

**CONSTIPATION** is the most common ailment of the age, one responsible for many serious and often fatal diseases.

**"RIGA"**  
PURGATIVE WATER

is the safest, surest and most economical remedy for its cure. It flushes the intestines and removes the accumulated waste matter which undermines health and endangers life.

On Sale everywhere: 25 cents the bottle.

RIGA PURGATIVE WATER CO. MONTREAL

**SMOKE TACKETTS**  
**T&B CUT**

**To the Men at Home.**

No war is won by cannon fire alone; The soldier bears the grim and dreary role; He dies to serve the flag that he has known; His duty is to gain the distant goal, But if the toiler in his homeland fair Falter in faith and shrink from every test If he be not on duty ever, there; Lost to the cause is every soldier's best.

The men at home, the toiler in the shop, The keen-eyed watcher on the spinning drill Hear no command to vault the trench's top; They know not what it is to die or kill, And yet they must be brave and constant, too, Upon them lies their precious country's fate; They also serve the flag as soldiers do, 'Tis theirs to make a nation's army great.

You hold your country's honor in your care. Her glory you shall help to make or mar; For they, who now her uniform must wear Can be no braver soldiers than you are. From day to day, in big and little deeds, At bench, or lathe or desk or stretch of soil, You are the man your country sorely needs! Will you not give to her your finest toil?

No war is won by cannon fire alone. The men at home must also share the fight, By what they are a nation's strength is shown, The army but reflects their love of right. Will you not help to hold our battle line, Will you not give the fullest of your powers, In sacrifice and service that is fine, That victory shall speedily be ours.

**THE COINAGE OF WAR WORDS.**  
A Few of the Many New Terms Added to Our Language.

It is obviously impossible in limited space to mention more than a few of the more striking words which the war has given us, says an English writer. Let me begin with one in very common use, "camouflage." I cannot remember any instance of a foreign word so peculiarly un-English as this not only being so rapidly and universally adopted but also being so rarely mispronounced. I still often overhear knots of men who in their talk about the war refer to the Kaiser, and the utter anglicization of French battle names by public house

military experts is perhaps the most charming feature of their discussions; but "camouflage" remains as French in sound in this country as in its own, and every one uses it. Here, however, it has become so elastic as to be the recognized term for any kind of pretence whatsoever.

Another French word which also gets its full value in the Anglo-Saxon mouth is "barrage"; but "barrage" has no general usage. The word "raid" is as old as the Scottish border, but will never again be employed, I imagine, except in association with attacks by air. At first we always said "air raid," but now "raid" alone is sufficient. Should the enemy find any other way of hitting at the heart of us there will be another word than "raid" to describe his efforts. And to these I would add that early flower of Armageddon speech, "moratorium," which for a while most of us took to be the name of a new liner.

Perhaps the most notable slang phrase that the war has produced is "to get the wind up," meaning to upset, or "rattle," or put the fear of God into. But I speak only from the point of the homekeeping observer, aware merely of such expressions as get into London parlance. Soldiers on active service no doubt could supply columns of new terms.

**THE ROYAL SILVER WEDDING.**

King George and Queen Mary Will Celebrate 25 Years of Married Life.

The ninth year of King George's reign, which has just opened, will be marked by an event that has not occurred for well over a century—the celebration by a British monarch and his consort of their silver wedding while still on the throne, says a London despatch. The anniversary falls in the middle of July, and although the war will necessarily interfere with the commemoration of the day, arrangements already are in progress to mark the completion of the quarter century of married life.

The City of London, for instance, is raising funds which will be placed at their majesties' disposal for distribution among various war charities, and many other communities will follow this example.

While presents from public bodies will mostly be of this nature, it is probable that the Queen's bridesmaids will be permitted to give a personal gift. When King Edward and Queen Alexandra celebrated their silver wedding, the latter's attendants presented their autographs, bound in a silver book, enshrined in a silver casket of Danish work.

As was the case then, Queen Mary's bridesmaids are all alive to-day, though not all in England. They number ten—the Queen of Norway, the Queen of Spain, the Crown Princess of Sweden, Princess Victoria, three daughters of the Duke of Edinburgh, Princess Patricia, Princess Helena and Lady Louisa Mountbatten.

**HUN BRUTALITY TO PRISONERS.**  
German Gloats Over Shooting of Wounded British Captives.

Another account of German barbarity to prisoners comes from Switzerland. A neutral, formerly living in Berlin, met a sergeant in the German army who had seemed humane in the old days when he was a music teacher, but now gloated over the manner in which he and his companions had marched a large detachment of British wounded through Germany. The captives were mounted, the prisoners afoot, trudging 25 to 30 miles a day. "When they lagged," the sergeant said, "we drew our revolvers and shot them down. Out of 900 only 170 arrived at our destination. That is war. Our German principle is to get peace quickly, and we must wage war ruthlessly. Those are our orders."

**Not His Turn.**

The Scottish character is a compound of vices and virtues in which "thrawnness" (Anglice "obstinacy") and modesty are strongly represented. The other day an officer was bidding good-bye to one of his men who had been awarded the D.C.M., and who had, in consequence, been granted ten days' leave. "Well, corporal," said the officer, "it's a proud mother that'll be waiting to greet you when you get home this time."

"What'll she be proud for?" queried the corporal, with a puzzled expression.

"Of your medal, of course," was the answer.

"But I don't think she knows. I've got it, sir," said the corporal.

"What! Haven't you told her?"

"Well, no, sir. You see it wasn't my turn to write."

Cuttings of chrysanthemums made now will make good plants for autumn flowering.

"A woman's insight is sometimes worth a life's experience."—Oliver Wendell Holmes.

**Designs for Summer Wear**



There are very good lines to this Princess slip. McCall Pattern No. 8197, Ladies' Three-Piece Princess Slip. In 5 sizes, 34 to 42 bust. Price, 20 cents.



Daintily simple is this corset cover and petticoat. McCall Pattern No. 8345, Ladies' One-Piece Corset Cover. In 5 sizes, 34 to 42 bust. Price, 15 cents. No. 8117, Ladies' Three-Piece Petticoat. In 7 sizes, 22 to 34 waist. Price, 20 cents.

**GIRLS! WHITEN SKIN WITH LEMON JUICE**

Make a beauty lotion for a few cents to remove tan, freckles, sallowness.

Your grocer has the lemons and any drug store or toilet counter will supply you with three ounces of orchard white for a few cents. Squeeze the juice of two fresh lemons into a bottle, then put in the orchard white and shake well. This makes a quarter pint of the very best lemon skin whitener and complexion beautifier known. Massage this fragrant, creamy lotion daily into the face, neck, arms and hands and just see how freckles, tan, sallowness, redness and roughness disappear and how smooth, soft and clear the skin becomes. Yes! It is harmless, and the beautiful results will surprise you.

**Unlicensed Eating Houses Illegal.**

On and after Saturday, June 1st, it becomes illegal for restaurant keepers to remain in business unless they have a license from the Canada Food Board. This applies also to boarding houses, serving twenty-four meals per day to outsiders, other than the household or members of the family.

**Hard on the Lions.**

The Rev. Charles H. Spurgeon's keen wit was always based on sterling common sense. One day he said to one of his sons: "Can you tell me the reason why the lions didn't eat Daniel?" "No, sir. Why was it?" "Because the most of him was backbone and the rest was grit."

**Increased Garden Acreage.**

Mr. F. Abraham, Honorary Chairman of the Vacant Lot and Home Garden Section of the Canada Food Board, estimates an increased garden acreage of at least 200 per cent. over that of last year. Great efforts will have to be made to can, dry and store the surplus stock.

**Keep Minard's Lintment in the house.**

Save bacon until Berlin is taken.

Before putting delicate colored garments in the wash dip them in a pail of water containing a tablespoonful of turpentine and dry. This insures fast tints.

**LIFT YOUR CORNS OFF WITH FINGERS**

How to loosen a tender corn or callus so it lifts out without pain.

Let folks step on your feet hereafter; wear shoes a size smaller if you like, for corns will never again send electric sparks of pain through you, according to this Cincinnati authority.

He says that a few drops of a drug called freezeone, applied directly upon a tender, aching corn, instantly relieves soreness, and soon the entire corn, root and all, lifts right out.

This drug dries at once and simply shrivels up the corn or callus without even irritating the surrounding tissue. A small bottle of freezeone obtained at any drug store will cost very little but will positively remove every hard or soft corn or callus from one's foot.

If your druggist hasn't stocked this new drug yet, tell him to get a small bottle of freezeone for you from his wholesale drug house.

**Slacker Lands in Wartime.**

The great menace of fire unquestionably is to the future of our timber supply. In the piney woods, particularly, repeated fires are fatal to the establishment of reproduction; while in the hardwoods the trees, though not always killed, are stunted and deformed and laid open to fungus and insect attack. As young growth seldom has an immediate commercial value, its loss is usually ignored—the fact that a crop has been destroyed, being overlooked. The loss in such a case is as real as if merchantable timber were destroyed—the destruction of a ten-year-old stand postponing under present conditions, the date of a possible harvest from fifteen to twenty years, if not indefinitely. At the same time, the land burned over has, to all intents and purposes, been rendered unproductive for a corresponding period. Herein lies the importance of fire protection from an economic standpoint, for no potentially productive land should be allowed to lie idle. The community has a right to and will, sooner or later, demand that it be producing something.

**Minard's Lintment used by Physicians.**

Perennial plants which usually give good satisfaction on the north side of buildings are saxifrage umbrosa, doricum plantagineum, iris, oenothera biennis, hypericum calycinum, violets, Japanese anemones, ferns, lily of the valley.

Low-priced tea is a delusion for it yields so poorly in the teapot that it is actually an extravagance compared with the genuine Salada Tea, which yields so generously and has such a delicious flavor.

**And Teacher Fainted.**

"Good morning, children," said an arithmetic teacher. "How many of you have prepared an original problem in multiplication, as I requested?"

Only one hand went up.

"Well, William, you may give your problem and the rest of the class may solve it."

"If my baby sister is a year old now and weighs twenty pounds, and keeps on gaining two ounces a day until she is sixteen years old; and if the price of living doubles again in the next ten years, how much will my sister's graduation outfit cost? Mother says she would like to know."

**MONEY ORDERS.**

When ordering goods by mail send a Dominion Express Money Order.

**Sufficient Sugar for Canning.**

Housekeepers who are anxious about their preserves for next winter may take comfort. The Food Board announces that there will be sufficient sugar in the country for the preserving and canning season and that the maximum fruit and vegetable crops that can be produced in this country will be taken care of, so far as the sugar supply is concerned. To make sure of this, however, strict conservation will be necessary in the meantime.



The Magic Healing Ointment... Soothes and heals all inflammations, such as burns, scalds, blisters, cuts, boils, piles and abscesses—sold for over 25 years. All dealers, or write us.

HIRST REMEDY COMPANY, Hamilton, Canada

**My Boy.**

With fife and drum the call has come; at last you've got the chance To strike a blow against the foe for freedom and for France, For all that England holy holds, our own birthright of joy. And I would I might be with you, O my boy, my boy.

The world were but a sorry place of sadly setting suns. Were we to face (ah, dark disgrace) the triumph of the Huns; Rather to smite by day and night where their grim hosts deploy And I would I might be with you, O my boy, my boy!

I know you will not falter, and I know you will not fail, Though the Great Will save not from ill and you should kiss the Grail; Across the tide in prayer and pride I send you this last ahoy— And I would I might be with you, O my boy, my boy.

**The Itemized Account.**

Tommy—Half of 'em we got with machine gun fire, half of 'em with rifle, then we fixed bayonets and killed another half of 'em!

Funny Man—And what happened to the rest?

Tommy—Oh, we took 'em prisoners.

**Minard's Lintment Lumberman's Friend.**

"Boys flying kites haul in their white, winged birds, You can't do that way when you're flying words, Thoughts unexpressed may sometimes fall back dead, But God himself can't help them when they're said."

—Will Carleton.

**MINARD'S LINTMENT** is the only Lintment asked for at my store and the only one we keep for sale.

All the people use it.  
HARLIN FULTON.  
Pleasant Bay, C.B.

Arsenate of lead is generally used in place of paris green for eating and chewing insects. It adheres better and is less likely to burn. Two pounds of powder or four pounds of paste are used to 50 gallons of water or Bordeaux mixture.

**Ask for Minard's and take no other.**

Milk is the best single food for the proper development of growing children. Expert dieticians urge its liberal use; a quart of milk a day for each child is a good rule to remember.

Potatoes will bake more quickly, have a better flavor, and instead of shrinking up fill the skins to the full if rubbed with dripping before baking.

**KEEP YOUR SHOES NEAT**

**2 IN 1**  
**WHITE SHOE DRESSING LIQUID and CAKE**

For Men's Women's and Children's Shoes

**ABSORBINE STOPS LAMENESS**

from a Bone Spavin, Ring Bone, Splint, Curb, Side Bone, or similar troubles and gets horse going sound. It acts mildly but quickly and good results are lasting. Does not blister or remove the hair and horse can be worked. Page 17 in pamphlet with each bottle tells how. \$2.50 a bottle delivered. Horse Book 9 R free.

ABSORBINE, JR., the antiseptic liniment for mankind, reduces Painful Swellings, Enlarged Glands, Wens, Bruises, Varicose Veins; heals Sores. Allays Pain. Will tell you more if you write. \$1.25 a bottle at dealers or delivered. Liberal trial bottle for 10c stamps.

W. F. YOUNG, P. D. F., 516 Lyman Bldg., Montreal, Can.

Absorbine and Absorbine, Jr. are made in Canada.

**Cause of Early Old Age**

The celebrated Dr. Michenhoff, an authority on early old age, says that it is "caused by poisons generated in the intestine." When your stomach digests food properly it is absorbed without forming poisonous matter. Poisons bring on early old age and premature death. 15 to 30 drops of "Seigel's Syrup" after meals makes your digestion sound.

**MADE IN CANADA**

**ROYAL YEAST**

After the chicks are six weeks old hopper feeding is best, and the exercise they get in seeking feed is beneficial. The chicks know when they need feed and when they have had enough.

**AGENTS WANTED**  
PORTRAIT AGENTS WANTING good prints: finishing a specialty; frames and everything at lowest prices; quick service. United Art Co., 4 Brunswick Ave., Toronto.

**FOR SALE**  
WEEKLY NEWSPAPER FOR SALE in New Ontario. Owner going to France. Will sell \$2,000. Worth double that amount. Apply J. H. c/o Wilson Publishing Co., Limited, Toronto.

**ONE EIGHTY HORSE-POWER** Boiler, with 300 ft. of 24 in. pipe; self-leg Derrick; second-hand Sawyer-Massey Tractor Engine. Grey Iron Castings made to order. The Dominion Foundry, Tweed, Ont.

**WELL-EQUIPPED NEWSPAPER** and job printing plant in Eastern Ontario. Insurance carried \$1,500. Will go for \$1,200 on quick sale. Box 69, Wilson Publishing Co., Ltd., Toronto.

**INTERNAL AND EXTERNAL** cured with our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

**SUFFERED TWO YEARS WITH PIMPLES**

Child Could Not Sleep Till Cuticura Healed.

"My little brother suffered for about two years from tiny red pimples. They appeared constantly on his body but he had the greatest trouble under his ears. The skin was red and very sore and at the least touch he would give a bowl of pain. After a few seconds he would have to scratch, and he was not able to sleep. A friend advised me to send for Cuticura Soap and Ointment. I noticed a change, and I used three cakes of Cuticura Soap and four boxes of Ointment when he was healed." (Signed) Louis Frank, 745 City Hall Ave., Montreal, Que., February 2, 1918.

Keep your skin clear by using Cuticura Soap and Ointment for everyday toilet purposes.

For Free Sample Each by Mail address post-card: "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

**THE MAKING OF A FAMOUS MEDICINE**

**How Lydia E. Pinkham's Vegetable Compound Is Prepared For Woman's Use.**

A visit to the laboratory where this successful remedy is made impresses even the casual looker-on with the reliability, accuracy, skill and cleanliness which attends the making of this great medicine for woman's ills.

Over 500,000 pounds of various herbs are used annually and all have to be gathered at the season of the year when their natural juices and medicinal substances are at their best.

The most successful solvents are used to extract the medicinal properties from these herbs.

Every utensil and tank that comes in contact with the medicine is sterilized and as a final precaution in cleanliness the medicine is pasteurized and sealed in sterile bottles.

It is the wonderful combination of roots and herbs, together with the skill and care used in its preparation which has made this famous medicine so successful in the treatment of female ills.

The letters from women who have been restored to health by the use of Lydia E. Pinkham's Vegetable Compound which we are continually publishing attest to its virtue.

**Barley Adds Richness to wheat and lends to its flavor, when combined in the sturdy cereal Grape-Nuts**

No prepared cereal food excels Grape-Nuts in nourishment, economy or digestibility.

"There's a Reason"

**SMOKE-TACKETTS**

**ORINOCO**

CUT FINE FOR CIGARETTES - CUT COARSE FOR PIPE