

**Requires No Red Tape to See  
Delightful English  
Stage Favorite.**

**War Cake—**

- 2 cups brown sugar
- 1 teaspoon ground cinnamon
- 2 cups hot water
- 1 teaspoon ground cloves
- 4 tablespoons lard
- 1 cup raisins
- 1 teaspoon salt

Boil together for five minutes. Then cool and add 3 cups of flour and 2 teaspoons soda dissolved in 1 teaspoon of hot water. Bake in two loaves in slow oven an hour and a quarter.

(Wheat and meat saving recipes by domestic science experts on the staff of the food controller's office).



insanity.

**ANSWER**—An injury to the night possibly produce insanity, the patient has been treated by medical practice. The usual causes of insanity are: (1) syphilis; (2) alcoholism; (3) epilepsy; (4) tuberculosis; (5) war; (6) disturbances of digestion; (7) the loss of sexual desire; (8) Bright's disease; arteria, diabetes, auto-intoxication and other toxic diseases.

The Call of the Blood.

What is a good and harmless purifier? What causes pimples and eruptions?

**ANSWER**—Oxygen, two miles from New York City, at the corner of sunny side of the street, Condor

**POTATO SCALLOP.**

Take a deep baker and put on stove with a little butter in it, one small onion in it and let it cook for a few minutes. Take from stove, put potatoes sliced thin, in the layers, putting pepper, salt and butter on each layer. Sprinkle bread crumbs on top and bake.

Take a Marmola Prescription Tablet each meal and at bedtime. The suppleness of youth will come back to you. Off will go the fat, ununiform and unevenness of the body, the foundation laid youthful form beneath.

Try this method. No exercising, dieting is necessary to take off a pound a day. The Tablet will do it alone. Wrinkles or buggles in the skin, the stiffness of the body, the brightness and suppleness will increase. The Marmola Prescription Tablet is absolutely non-jurious (being made of the famous infallible formula—1% ounce, Marmola Compound, 99% Castor Oil and 100% Essence Peppermint Water), and is inexpensive, a large case, enough to last, costing at any drug store.

Hundred Will be Killed by Butchers of Harrow at Request of Authorities.

London, Jan. 23.—At a meeting the butchers of Harrow yesterday of their number said the shortage of meat had become so serious that the authorities had asked him to start killing horses, and he was beginning this week with a hundred head. Horse meat, he said, would perhaps, not be very palatable to some, but it would come.

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