

"War-Time Cookery"
FREE

Send name and address for new "War-time Cookery" This book contains recipes chosen by the judges as the best and most practical recipes submitted in our recent cash prize competition. It is intended to assist in the conservation of food and to effect savings in home cooking and baking.

Approved by Canada Food Board

ADDRESS

E. W. Gillett Co. Ltd.
TORONTO, CANADA**LIFT GOVT. CONTROL
OF SHIPPING SOON
AS PEACE ARRIVES**

Enemy Should Be Forced To Surrender Ships as Punishment.

LONDON, June 19.—The board of trade committee, in its report on the position of shipping and shipbuilding in the reconstruction period after the war, unanimously recommends the early removal of Government control. The committee declares that the removal of Government control, and the surrender of enemy shipping, heavily punish the enemy's commerce at sea, and provide for the auctioning of surrendered vessels, the proceeds to be treated as part of the common war indemnity.

The committee considers post-war restrictions on building for Germany useless unless all the Allies, including the United States, are prepared to force neutrals to that end.

NO ITEMIZED ACCOUNT; LAWYER LOSSES HIS FEE
TORONTO, June 19.—Because Hon. George Lynch Stanton of Hamilton did not itemize his bill for services rendered William Somerville and St. Clair Balfour, his action against them to recover the amount of the bill is dismissed by Mr. Justice Mastron.

H. S. White appeared for the defendants, and J. G. Farmer, K.C., for the plaintiff.

"No proper bill having been rendered," says Mr. Justice Mastron in giving judgment, "the action is prematurely brought and must be dismissed unless the plaintiff chooses to accept the sum of \$500 paid in by the defendants."

The judgment is without prejudice to any other action. Senator Stanton may choose to bring thirty days after the delivery of such a bill as the practice demands.

**GAS ON STOMACH
SOUR STOMACH
INDIGESTION
HEARTBURN**

Instantly relieved by
**BISURATED
MAGNESIA**
IN 5-GRAIN TABLETS
AND POWDER FORM

BISURATED Magnesia is Magnesia especially prepared for the safe, speedy and certain correction of dangerous stomach acidity. It comes only in the form of five-grain tablets, or powder in sealed blue packages. Do not confuse with commercial magnesia, milk of magnesia or citrate of magnesia. Look for the word BISURATED and get the genuine from DRUGGISTS EVERYWHERE.

**Simple Home Treatment
to Remove Hairy Growths**
(Beauty Culture.)
Two or three minutes' use of a delicate paste will banish every bit of hair from your face, neck, arms, etc. This paste is made by mixing some water with powdered delatone. After the paste is removed, the skin should be washed to free it from the remaining delatone and it will be clear and spotless. You will not be disappointed with this treatment if you are sure to obtain real delatone from your druggist.—Adv.

**MY TIRED FEET
ACHED FOR "TIZ"**

Let your sore, swollen, aching feet spread out in a bath of "Tiz."

Just take your shoes off and then put those weary, shoe-crushed, aching, burning, corn-pestered, bunion-tortured feet of yours in a "Tiz" bath. Your feet will wriggle with joy; they'll look up at you and almost talk, and then they'll take another dive in that "Tiz" bath.

When your feet feel like lumps of lead—all tired out—just try "Tiz." It's the only remedy that draws out all the poisonous excretions which puff up your feet and cause foot torture.

Get a 25-cent box of "Tiz" at any drug or department store—don't wait. Ah! how glad your feet get, how comfortable your shoes feel. You can wear shoes a size smaller if you desire.

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**W. C. T. U. PRESIDENT
ATTACKS CIGARETTES
AND WET CANTEEN**

Objects to Canadian Women Sending Smokes to Trenches.

CALLS FOR SACRIFICE

Mrs. Gordon Wright Delivers Message to White Ribbon Convention.

Ottawa, June 20.—War work and war sacrifices must be the first consideration of the W. C. T. U., and with our brothers, fathers and husbands, we must face the tyrant enemy until we are victorious, declared Mrs. Gordon Wright, president of the W. C. T. U. provincial convention, in her address here last night.

Mrs. Wright was all praise for the Union Government, for its prompt action in suppressing the liquor traffic. She expressed her deep regret that England had not seen fit to bring in similar legislation.

"We, the women of Canada, protest against our sons being debauched and degraded by liquor and its consequences," she said. "When we have given our best and our bravest to help the mother country in her fight for right, we white ribbon mothers are not asking too much when we say that such an undesirable alternative as the wet canteen should not be handed our boys when they cross the seas."

Cigarettes and Tobacco. She deplored the fact that so many women in Canada send cigarettes and tobacco overseas for the soldiers. The president said, "surely we need the woman's viewpoint in the Government."

With their powers of citizenship they see great hope, and she expressed conviction that the "Senate of the Dominion should be the first point of attack on the woman's housecleaning touch."

At the evening session the provincial presidents reviewed reform work in their own provinces. Quebec Ministerhood.

Mrs. E. H. Wyott of Montreal said that Quebec was always rather misapprehended. "Quebec has been called the dark province, but if we are dark, they have learned to see in the dark."

Out of the 1,139 municipalities in my province only 89 are wet, she said. Mrs. A. L. Povers reported for Nova Scotia, Mrs. L. Hetherington for New Brunswick and Prince Edward Island, Mrs. E. A. Stevens for Ontario, Mrs. H. Oakes for Manitoba, and Mrs. H. E. Armstrong for Saskatchewan.

**JUGO-SLAVS FIRMLY
BELIEVE IN VICTORY
FOR ENTENTE ALLIES**

Geneva, June 19.—The Jugo-Slavs firmly believe in the eventual victory of the Entente Allies, according to the Journal Novine of Agram, Hungary. "Foch, whom David Lloyd George called a great soldier, has not yet disclosed his intentions," says the newspaper. "He is carefully holding back his reserves, and nobody knows where he will employ them."

"Every month the Allies grow stronger in men and richer in material. Altogether it is an interest of the central powers to conclude a peace quickly. The internal strife between the nations of Austria-Hungary has reached its height. Never before in history has the people's spirit for freedom and independence been so agitated as now. We have every faith in the Allies."

**Rations For Canada
Within Two Months**

Superintendent of Registration Makes Significant Statement.

MONTREAL, June 19.—The rationing system must certainly be imposed in Canada within the next month and a half to protect citizens in general, L. G. A. Cresse, superintendent registrar for Quebec, stated today.

Mr. Cresse said that within the last few weeks hundreds of thousands of bushels of wheat have gone down with the vessels sunk on this and the other side of the Atlantic. Mr. Cresse's announcement was made in support of a plea for complete registration in Quebec.

**RUSSIAN COMMITTEE
WANTS ALLIED ARMY
TO OPERATE IN SIBERIA**

PEKING, June 19.—(By the Associated Press.) The Russian committee for the "salvation of the world" has resolved to appeal through Japan for immediate intervention in Siberia by Entente Allied forces. The Russians said there would be no difficulty in establishing an allied army in Siberia. They frankly expect a purely Japanese expedition against the ground of what they term Japan's imperialistic and racial antagonism.

**FRANCO-AMERICAN WAR
SECRETARYSHIP CREATED**

PARIS, June 19.—Announcement will be made officially tomorrow by the French Government of the establishment of a secretaryship for Franco-American war co-operation at the office of Premier Clemenceau. The new department will be headed by Capt. Andre Paret, the French high commissioner to the United States.

**In
Old
Age**

Health and comfort in old age depends largely on keeping the liver and kidneys in healthful action.

Pains and aches, stiffness of the joints, lumbago and rheumatism tell of poisons left in the blood by sluggishness of the liver and kidneys.

People in advanced years hold Dr. Chase's Kidney-Liver Pills in high esteem because of the promptness and certainty with which they awaken the action of kidneys, liver and bowels.

**Twenty-One German Destroyers,
Many Submarines and War Craft
Are Penned Up in Bruges Canal**

LONDON, June 19.—Twenty-one German destroyers, a large number of submarines and numerous auxiliary craft are penned up in the Bruges Canal docks as a result of the recent British naval operations at Zeebrugge, the German submarine base on the Belgian coast.

Thomas McNamara, financial secretary of the admiralty, made an announcement in the House of Commons to this effect this afternoon, and said the operations were more successful than was at first supposed. He said these German craft were now the targets of continuous bombing.

**UKRAINIANS START A REVOLT;
STREET FIGHTING AT CAPITAL**

LONDON, June 19.—A great revolt has begun at Kiev, according to an intercepted wireless message transmitted from Moscow to the Exchange Telegraph Company.

Artillery stores have been exploded, and there is continued street fighting. The revolt is spreading to the Poltava and Chernovitz provinces. Forty thousand peasants, armed and organized, are participating in the revolt.

Some Retailers May Be Taking Advantage.

PACKERS WITHIN THE LAW
Report to Crothers Has Different Tone Than O'Connor Employed.

Ottawa, June 19.—The cost of living branch reports to the Hon. T. W. Crothers, minister of labor, as follows, concerning food in cold storage: "Reports from the cold storage companies for June 1 indicate an increase in quantity in store of butter, eggs, pork, mutton, lamb and fish, and a decrease in the quantity of cheese, beef and fowl, compared with May 1 of this year."

"As compared with June 1, 1917, we have more butter in store, more beef and more fish. We have less cheese, eggs, pork products and fowl than a year ago. The most striking comparison is in the case of beef of which we have 11.72 per cent more than on June 1, 1917. Since the purchasing commission of the Allies is fully aware of this stock is already under contract to them and we find no grounds for any charge of hoarding."

Some Take Advantage. The most striking feature recently in the market situation storage products has been the great rise in the price of meat. The matter has been carefully investigated with the view of detecting profiteering, and while the merchants in the meat business have apparently used the general rise in prices to cover an undue increase, we have not been able to find any evidence of the general increase throughout the whole of North America, and fully as marked in the case of live cattle as in the case of meat. The increased price is due wholly to the war situation, particularly to the fact that the purchasers of meat are the army and the purchasing commission of the Allies have considered that the increased price to the farmer was necessary to stimulate the production of meat for the war.

Something Else Over. It is impossible to make an exact statement as to the quantity of goods, but the evidence available indicates that the rise was most evident in the price of live animals and live cattle. Apparently, if any of the dealers throughout Canada were to attempt to raise the price unduly it is the taller. This probably is due in part to the fact that the dealers have large stocks on hand, on which they are not allowed by the Canada Food Board to advance their prices. It is noteworthy that wholesale prices of beef have advanced very much more in the United States than they have in Canada.

The amount of food commodities in storage on June 1, 1918, was: Butter, 2,966,397 pounds; cheese, 4,428,800 pounds; fresh and pickled, 19,333,470 pounds; pork, (fresh and pickled), 11,218,841 pounds; bacon, ham and smoked meats, 14,721,221 pounds; mutton and lamb, 10,907,824 pounds; fish, all varieties, 154,405 pounds; fowl, all varieties, 907,250 pounds.

The preceding figures cover only goods reported as held in storage. To estimate the quantity of any such goods available from cold storage companies for consumption and export, add about 10 per cent to represent stocks in transit, and certain comparatively insignificant quantities unreported."

BRITISH LABOR REFUSES TO MEET ENEMY TILL HE REPUDIATES HIS RULERS
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The mass of the British working classes, Mr. Roberts said, was frankly patriotic, and refused to meet the enemy under any circumstances until he had laid down arms or repudiated his rulers.

NISSOURI PUPILS ARE WRITING THE ENTRANCE
THORNDAL, June 19.—Twenty-three pupils from West Nissouri today commenced writing the entrance examinations. Miss Delmage of the continuation school presided, and the examinations were in spelling and composition.

Registration is proceeding rapidly in this district, and more than half of the men and women already filed out the necessary form.

C. A. Mahon of Sebringville has been entered as licensee by the East Middlesex Telephone Company and will put the system in repair as soon as possible.

Crops throughout this district are looking well.

ST. MARYS FLAX MILL WILL BE REBUILT
ST. MARYS, June 19.—A special meeting of the town council was held last night to consider the terms of a bylaw to raise \$5,000 to encourage the flax industry. The mill on the outskirts of the town was recently destroyed by fire. Mr. McCredie, the flax man, asking for the loan of \$5,000 for the erection of a new mill, but at last night's meeting he told the members of the council that he had decided to withdraw his application for the loan, as it was impossible for him to delay until the ratepayers would give their decision. He proposed that the construction of the new mill be left to the flax man, and that he would like to arrange for a fixed assessment at present valuation for ten years or an equivalent to the cost of the mill.

The date for the St. Marys fair has been set for Thursday and Friday, September 19 and 20. The fair is the property of the South Perth Agricultural Society, and has been named to fill the position in the market place since the death of William Porter, of Downie Township.

C. P. R. RAILS IN WEST BEING TAMPERED WITH?
CALGARY, June 19.—Several persons were recently bruised and shaken, and five or six coaches were derailed by the Canadian Pacific Railway, the first section of the morning when the Imperial Limited train struck a broken rail on the main line near Lethbridge. Following a rumor that the rails had been tampered with, the Canadian Pacific Railway is now making a full investigation.

U. S. SHIPYARD WORKERS MUST HAVE THEIR BEER
WASHINGTON, June 19.—Vicious protest against immediate absolute prohibition was made before the House agriculture committee today by Balmain Colby, member of the shipping board, who declared if beer were taken from the workmen the output of American shipyards would be reduced 25 per cent.

**MEAT PRICE DUMPS,
SAVS C. O. L. REPORT,
AND MAKES EXCUSES**

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**COLLEGE GRADUATING
CLASS ALL IN KHAKI**

Loyola Boys Have Brought High Honors On Institution.

MONTREAL, June 19.—Khaki predominated at the 22nd annual commencement at Loyola College here today, when the graduating class of seven pupils, all of whom have entered the army, received their degrees. In addition to these there were 23 Loyola boys training for the Royal Air Force at Toronto, while 25 former pupils are fighting, or have fought overseas since the beginning of the war. They have won eight military crosses, several D. S. O.'s, Legion of Honor, Croix de Guerre, Distinguished Conduct medals and military medals. All class prize winners accepted only medals, the prizes being donated by the winners to a general fund for war charities.

**WINGHAM MAY GET
FERTILIZER FACTORY**


WINGHAM, June 19.—Messrs. Parker and Taylor of Ingersoll were in town recently looking over conditions here, with a view to establishing a fertilizer manufacturing plant here.

Mayor Hinkley called a meeting of the ratepayers yesterday, which was fairly well attended. Messrs. Parker and Taylor proposed that the town purchase the chair factory property, and they would pay the town interest on the cost of the factory for a term of 20 years, when the money would be returned to the corporation. They would improve the buildings and put them in proper shape for the manufacture of fertilizer. The town was also asked to give exemption of taxes, except school taxes, and free water for a term of 20 years. The matter was discussed quite fully by the citizens and left in the hands of the town council to consider the question of submitting the question to the ratepayers.

**A GRAND MEDICINE
FOR LITTLE ONES**

Baby's Own Tablets are a grand medicine for little ones. They are a mild but thorough laxative; are absolutely safe; easy to give and never fail to cure any of the minor ills of little ones. Concerning them, Mrs. J. S. Hasteley, Gleason Road, N. B., writes: "I have used Baby's Own Tablets and have found them perfectly satisfactory for my little one." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Company, Brockville, Ont.

New July Numbers of Columbia Records


**Metropolitan Opera Orchestra
Makes Records Exclusively
for Columbia**

The enlistment of this historic organization under the Columbia standard is the best proof of how high that standard is held. And this first glorious record of *Faust's* famous *Ballet Music* is only a promise of what is to come. A6041—\$1.50

**Amparito Farrar Sings
The Columbia Constellation**

This brilliant young American soprano makes a particularly happy debut with a record including "Sweet and Low" and "Mighty Lak a Rose." Rarely beautiful songs both, enriched by a voice of radiant loveliness. A2535—\$1.00

**New York Philharmonic Plays
Victor Herbert's "American Fantasie"**

American war songs in a thrilling medley that fairly flamed with patriotism. A record that explains why this great symphony orchestra won such thunderous applause in its cantonment concerts. A6040—\$1.50

Send some records to your soldier. There's a Grafonola in his Y. M. C. A. or Knights of Columbus hut.

New Columbia Records on sale the 20th of every month
COLUMBIA GRAPHOPHONE COMPANY TORONTO

FOR SALE BY
WM. McPHILLIPS
Clean Record Service
Every Record is inspected before being sent out.
189 DUNDAS STREET. PHONE 1022.

COLUMBIA RECORDS AND GRAFONOLAS ON SALE AT
HARMONY HALL
4 Doors North of Dundas,
421 Richmond Street.

Peoples Outfitting Co.
COLUMBIA GRAFONOLAS AND RECORDS
240 DUNDAS STREET. PHONE 5616.

The Wright Piano Co., Ltd.
352 DUNDAS STREET. A. M. DOUTHWRIGHT, Manager.
Columbia Machines and Records. "Wright Pianos Are Right Pianos."

NORDHEIMER'S
227 DUNDAS STREET, 2 Doors West of Majestic Theatre.