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It may be a sign of some serious malady fastening itself upon the vital parts.

Puttner's Emulsion

will dislodge it and restore the irritated and inflamed tissue to healthy action.

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A Martyr to Diarrhoea.

Tells of relief from suffering by
Dr. Fowler's Ext. of Wild Strawberry.

There are many people martyrs to bowel complaints who would find Dr. Fowler's Extract of Wild Strawberry a wonderful blessing to them. It not only checks the diarrhoea but soothes and heals the inflamed and irritated bowel, so that permanent relief is obtained.

Mrs. Andrew Jackson, Houghton, Ont., sends the following letter: "For the

past two or three years I have been a martyr to that dreadful disease diarrhoea. I tried every remedy I heard of and spent a good deal of money trying to get cured but all failed until I happened to read of a lady who was cured by using Dr. Fowler's Extract of Wild Strawberry. I purchased a bottle and commenced taking it according to directions and was cured in a very short time. I cannot praise the remedy too highly for what it did for me."

Wild Strawberry. I purchased a bottle and commenced taking it according to directions and was cured in a very short time. I cannot praise the remedy too highly for what it did for me."

* The Home *

Waiting for Her Boy.

A few years ago, in one of the growing cities of New York State, there was a home into which the great sorrow of a father's death had entered. The sons, of whom there were several, were of a nervous temperament, full of animation and exposed to many temptations which endanger the youth in large cities.

The widowed mother realized the vast importance of her responsibility, and many a time did she look upward toward the heavenly father for divine aid in the guidance of her fatherless boys. She made it a rule never to retire for rest at night until all her sons were at home. But as the boys grew older, this became a severe tax both on her time and health, often keeping the faithful mother watching until the midnight hour.

One of her boys displayed a talent for music, and became a skillful violinist. He drifted among the wrong class of people, and was soon at balls and parties that seldom dispersed until the early hours of day.

Upon one occasion it was nearly 7 o'clock in the morning before he went to his home. Entering the house and opening the door of the sitting-room, he saw a sight that never can be effaced from his memory. In the old rocking chair sat his aged mother fast asleep, but evidently she had been weeping. Her frilled cap, as white as snow, covered her gray hair; the knitting had fallen from her hands, while the tallow from the candle had run over the candlestick and down her dress.

Going up to her, the young man exclaimed: "Why, mother! What are you doing here?"

His voice startled her, and, upon the question being repeated, she attempted to rise, and piteously, but, oh, so tenderly looking up into his face, said: "I am waiting for my boy."

The sad look and those words, so expressive of that long night's anxiety, quite overcame the lad, and, throwing his arms around her, said:

"Dear mother, you shall never wait again like this for me."

That resolution has never been broken. But since then that mother has passed into the world beyond, where she still watches and waits, but not in sorrow, for her boy.

A Tablet for an Invalid.

There are some invalids who are compelled to occupy a recumbent position who find a tablet fixed to a writing-board a great convenience. Take a board about eight inches wide and eighteen inches long and cover it with soft cotton flannel, and attach the tablet to it. The board can be propped up at any desired angle, so that it can be used by a person lying on his left side. The lower part of the board will serve as a partial rest for the hand and arm. It is a mistake for an invalid or any one to make much use of his eyes while in a recumbent position. Reading or writing in a recumbent position are always prohibited by oculists, even where there is only a slight trouble with the eyes.

Early Fall Flannels.

A serious illness may be saved some of the children in the family if light woollen stockings are put on them as soon as September comes. The feet are ordered by all authorities to be kept warm. Chilly feet are often the cause of disease, and always an indication that there is something wrong. Little children, especially infants, should wear wollen stockings as soon as the weather changes to fall. A chill is often brought about by neglect of this simple precaution. It is also a safe thing to put flannel skirts on infants if they have been taken off during summer. Chronic invalids, especially those who have rheumatism, cannot assume night flannels as well as light day flannels, too early.

Green-Corn Omilet.

Take four good-sized ears of corn, score

the rows lengthwise and scrape out the pulp. Mix with five well-beaten eggs, one tablespoonful of cream, one-third of a teaspoonful of salt and one-quarter of a teaspoonful of pepper. Heat a frying-pan and drop into it a small teaspoonful of butter, and shake until the bottom is evenly greased. Pour in the mixture, shake and tilt the pan until it is evenly cooked. Roll and serve on a heated platter.

Sponge Cake.

For sponge cake, weigh six eggs, take their weight in sugar, and half their weight in flour; separate the eggs carefully; add the sugar to the yolks, and beat until light; then stir in carefully the well-beaten whites; sift the flour two or three times, adding it a little at a time, folding and cutting it in. Turn into a pan lined with greased paper, and bake in a quick oven for from twenty to twenty-five minutes.

Mushroom Stew.

Put a tablespoonful of butter into a saucepan, add the mushrooms, cover and cook for ten minutes; then add half a teaspoonful of salt and a dash of pepper. Rub into a smooth paste three hard-boiled eggs, and add, gradually, a gill of cream. Strain into a saucepan, bring to a boiling point and serve either in paté shells or with a garnish of toasted bread.

Never use hot water in which to wash your white embroidered dollies or other fine table linen. Cold water and pure white soap containing borax are what is required to cleanse fine table linen, and when dried in a shady place its beauty will be preserved for some time. No washing compound should ever be used in washing handkerchiefs or fine linens and laces, but they will be improved by drying in the sun or spreading on the grass for an hour or so in the sun before hanging on the line to dry.

Boboljewow, the newly appointed Russian minister of public instruction, has begun the duties of his office by issuing a drastic order to the effect that corsets must not be worn by young women attending high school, universities, and music and art schools; they are to be encouraged to wear the national costume. The minister says that he has spent much time in visiting girls' schools, and has made the discovery that the corset as an article of dress is distinctly prejudicial to the health and physical development to the wearers.

Wednesday afternoon the regular business sessions of the Anglican Provincial Synod were commenced in the Convocation hall of the Diocesan college, Montreal. The Very Rev. Dean of Montreal was chosen prolocutor.

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If your children are well but not robust, they need Scott's Emulsion of Cod-liver Oil.

We are constantly in receipt of reports from parents who give their children the emulsion every fall for a month or two. It keeps them well and strong all winter. Your doctor will confirm this.

The oil combined with the hypophosphites is a splendid food tonic.

See and get it at all druggists
SCOTT & BOWNE, Chemists, Toronto.

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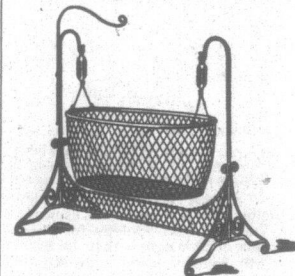
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