

"Baby Knows"

Watch baby reach for a Pure Gold Quick Pudding. He knows a good thing when he sees it. He can tell by its inviting appearance that it will taste lovely. And he's right. There is no dessert quite so goodso deliciously wholesome—as a Pure Gold Quick Pudding. Try one yourself and see how the family enjoy it. They're easily prepared — just a few minutes and you have a delightful dessert.

> Tapioca, custard or chocolate, 15c. a package at all grocers.



Pure Gold Desserts

Pure Gold Manufacturing Co., Ltd., Toronto

"WET"OR"DRY"

Milk is the food of children and old people. Combined with cereals it makes the ideal rationbut if your stomach does not take kindly to milk pour a little hot water over two Shredded Wheat Biscuits, put a small chunk of butter on each Biscuit, allowing it to melt into the shreds If you like the Discuit "dry" split it into two halves and crisp them in the oven and eat them with butter a real whole wheat toast, wholesome and nourishing.

MADE IN CANADA



Be suspicious of any tenderness or bleeding of the gums. This is usually the first stage of Pyorrhea—an insidious disease of the gums that destroys the teeth and undermines bodily health. Gradually the gums become spongy.

They inflame, then shrink, thus exposing the unenameled tooth-base to the ravages of decay. Tiny openings in the gums form gateways for disease germs to enter the system. Medical science has traced many ills to these infecting germs in the gums weakened by Pyorrhea. They are now known to be a fre-

quent cause of indigestion, anaemia, rheumatism and other serious conditions. So watch carefully for that first

tenderness or bleeding of the gums. Try Forhan's immediately. It positively prevents Pyorrhea (Riggs' Disease) if used in time and used con-And in preventing Pyorrhea-it

guards against other ills.

Forhan's (For the Gums) cleans teeth scientifically as well.

Brush your teeth with it. It keeps the teeth white and clean.

If gum-shrinkage has already set in,

t using Forhan's and consult a tist immediately for special treatand 60c tubes in Canada and U.S. If your druggist cannot supply you, send to us direct and we will mail

FOR THE GUMS

FORHAN'S, LTD., Montreal

Let Cuticura Be Your Beauty Doctor



Sore Throat, Colds Quickly Relieved By Hamlin's Wizard Oll

Hamiln's Wizard Oil is a simple and effective treatment for sore throat and chest colds. Used as a gargle for sore throat it brings quick relief. Rubbed on the chest it will often loosen up a hard, deep-seated cold in one night. How often sprains, bruises, cuts and burns occur in every family, as well as little troubles like earache, toothache, cold sores, canker sores, stiff neck, and tired, aching feet. Soothing, healing Wizard Oil will always bri ; quick re

Get it from druggists for 30 cents. If not satisfied return the bottle and get

pleasant little pink pills, 30 cents. Guar-

"Laxative Bromo Quinine Tablets" 6. M. Grove



Ever constipated or have sick head-ache? Just try Wizard Liver Whips,

silver or stamps.

Age (if child's or misses' pattern)..... Measurement: Bust..... Waist.....

Caution: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust measure, you need only mark 38, 34, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one one week from the date of application.

SOCIAL and PERSONAL TELL IT TO THE SOCIETY EDITOR.

Mr. and Mrs. Roy Scott of Sarnia the Misses Edna Perry and Leah Davis.

An original guessing contest was given, the prize going to Miss Zella Fawkes.

A buffet luncheon was served, after which compliments on the efficient work of the Mothers' Club were paid by the teachers. Mrs. Thomas Downey announces the engagement of her eldest daughter, Eleanora May, to Mr. Raymond Wool-

Page of Interest to Women

On Thursday evening a most successful social time was spent at the home of Mrs. A. T. Edwards, president of the Talbot Street Baptist Ladies' Aid Society, when 48 were present, although the weather was most unfavorable. Miss Beryl Wainwright, accompanied by Mrs. Murray Sangster, sang several numbers very sweetly, and Mrs. T. S. Roy delighted all present with readings. Mrs. C. J. Leach, on behalf of the society, then presented Mrs. Edwards with flowers; a handsome club bag and a writing portfolio, all of which will be of use to her on the trip she proposes to take to the old country in latt. The marriage is to take place at the end of the month. On Friday evening the branch managers of the McClary Manufacturing Company, who have been spending the past week at the company's head of-flees here, attended the initial per-formance of "Liberty Hall," as the guests of Col. and Mrs. Gartshore. Incidentally, they were so pleased with the performance, and so interested in the project for which this play was with the performance, and so interested in the project for which this play was given, that they made up a donation of \$100 to the hospital, which was placed in the hands of their host for this purpose.

A very successful social time was held in the kindergarten of the Simcoe school by the Mother's Club, Mrs. John Curnoe, presiding in the absence of the president, Mrs. Campbell. This was a unique affair in the form of an auto-

school by the Mother's Club, Mrs. John Curnoe, presiding in the absence of the president, Mrs. Campbell. This was a unique affair in the form of an autograph party in aid of the Sick Children's Hospital. The teachers of the school and the fathers were the invited guests and turned out in goodly numbers. A splendid program included the following numbers: Instrumental, Miss Ruby Wallace; solo, Miss Edna Brownlee; a short address by W. W. Wallis, principal of the school; readings by Miss Agnes Richmond; duet by will reside in Park Hill.

BUSINESS GIRLS

spent the week-end in town.

Housing Accommodation and Increasing Rents Make Situation Acute.

Montreal, April 16 .- The problem of finding living accommodation within their means for the vast army of business girls of Montreal, who are without homes in the city, is becoming every day more acute, owing to the scarcity of houses, the increase in rent coming into force with the first of next month, and the constant upward trend in the cost of food, and other living necessities. The problem is more acute for the girls of the Protestant faith, as the Y. W. C. A. is at present the only the girls of the Protestant faith, as the Y. W. C. A. is at present the only agency which is attempting to deal with it on their behalf, and the secretary in charge of that work, in discussing it yesterday, said that in spite of greatly increased housing accommodation in 1919, and the addition of 200 supervised boarding houses to the former list of 150, there were still girls being turned away daily for whom it was impossible. 150, there were still girls being turned away daily for whom it was impossible to provide permanent accommodation. In all, 1,100 girls were provided with permanent homes by the association last year, only 200 of whom could be housed in the central buildings.

The difficulty of making the salary paid to the majority of these workers paid to the majority of these workers cover living expenses was explained, as the average wage of the girl clerk in the stores and offices ranges from \$50 to \$80 per month, while some, it was stated, receive even less. On the average a suitable room cannot be obtained under \$15 or \$20 a month, food is reckoned at \$1 per day, as the least possible expenditure, so that the margin is very narrow in most cases. The association finds it possible to supply a room and two meals per day at association finds it possible to supply a room and two meals per day at rates varying from \$20 to \$34 per month, the residents of the central homes hav-ing the advartage of the lounge rooms, gymnasium and libraries. The assoiation also has limited accommoda ion for the more highly-paid women, whose case is scarcely any better, al-hough they may have a little more

Advertiser Patterns Owing to the pattern manufacturers increasing the price of patterns to us, all patterns advertised from this date will be

15 CENTS EACH.



A New and Stylish Costume.
Pattern 3153 is here portrayed, It s cut in six sizes, 34, 36, 38, 40, 42 and 44 inches, bust measuree. Size 38 will require 61/8 yards of 44-inch material. The width of the skirt at the lower edge, with plaits extended, is 21/8 yards. This model shows a new basque waist This model shows a new basque waist with vest portions. It is suited to mature as well as slender figures, and appropriate for silk, cloth and wash fabries.

money at their command, a little better class of boarding house being their only refuge. That there should be suitable accommodation reasonably within their means for only 1,000 business girls and women of the Protestant faith, it was pointed out, is startling when the vast number of such workers employed in the city is considered.

RAISE \$1,000 DURING PAST YEAR FOR CHURCH

'The Ladies' Aid Society of the Ridout Street Church held their annual meeting with election of officers on Wednesday last, which resulted as follows: President, Mrs. Jarvis; vice-presidents, Mrs. Snyder and Mrs. Proctor; secretaries, Mrs. Martin and Mrs. Bickell, and treasurer, Mrs. Russel. This society has just completed a banner year, in which they have raised nearly \$1,000. The members are now selling bricks to aid the parsonage fund and aim to double this amount in the coming year.

SCHOOL REPORTS

EASTER EXAMINATIONS. MOUNT ERYDGES, April 17.—The following is the list of those who assed the Easter examinations in the ower school of Mount Brydges Con-inuation School. The names are in order of merit:
Form II.—Wilmot Innis, Gordon
Wonnacott, Eva Wonnacott, Grenville
Harding, Kenneth Clark, Donna Hum-

phrey, Sadie Walker, Harold Wilton.
Form I.—Lenna Runnals, Howard
Runnals, Helen Runnals, Wesley
Wyatt, May Dingman, Hildegarde
Webb, Beatrice Erskine, Ila Buchanan (equal), Ruby Scott, John Waters and S. S. NO. 6. LONDON.

ILDERTON, April 17.—The following is the Easter examinations report of No. 6, London. x-Indicates absence during some of the examinations Senior IV.—Mildred Hudson, Steve Powell.

Junior IV .- Doris Hudson. Senior III.—Arthur Burnett, Dora Powell, Jane Powell, Eddie Higgins. Junior III.—Elliott Parkinson, xForrest Marrow, Ruth Powell, xLeach Marrow, xEva Connor. Grade II.—Mae Burnett, Ralph Dann, Olive Higgins. Grade I.-Harold Parkinson, xJames Connor.

Primer.—Marion Wood, Pearle Powell,

Victor Smith, Johnnie Connor

AILSA CRAIG. AILSA CRAIG, April 16.—The following is a report of the standing of pupils at S. S. No. 6 McGillivray, in the Easter examinations. Names in order of

merit:
Class IV.—Verna Trevethick, Martin
Watson, Jean Luther, Violet Pierce,
Elmer Greenlee.
Class III.—Laverne Morgan, Rose
Day, Lyle Trevethick, Lather Morley,
John Morgan, Verna Greenlee, Willie
Sylvester. John Morgan, Verna Greenlee, Willie Sylvester.

Class II., Senior—Jean Gilbert, Harold Lee, Murry Morgan, Goldwin Glenn, Wesley Watson, Grant Amos.
Class II., Junior—Florence Amos, Gladys Moriey, Harvey Morley, Myrtle White, Owen Amos, Adden Craven.

Class I.—Jack Trevethick, Calvin Greenlee, Mary White, Willie Lee.
Senior Primer—Rita Watson, Murry Rowe, Cora Morley, Liela Rowe, Junior Primer—Gertrude Amos, Viola Lee, Mabel Amos, Jim Morley, Bertram Greenlee, Maribel Gower, Willie Corbett, Jetson Corbett.

CAKE-MAKING CONTEST. PALMYRA, April 17 .- The monthly neeting of the Palmyra Women's Institute was held at the home of Mrs. Blake Mills, 35 members being present.

After the business was over the girls had charge of the program, which compared instrumental selections by Miss Miss Jean Campbell. A cake contest followed, at which eight young ladies made the cakes. Three judges were appointed and awarded the prizes as follows. The serving of lunch concluded a very the serving of lunch concluded a very the serving of lunch concluded a very that the strength of present.

THE STORY OF PATCHES.

PART FIVE.

Patches and his companions, Tige, the bulldog, and Tremble, the tremblance of the program which eight young ladies made the cakes. Three judges were appointed and awarded the prizes as follows:

Miss Ina Shipp first, Miss Alva Goff second and Miss Ruby Eberle third.

The serving of lunch concluded a very puppy, for it must be remembered that

eat your own garden

Next to Spring clothes and Spring cleaning comes the Spring garden. Though it may be only a window box, a back yard plot, a city lot or the school children's particular spot, now is the time to start "green things a-growing." Do you know there are eighteen vegetables you may easily grow at home. "Eighteen Vegetables and How to Grow Them," in the April issue of EVERYWOMAN'S WORLD, gives important information upon timely subject. It tells you how to grow your vegetables, when and where to plant, what ones need sun, others that

115,000 Copies into 115,000 Homes per Month



If You Want To Hold Your Own MADEIN BUY CANADIAN-MADE GOODS



John H. Chapman & Co.

Canadian-Made Sweaters

Ladies' Pullover Wool Sweaters, in all the newest colors and such pretty styles, Selling at ... \$5.25 Also Girls' Wool Pullover Sweaters, in all the latest \$4.50 shades

Sample Sweater Coats, \$6.75

2 dozen only, Ladies' Sweater Coats. These are slightly soiled travelers' samples; in the very latest styles.

Breakfast Dresses. \$1.50 One-Piece Breakfast Dresses, in such pretty patterns and fine quality percale, buttoned at the side, with belt and pocket, for ... \$1.50 Good Canadian-Made Print Skirt Aprons, full size Nurses' Aprons of strong white linene, smart and well made. Price

Crepe Kimonos, \$4.50

Beautiful range of Crepe Kimonos, in such pretty designs. Make sure you ask to see these in our Underwear De-Price \$4.50 to \$6.00

Girls' Middies, \$1.65 Girls' Middies, made of good quality

white drill, with \$1.65, \$1.75

Canadian-Made Corsets. \$2.19

We hold the finest and best assortment of Corsets in London. A strong, wellmade Corset, made of good quality coutil, low bust, long hip, four hose support; suitable for the average figure. Price \$2.19 Canadian-Made C-C a la Grace Corsets, made of excellent quality coutil, rustproof steels, six hose supports, low bust and long hips, high bust and medium hips; good reliable \$3.50 quality, and good value at Girls' Corset Waists, washable, with

hose supports; 4 to 12 years Ladies' Summer Vests,-These are mill seconds, with short and no \$1.00 sleeves. Clearing, three for

Canadian-Made Hats For Girls and Misses From \$1.35

New Spring Hats for the Girls in Fine Milan Straw. Very pretty styles. The real girls' poke shape; smart roller style, with wide gros-grain silk ribbon streamers. Selling at \$1.35, \$1.50, \$1.75, \$2.00, \$2.50, \$3.00 to \$4.25

Silk and Kid Gloves

Double-Tipped Silk Gloves, in mastic, pongee, grey, white and black; in all \$1.50 to \$2.00

White Kid Gloves, \$1.98 Canadian-Made Week we are offering White Kid Gloves, with contrasting points, also black points. These are very slightly soiled. Sizes \$1.98 6, 61/4, 63/4 and 7. Per pair \$1.98

Bargains in every department throughout the week.

Canadian=Made Hosiery

We can supply every family in London with Hosiery, and of the best quality. Ladies' Lisle Hose, seamless, spliced heels and toes, in light and dark grey, light and dark tan, also in black and white. Per pair 50c Special Lisle Hose, full-fashioned, seamless, taupe, putty, sand, white, grey and tan; in all sizes. Per pair Ladies' Silk Hose, double sole, high spliced heel and toe, in light and dark grey, light and dark tan, pearl grey and white; all sizes. Per pair Our Own Special, Pure Silk Hose, high spliced heel and toe, seamless, in navy,

black, white, grey, champagne, silver and tan. Pair \$1.25 Canadian-Made Art Dept. Stampel Pique Dresses for children, assorted patterns; sizes 1 to \$1.29 6 years. Special Stamped Rompers, in white pique, and pink and blue chambray Ladies' Gowns, stamped on good quality nainsook, assorted sizes. \$1.98 and patterns. Special.....

Canadian-Made Voile, Silk and Georgette Waists

Ladies' White Voile Waists, plain, embroidered or lace trimmed, tailored effects, round and square neck designs. A big variety to select from. Sizes 36

\$1.50 to \$3.00 From Silk Crepe de Chine Model Waists, charming effects, square neck, neatly tucked, etc., in pink, white \$3.75 and maize. Selling at White Habutai Silk Waists, excellent quality, remarkable value, \$5.19

Blouses of Georgette, beautiful and new, in the styles of the coming season. New collariess styles; some elaborately embroidered, others trimmed with beaded designs. Don't miss

this grand display.... \$6.75 to 56-Inch Table Linen, 89c

Four beautiful designs in Table Dam! ask, 56 inches wide, excellent quality. Selling at, per yard 36-inch White Pique, excellent for ladies' skirts, etc. Per yard White Terry Toweling, good heavy weight, fine quality, 18 to 27 inches wide. Specially 40c * 85c

> Made=in=Canada Bedspreads, \$3.95

priced from

Very pretty designs in White Bed spreads, size 72x84. These are much under wholesale price. \$3.95 Each

Canadian-Made Ginghams.

A splendid range of Canadian Ginghams, in checks, plaids and stripes; also in plain colors; 27 to 30 inches wide. Will be sold at, 50c

per yard Special 40-Inch Mull, 69c

Beautiful Fine Flesh-Colored Mull, 40 inches wide; just what you require for underwear. Per yard

OUR STAPLE DEPARTMENT IS FULL OF BARGAINS.



John H. Chapman & Co.

18-inch Linen Centres, stamped in a

large assortment of patterns.

LONDON





Campbell. A cake contest followed, at which eight young ladies made the cakes. Three judges were appointed and awarded the prizes as follows: Miss Ina Shipp first, Miss Alva Goff second and Miss Ruby Eberle third. The serving of lunch concluded a very enjoyable afternoon.

The days and days are stopped whenever they were hungry to hunt up a meal in someone's backyard, lane, or on the back doorsteps, and so plentiful were the scraps that they seldom went hungry for long. The two dogs and the one puppy, for it must be remembered that Patches was only a tiny fellow, stopped to frolic too, and what jolly times they had of it. As the days went by Patches got stronger and bigger and soon he

of them, and being a good ratter I just can't help killing a rat every time I see one."

"You had better join us," said Tige. "We have a pup that is so oddly marked his family disowned him, an old bulldog that has no teeth and is no longer of much use, and here old Tige looked very sad, for it was himself he meant), a yellow dog that the tome, a fuzzy dog that doesn't like being cuddled and longs to play like an ordinary dog, a police dog that didn't like being watchman to a flock of geese,

FOREST sot stronger and bigger and soon he was able to trot alongside the older dogs without feelings tired or having to take longer steps.

Nok, the life of a roamer seemed to appeal to more than these dogs, for one tlay they were met by a funny little Margaret Muyrouthy. appeal to more than these dogs, for one day they were met by a funny little Margaret Muxworthy; vice-president. Miss Eduzy-haired dog. "Can't I join your party?" he asked. "I am a dog with big ambitions and full of fun and frolic, but my mistress insists that I sit on a cush-ton all day so I want to you away."

Way: "Treda Dodge; treasurer, Miss Greta Way: "Superintendent of Chalette etc." Freda Dodge; treasurer, Miss Greta
Way; superintendent of Christian stewardship, Miss Ada Rawlings; superinindicate the state of th in all day, so I want to run away." So Fuzzy was added to the party.

Soon after that they were met by Silvo, the police dog. Silvo had a grievance too. "I am a well trained police dog and capable of looking after all my master's possessions, but all he gives me to guard is a flock of silly geese," he complained," so please can't 1 go along with you too?"

"Come along," invited Patches, and Silvo came.

Not many days after the travelers met another dog who was unhappy and discontented. He was Sickem, the sky terrier. "I was brought up to be a great ratter," Sickem confided to the other dogs, "but lately I was sold to a master who keeps rats for pets, and he thrashes me everytime I kill one of them, and being a good ratter I just can't help killing a rat every time I killone of them."

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At the annual meet on all day, so I want to run away." So Way; superintendent of Christian stew-

"Beauty is Only Skin Deep



but a beautiful skin is possible only when the liver and kidneys are active, and the bowels functionate. properly. The secret of beauty as well as of health is to maintain perfect digestion and elimination.

help to preserve beauty and maintain health, because they influence liver, kidneys, skin and stomach to functionate in harmony and efficiently.

> Worth a Guinea a box. Sold everywhere in Canada. In home, 25c., 50c.

Eyes Inflamed?

and strained, get a bottle of Bon-Opto tablets from your druggist, dissolve one in a fourth of a glass of water and use as an eye bath from two to four times a day. Bon-Opto

allays inflammation, invigorates, tones up the eyes. Note: Doctors say Bon-Opto strengthens eye sight 50% in a week's time in many instances

Standard Drug Stores.

Strong's Drug Store.

London & Port Stanley Railway

Time Table Effective September 3.
To St. Thomas—†5:00. †*6:20, 7:20.
*8:20. 9:20, *10:20. 11:20 a.m., *12:20.
*1:20, 2:20, *5:20, 4:20, *5:20, 6:20, *7:20.
To Port Stanley—†*6:20, *8:20, *10:20.
*1:20, *3:20, *5:20, *7:20, *10:20 p.m.
*Daily except Sunday.
*Limited train. London to St. Thomas



A TABLET at bed time keeps sickness away. You get up in the morning feeling full of pep. You are vigorous, your skin has that healthy glow, your eyes bright your steep elastic, and that delightful teeling of youth returned to those who are getting old. Maggie Patterson, Shoals, Ind. writes: "I am 68 years old, do all they own work, never miss a meal, eat all I want and anything I want, and feel as young today as I did fifty years ago, which attribute to taking one BLISS NATIVE HERBS TABLET each night shefore re tiring. MONEY-BACK GUARANTEE in each box. At all Drug Stores, 5200 dose \$1.00. ALONZO O. BLISS CO., MONTREAL

Newest Arrivals OF SUITS, COATS AND DRES

at reasonable prices. Your in

Justrite Ladies