

attain eminence must become most proficient in all that fits a man for the highest stations in life. In order to command the respect of society and maintain the dignity of the profession, the medical man must know more than the mere practical duties of his calling. He ought to be the equal in point of general education of his associates in society. Thus he is enabled to uphold the dignity of his profession, which in time, by the adoption of a lower standard of education, would reduce one of the noblest callings of life to a level not even dreamt of in the remote days of Hippocrates. The life of the medical man is that of an every-day student. The term of study and observation is being constantly exemplified. The student in college will also be the student in practice. The foundation now placed will carry its appropriate superstructure. Human knowledge is never stationary: its very essence is progress. Theories accepted to-day may in a short time be disproved by additional scientific enquiry. Every day's experience will give you new and varied facts, and you must not rest satisfied with any fancied idea of perfection. Increase your knowledge and add to it daily, and even then times will arise when the difficulty of defining the varied manifestations of disease will be self-evident.

To the junior student let me say, be careful as to your habits of life; prudent as to diet; retire to rest at regular hours; take occasional physical exercise; retain the proper balance of mind and body. The duties of after life require a sound and vigorous constitution in order to enable the medical man to grapple with the varied surroundings of life. Under such circumstances, it is most essential to see carefully to the requirements necessary to promote a healthy condition, mental and physical. The "*mens sana in corpore sano.*" How frequently, by neglect in these particulars, some of our brightest students deprive themselves and the country of their valued services. Think for yourselves and much trouble will be overcome. The habit of thought and reflection is a great factor in the success of life. The time was when students were not thus credited, but now-a-days the contrary is the case. While you carry bare facts in your memories, think carefully over the results likely to