

## Red Cross Votes \$20,000 For Use In Public Health Work

For Establishment of Clinics For School Children and Other Purposes

NEED NEW MEMBERS TO MEET EXPENSE

Half For Grant For School Children, \$7,000 For Combatting Venereal Disease and \$3,000 For Public Health Nurses—All Work to be Administered by Provincial Department.

The sum of \$20,000 was voted by the provincial department of health by the New Brunswick division of the Red Cross Society at its meeting yesterday afternoon. Hon. Dr. W. F. Roberts, who presided, stated that the society had asked the province to aid public health work by a grant of \$20,000 to be used for the establishment of clinics in connection with the medical inspection in the schools for two years; for the combatting of venereal disease during one year, and to provide one year's expenses and salary for a public health nurse to be attached to the department. The funds of the society would not permit the granting of the full amount and \$20,000 was voted to be used so far as it would go, with the promise of further grants if they should be available. It was also decided that two nurses trained for public health work should be engaged to supplement the work of the four nurses who will complete their course of training on June 1 in order that the provincial government was made in the confidence that the coming membership campaign would receive the full support of the people of the province and would result in the society's coffers. Reports received of the membership campaign were very encouraging. The meeting was held in the recently renovated depot in Prince William street with the president, R. T. Hayes, Mr. P. P. in the chair. C. B. Allan, treasurer, reported total receipts \$24,466.12; expenditures \$1,738.92, including \$500 for the hospital committee and \$515.67 for the campaign. The balance was \$22,677.30. A letter of thanks for supplies was received from the Home for Incurables. Dr. W. F. Roberts wrote that the headquarters wrote that of the mem-

bership fees one-fifth went to the central headquarters and the disposal of the remainder was under the autonomy of the provincial division. On motion the provincial branch executive was given power to refund to local branches their life membership fees if they so desired. F. A. Dykeman said he understood all sums raised in the campaign would go to a central fund and be allocated according to the urgency of the need.

The Minister's Recommendation. Hon. Dr. Roberts referred to the fact that the ministry of health twice had been asked to suggest a programme for the society in the province. The cottage hospitals had been found impractical at present. The lecturer had been most successful. The third thing that had been recommended was the establishment of free clinics in connection with medical inspection of schools, to be maintained by the Red Cross the municipalities could take them over in two years, the cost to be \$10,000 a year. To this programme he asked the society to add provision for a public health nurse for the department of health for one year with salary and expenses totaling

## TO BE DYSPEPTIC IS TO BE MISERABLE

The poor dyspeptic suffers untold agony after every meal, and any one who has dyspepsia knows what joy it would give to eat three square meals a day and not be punished for it after.

Nearly everything that enters the weak stomach acts as an irritant, and even the little that is eaten causes such torture and is digested so imperfectly that it does little good.

Before you can eat heartily, and not pick and choose your food, you must put your stomach into such a condition that it will manufacture its own digestive ferments.

For over forty years Burdock Blood Bitters has been known up and down the world as a normal healthy condition so that the food is properly assimilated, and is thoroughly digested and assimilated, and enables one to partake of all the wholesome food required without fear of any unpleasant after effects.

For over forty years Burdock Blood Bitters has been known up and down the world as a normal healthy condition so that the food is properly assimilated, and is thoroughly digested and assimilated, and enables one to partake of all the wholesome food required without fear of any unpleasant after effects.

## Why You Must Have Iron to Make Your Body Strong and Your Brain Keen

Alert and Powerful—Value of Spinach and Organic Iron to Help Make Rich Red Blood and Revitalize Wornout Exhausted Nerves

WITH PLenty of BLOOD and IRON, YOUR BRAIN is the most wonderful thing in all creation but without these it is nothing. IRON TAKES OXYGEN from your lungs and carries it to your brain. Without iron your brain gets no oxygen, and without plenty of rich red blood and oxygen your brain becomes dull and heavy. YOUR INTELLIGENCE POOR, your memory fails, YOU DO FOOLISH THINGS, make bad decisions and you really amount to nothing, so far as accomplishing anything of importance is concerned.

Also without iron YOUR BLOOD BECOMES THIN AND WATERY and loses its power to change food into living cells and tissue and therefore nothing you eat does you the proper amount of good—you do not get the full strength out of it.

THERE ARE 30,000,000,000,000 RED BLOOD CORPUSCLES IN YOUR BLOOD AND EACH ONE MUST HAVE IRON.

When, as a result of iron starvation you get up feeling tired in the morning when you find yourself nervous, irritable and easily upset; when you can no longer do your day's work without being all fagged out at night; when your digestion all goes wrong, or you have pains across the back and your head looks pale and drawn, do not wait until you go all to pieces and collapse in a state of nervous prostration, or until in your weakened condition you contract some serious disease, but eat more spinach and other iron-containing vegetables and take organic iron with them to help enrich your blood and revitalize your wornout exhausted nerves. But be sure that the iron you take is organic iron and not metallic or mineral iron which people usually take. Organic iron is like the iron in spinach, lentils and apples, while metallic iron is just as it comes from the mines and is not as easily absorbed. Organic iron may be had from your druggist under the name of NUXATED IRON. Nuxated iron represents organic iron in such a highly concentrated form that one dose is estimated to be approximately equivalent (in organic iron content) to eating half a quart of spinach or one quart of green vegetables. It is like taking extract of beef instead of eating pounds of meat. Your money will be refunded by the manufacturers if you do not obtain perfectly satisfactory results. For sale by all druggists.

ENRICHES THE BLOOD—GIVES YOU NEW STRENGTH AND ENERGY

SHARP'S BALSAM

of Horehound and Anise Seed

Is a pleasant and safe treatment which brings almost instant relief to sufferers from colds, and prevents dangerous developments.

You may enjoy the bright crisp winter outdoor life, without danger—you can rely on Sharp's Balsam to keep you as free of colds in winter as you are in summer.

70 years of effective use—this record is its best recommendation. At all drug and general stores, 25c.

THE CANADIAN DRUG CO., LIMITED, ST. JOHN, N. B.

## CHAMBERLAIN'S Old Age and Happiness

Old age should mean experience, knowledge and wisdom. Not poor digestion, sluggish liver and a general feeling of ill-health, despondency and misery. One of Chamberlain's Tablets taken immediately after supper will improve the digestion, tone up the liver and regulate the bowels. That feeling of despondency will give way to one of hope and good cheer. Try Chamberlain's Tablets. You'll like them. Tablets 25c.

TABLETS 25c

Dr. Roberts explained that the public health nurse asked for would control and supervise the public health nursing service in the province. Mr. Allan explained that if the whole programme submitted by Dr. Roberts were undertaken the headquarters grant would have to be supplemented by local contributions. He said he believed the province would get no more grants from headquarters and that if it took on the programme its funds would be at least \$5,000 below what was required. It had on its hands already the responsibility for the payment of the expenses of the Victorian Order training school. It was pointed out that if the programme were granted \$25,000 of the \$80,000 asked there would be no funds for hospital work. Mr. Allan said the society's money was received for public health work and he thought it would be inadvisable to tie up all the money so that assistance could not be given to local needs.

Mr. Hayes said he thought the money was given for a general programme. Mr. Murray MacLaren moved that \$20,000 be placed at the disposal of the minister of health, the amount to be increased later if it is desirable and possible. Mr. Dykeman seconded the motion and it carried unanimously.

Progress of Campaign.

For the campaign committee F. A. Dykeman said work was progressing. Forty-two newspapers would carry advertising. Literature in French and English was being distributed. Fifty motion picture houses would show advertising slides for one week. It would be a lack of organization, not of sympathy, he believed, if the objective of 40,000 members or one-tenth of the population were not reached.

Mrs. G. A. Kuhring told of the organization for the campaign. She said the spirit of the people in the province was wonderful. They realized the Red Cross appeal was a national call. She regretted the organization had not been commenced earlier. She had just returned after a tour through the southeastern part of the province and brought a glowing account of the enthusiasm in all the places she had visited. The desire for public health nurses, she said, was inspiring many localities to splendid effort. She did not want anything to stand in the way of the localities realizing this ideal. French-speaking nurses were needed, she said.

V. O. N. School.

Dr. MacLaren reported on the V. O. N. training school for public health nurses, saying that four nurses would graduate at the end of the month. Two would not finish the course. It was suggested two more nurses with suitable training be secured in order that six might be sent into the province to places designated by the Red Cross in consultation with the minister of health. Mrs. Kuhring's motion that the two extra nurses be secured was adopted.

Regarding the placing of the nurses Mr. Allan said he believed that the de-

partment of health should have authority. Dr. MacLaren thought the Red Cross should have the administrative right for these nurses and part of their expenses should be raised in the locality where they were placed.

Dr. Roberts suggested that in the campaign some people might be willing to give more than the fee asked for state and should be permitted to do so. He offered the assistance of the employees of the sub-district boards of health in the campaign.

The placing of the nurses, on motion by Dr. MacLaren, was left with a committee composed of R. T. Hayes, C. B. Allan, Hon. Dr. Roberts, Miss Ethel Hazen Jarvis and Miss B. Ruddock, N. B.

On motion the chairman was asked to appoint a committee to revise the constitution.

The report of the secretary, Miss Ethel Hazen Jarvis gave a detailed account of the activities of the month and recorded the organization of a branch of the Junior Red Cross in the Wilmsted school as the result of the recent visit of old friends. The men are looking for some highly satisfactory work done at the memorial workshop by disabled soldiers. Donations were given the Anti-Tuberculosis Association, the Home for Incurables and to several needy soldiers' wives. The re-organization of the Jacques River and Andover and Perth branches was reported.

REUNION OF MEN

OF OLD 6TH C. M. R. (Amherst News)

Plans for the Sixth Canadian Mounted Rifles' reunion to be held in Amherst on May 28, are about completed, and an interesting time is promised. Owing to the fact that many of the men will not be able to arrive until the noon train, the time for entertainment will be necessarily short. In the afternoon, it is probable that the ball game will be taken in. At six a banquet will be held in the Parish Hall, and the evening will be occupied with a smoker and informal programme. It is the re-establishment of old friendships in town and between army pals that the men are looking forward to particularly. Probably many of the boys have not seen each other since leaving England for their first trip into the line, others served together through many engagements, but became separated after the armistice. Many an old memory will be called up, and friendship re-formed with the veterans of the gallant 6th C. M. R.'s get together here on Victoria Day. It is uncertain just how many men will be able to attend, as they are scattered far and wide, but quite a large delegation is anticipated, and those who cannot be here in person will not be absent in spirit.

## Like a Locomotive Without any Steam

IS THE HOME WITHOUT DODD'S KIDNEY PILLS.

Saskatchewan Woman in Recommending Dodd's Kidney Pills Says That What They Have Done for Her They Will Do for Others.

Richdale, Alta., May 12.—(Special)—"It seems to me that a home without Dodd's Kidney Pills is like a locomotive without steam. So says Mrs. G. H. Knapp, a highly-respected resident here. The kidneys need something to help them do their regular work." Mrs. Knapp goes on to explain: "Dodd's Kidney Pills will do all this. I rejoice to say that the good they have done me and my family they will do for others. Just give them a trial."

The work of the kidneys is to strain the impurities out of the blood. It is necessary work, for the kidneys are constantly in contact with the blood of disease. Women who have kidney trouble should ask their sister women just what Dodd's Kidney Pills have done for them.

## CHARGES AGAINST SEIN FEINERS

Alleged Destruction of Foods and Seeds in Ireland.

London, May 14.—Wholesale destruction of agricultural seeds is the latest form of Sein Fein outrage, it is officially announced. As this is the time of year when sowing is in progress, this is threatening the welfare of agriculture, Ireland's chief industry.

Dublin Castle officials connect this type of crime with the attempt of the Sein Fein propagandists in America to represent the country as on the brink of famine. Since stories to that effect have been circulated there has been a large number of outrages, in which foodstuffs have been deliberately destroyed or spoiled. In some cases the stores thus misappropriated have originated in Ulster or England, in other cases the Sein Feiners had not even that excuse. A few recent incidents of this nature are: An armed party overpowered two



### The Trying Days

It has been well said that a school teacher has more influence in shaping the lives of her scholars than their parents.

How necessary, then, is it that she should have a bright, clear brain, and be strong and vigorous in order that she may give them of her best.

The worry and the work, the strain and anxiety of a teacher's life are such as tell severely on the nervous system. Time and again teachers have had to give up good positions on account of a weak heart, run down health and shattered nerves.

To such Milburn's Heart and Nerve Pills come as a boon and a blessing.

Their purpose is to make the weak heart strong and the shaky nerves firm, and thus build up the entire system to full strength and vitality.

Miss L. E. Hopkins, Kirkton, Ont., writes:—"I have used Milburn's Heart and Nerve Pills for weak heart. I was so nervous I had to leave school for two years. After I had taken five boxes of the pills I was able to go back to my school again, feeling in good health."

Milburn's Heart and Nerve Pills are 50c. a box at all dealers, or mailed direct on receipt of price by

**The T. Milburn Company, Limited**  
Toronto, Ontario

### MY TIRED FEET ACHED FOR "TIZ"

Let your sore, swollen, aching feet spread out, in a bath of "Tiz."

Just take your shoes off and then put those weary, shoe-crinkled, aching, burning, corn-pestered, bunion-tortured feet of yours in a "Tiz" bath. Your toes will wriggle with joy; they'll look up at you and almost talk and then they'll take another dive in that "Tiz" bath.

When your feet feel like lumps of coal—all tired out—just try "Tiz." It's grand—it's glorious. Your feet will dance with joy; also you will find all pain gone from corns, callouses and bunions.

There's nothing like "Tiz." It's the only remedy that draws out all the poisonous exudations which puff up your feet and cause foot torture.

Get a box of "Tiz" at any drug or departmental store—don't wait. Ah! how glad your feet get, how comfortable your shoes feel. You can wear shoes a size smaller if you desire.

On March 25, who destroyed twenty bags of bran and a chest of tea by throwing some in the river and sprinkling the rest over the ground.

On April 17, armed men entered New Ross railway station, County Westford, and threw the contents of fifteen cases of jam into a stream.

On the same day masked men soaked with paraffin and burned nine bags of grass and wheat seed, consigned to local farmers, at Camphire railway station, County Waterford.

A tradesman, driving his van with bread and groceries, near Cavan on April 21, was held up by armed men, who piled straw round the van and burned it. This is but one of a large number of cases of destruction of bread.

Three and a half tons of flour were consigned to Dromahaire, County Leitrim, on April 20. A party of men cut open the sacks, and strewed flour about the ground.

**THE LUDLOW STREET CHURCH**

The entertainment given last evening in the Ludlow street Baptist church, under the auspices of the men's brotherhood class of the church, packed the building to its capacity. The main feature of the evening was a play called "Bread on the Water" which was put on by the choir of the Victoria street Baptist church, under the direction of Mrs. F. Brookes. The play was enjoyed by all present and a substantial amount was realized for general church purposes. Among those who took part in the play were: Mr. and Mrs. Frederick Brookes, G. W. Macaulay, Kenneth Ferris, men unloading a barge at James street quay, Dublin, on April 6 and forced them to empty fifty-eight half sacks of flour into the canal.

Gweedore Railway station, County Donegal, was raided by unknown men

### "Yes,....."

the test shows that your blood is in a very poor condition, you are completely run-down. You have Dyspepsia, Liver-Trouble and Constipation, too. My recommendation to you is a bottle of

**Dr. Wilson's HERBINE BITTERS**

An old, reliable family remedy, made from the principles of Dandelion, Mandrake, Burdock and other purifying herbs.

A positive remedy for common ills—relieves that tired, drabby feeling and builds up the entire system.

50c. a bottle. Family size, four times as large, \$1. At most stores.

The Brayley Drug Co., Limited, St. John, N.B.

George Whittaker, Miss Mary Perkins and Miss Ethel MacDonald. In addition to the play a reading was given by Miss Helen Purdy. George T. Ring acted as chairman during the evening.

### Is your skin pale and sallow?

—How you can rouse it

If your skin is pale and sallow, it shows clearly the need of a more stimulating treatment than you are giving it. A pale, sallow skin means inactive blood-vessels—pores that do not throw off quickly enough the waste matter that accumulates.

Don't let this condition become chronic. To give your skin the soft, clear color every healthy skin should have, follow once a week this special treatment:

JUST before retiring, fill your basin full of hot water—almost boiling hot. Bend over the top of the basin and cover your head with a heavy bath-towel, so that no steam can escape.

Steam your face for thirty seconds.

Now lather a hot cloth with Woodbury's Facial Soap. With this wash your face thoroughly, rubbing the lather well into the skin with an upward and outward motion.

Then rinse the skin well, first with warm water, then with cold, and finish by rubbing it for thirty seconds with a piece of ice.

THE other six nights of the week cleanse your skin thoroughly in the usual way with Woodbury's Facial Soap and warm water.

Get a cake of Woodbury's today, at any drug store or toilet goods counter, and begin tonight this special steam treatment. A 25-cent cake of Woodbury's lasts for a month or six weeks. The Andrew Jergens Co., Cincinnati, New York and Perth, Ontario.



### DODD'S KIDNEY PILLS

FOR ALL KIDNEY DISEASES  
GRAVEL, BRONCHITIS, BRIGHT'S DISEASE,  
NEURALGIA, LUMBAGO, RHEUMATISM,  
AND ALL AFFECTIONS OF THE URINARY ORGANS.

4087 THE PHARMACEUTICAL CO., LTD., LONDON, ENGLAND.

### Genuine Bayer Aspirin

Nothing Else is Aspirin

Warning! Unless you see the name "Bayer" on tablets, you are not getting Aspirin at all.

Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 21 years and proved safe by millions for Headache, Earache, Toothache, Neuralgia, Colds, Rheumatism, Neuritis, Lumbago, and pain generally. Made in Canada.

Handy tin boxes of 12 tablets cost but a few cents—Larger packages.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocarbonylacid of Salicylic Acid. While it is well known that Aspirin means Bayer Manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."



### A Cold is a Miserable Thing

WHEEZE, sneeze, cough, hoarse or voiceless, sore throat, watery eyes, giddy head, fevers, shivers—no ailment inflicts such utter misery and depression on its victim.

And yet people neglect colds, until they have reached a really dangerous condition.

### SHARP'S BALSAM

of Horehound and Anise Seed

Is a pleasant and safe treatment which brings almost instant relief to sufferers from colds, and prevents dangerous developments.

You may enjoy the bright crisp winter outdoor life, without danger—you can rely on Sharp's Balsam to keep you as free of colds in winter as you are in summer.

70 years of effective use—this record is its best recommendation. At all drug and general stores, 25c.

**THE CANADIAN DRUG CO., LIMITED, ST. JOHN, N. B.**