

## Seats for tots

by René Ross  
Brunswickan News

After two months of tending for UNB's toddlers, directors at the Campus Daycare report that despite a few minor obstacles, things are running smoothly.

Wendy Lunney, Daycare Administrator, commented that since the daycare opened its doors on September 6, the feedback has been positive.

While a large majority of the children enrolled are from the university community, five toddlers had to be taken in from the general public to fill empty spaces.

The centre still has space for some 3- to 4-year-olds. If you wish to enrol your child in daycare, the centre is open between the hours of 7:30 a.m. and 6:00 p.m. or you can call 453-3584.

The facility is located above the university on Montgomery Street beside McLeod House.



**MacKenzie House residents divided into four groups and canvassed the community, raising \$800 for UNICEF by raking leaves. The winning group, from left to right, was Glen Wilson, Jane Landymore, Sarah Manos and Todd Grimes. They raised a total of \$180. Just leaves it to them.**  
Photo by Bones

## Eating disorder support group formed by students

Cheryl McLean  
Brunswickan News

Does food control you? Are you constantly weighing yourself and exercising obsessively? Do you have the tendency to binge then purge?

If any of these problems sound familiar, you may have an eating disorder. An eating disorder support group, which focuses on anorexia and bulimia has been organized by seven psychology students.

"We felt that there was a need for it," said Arleen Bates, one of the organizers. "There is a large population of females with these disorders that may not even realize it."

Another organizer, Cathy Cooke, said that the group is organized for students by students.

"It's somewhere to talk about feelings without professionals," she said.

The main goal of the support group is to form a network of people who realize that they are not in the fight alone.

Bates said that there is currently no information and no group support in Fredericton for those with eating disorders.

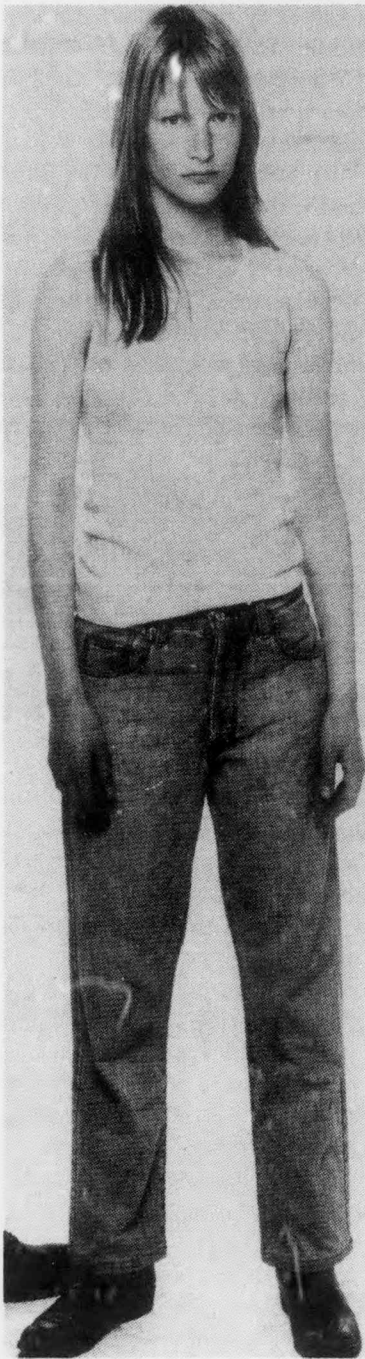
"There is a need for a peer-support group," she said.

The organizers of the group mentioned that one of the members had recovered from anorexia and wanted to find a support group.

Janice McConnell, a fourth-year psychology student also involved with organizing the group, commented on the influence of the media on self-esteem and self-perception.

"Women are expected to live up to unrealistic body ideals which in advertising and magazines are presented as if they are the norm. It is not normal to be 5'10" and weigh less than 100 pounds," McConnell said.

"Too many women think that they cannot be beautiful unless they starve themselves in an attempt to look like a model on the front of a magazine. It is difficult to have high self-esteem when you are constantly told that



**Members of the eating disorder support group believe that images like this promote unrealistic ideals.**

you are unattractive," McConnell declared.

Counselling Services is not directly affiliated with the group, but it did help to get the project started. The members are anonymous and the group structures meetings as it wishes.

To find out the venue of a meeting, to be held at 7:00 p.m. on November 14, call Cooke at 454-9021 or Sue at 454-0101.

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Send nominations to the University Secretary, Room 110, Old Arts Building, UNB Fredericton, or to the Vice-President (Saint John), Room 110, Oland Hall, UNB Saint John.



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Long live rock and roll...

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