A detachment of the 8th Royal Rifles, which had been garrisoning the Citadel at Quebec since "A" Battery left for the North-West, was relieved on the 7th instant by the Quebec Field Battery.

Commanding officers of corps are particularly requested to have transmitted, to this Journal, for publication, everything of interest that transpires in their respective districts.

### HINTS FOR MARCHING MEN.

1. Clothes which have become wet with perspiration during the day should not be slept in, but should be hung up to dry and air.

2. At night, non-commissioned officers in charge of tents or huts should be careful not to shut all the ventilators. Sleeping in a vitiated atmosphere tends to produce headache and sickness in the morning.

3. It should be remembered that the foot increases by nearly oneeight of its size in marching, boots should therefore be proportionately large. The slightest pressure on the great toe soon cripples. Socks should be of wool, free from darns, and worn inside out.

4. Smoking on the march weakens the heart's action, and is liable to produce faintness when the battalion comes to a halt.

5. Spirits taken on the march often distress the breathing, especially if the pace is quick or the road hilly. Tea is the most invigorating drink.

6. Small quantities of food only should be taken at the mid-day halt. A good breakfast should be taken at starting, and a good supper in the evening.

7. After the march some kind of warn drink, tea or coffee, should be taken.

8. The attention of those who are subject to galled feet is directed to the following points: The feet should be hardened by the frequent use of alum baths for a week or two before marching (two table-spoonfuls of powered alum to be added to sufficient water to cover the feet). On the morning of the march, the feet should be washed, wiped dry, and then rubbed over with soft soap. If blisters occur on the march, the fact should be reported at once. Broken blisters are difficult to deal with.-From "Militia General Orders" of 10th April, 1885.



GEALED TENDERS addressed to the undersigned, and endorsed "Tender for Indian Supplies," will be received at this office up to noon on Monday, 25th May, 1885, for the delivery of Indian Supplies during the fiscal year ending the 30th June, 1886, consisting of Flour, Bacon. Groceries, Ammunition, Twine, Oxen, Cows. Bulls, Agricultural Implements, Tools, &c., duty paid, in Manitoba and the North-West Territories.

Forms of tender containing full particulars relative to the supplies required, dates of delivery, &c., may be had by applying to the undersigned, or to the Commissioner of Indian Affairs at Regina, or to the Indian Office, Winnipeg.

Parties may tender for each description of goods, or any portion of each description of goods, or any portion of each description of goods. separately or for all the goods called for in the schedules.

Each tender must be accompanied by an accepted cheque in favor of the Superintendent-General of Indian Affairs on a Canadian Bank for at least five per cent. of the tenders for Manitoba, and ten per cent. of the amount of the tenders for the North-West Territories, which will be forfeited if the party tendering decline to enter into a contract when called upon to do so, or if he fails to complete the work contracted for. If the tender be not accepted the cheque will be returned.

Tenderers are required to make up in the money columns in the Schedule the total money value of the goods they offer to supply or their tender will not be entertained.

Each tender must, in addition to the signature of the tenderer, be signed by two sureties acceptable to the Department, for the proper performance of the contract.

In all cases where transportation may be only partial by rail, contractors must make proper arrangements for supplies to be forwarded at once from railway stations to their destination in the Government Warehouse at the point of delivery.

The lowest or any tender not necessarily accepted.

L. VANKOUGHNET,

Deputy of the Superintendent-General of Indian Affairs.
Department of Indian Affairs, Ottawa, 19th March, 1885.



### **North-West Mounted Police**

DECRUITS are now being engaged at N MONTERAL, OTTAWA, QUEBEC, HALIFAX and St. John.

Applicants must be between the ages of Twenty-two and Forty, active, able-bodied men of thoroughly sound constitution, and must produce certificates of exemplary character.

They must understand the care and nanagement of horses, and be able to ride well.

The term of engagement is five years.

The rates of pay are as follows:—

Staff Sorgeants.......\$1.00 to \$1.50 per day.

Staff Sorgeants......\$1.00 to \$1.50 per day. Other Non-Com. Officers, 85c. to \$1.00

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lst	year's service	. 50c.			per day	
2nd		50	5c.	55		
3rd	44	50	10	60	44	
4th	44	50	15	65	64	
5th	44	50	20	70	64	

Extra pay is allowed to a limited number of blacksmiths, carpenters and other artizans.

Members of the force are supplied with free rations, a free kit on joining, and periodical issues during the term of service.

OTTAWA, May 8th, 1885.

### PHOSPHATE PROPERTY

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