOST FAMOUS DESSERT.

This new dessert has proved a delightful surprise to all who have tried it. In flavors of

Orange, Lemon, Raspberry, Strawberry, Chocolate and Cherry.

It comes to you in sealed packages as fresh and wholesome as the day it leaves the factory.

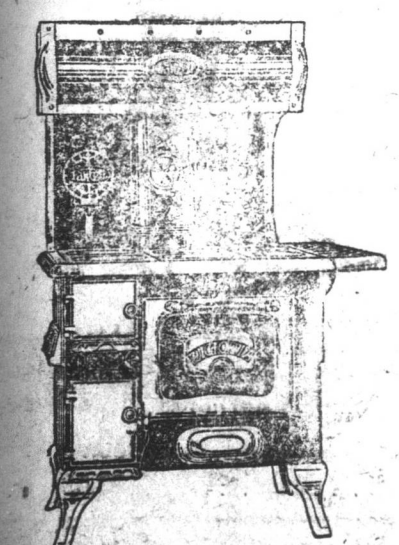
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