

Loa, since it is the largest tributary to the Congo, from the east between the Aruwimi and the Luama. For your comfort, I will dare venture the opinion even now that the lake is the source of the Lowwa, though I know nothing positive of the matter. But I infer it, from the bold manner in which the Aruwimi trenches upon a domain that any one would have imagined belonged to the Nile. It was only ten minutes' march between the head of one of its streams to the crest of the plateau whence we looked down upon the Albert Nyanza. From the mouth of the Aruwimi to the head of this stream is three hundred and ninety geographical miles, in a straight line. Well, next to the Aruwimi in size is the Lowwa River, and from the mouth of the Lowwa to the longitude of Ugampaka post, in a direct line, is only two hundred and forty geographical miles.

"Emin Pasha, though living in comfort so far as provisions could supply his wants, was in a much worse position than I believed he was when I set out from England. Kaba Rega had been friendly with him up to December 1887, but the news spread through Uganda and thence to Unyoro that there was a large expedition advancing to help Emin; then Kaba Rega immediately expelled Captain Casati with every mark of indignity. He was bound to a tree, stripped naked, and finally sent adrift to perish. Fortunately, after a few days of extreme misery and want, he was found and rescued by Emin Pasha, who, in his steamer, searched the north-eastern shore for him. This was a terrible reverse to Casati, who was robbed of all his clothes, journals, and memoirs. We also lost a packet of letters that had been sent by the missionaries of Uganda for our expedition. As Kaba Rega has about 1,500 guns, mostly rifles, he is not so despicable an opponent as he was