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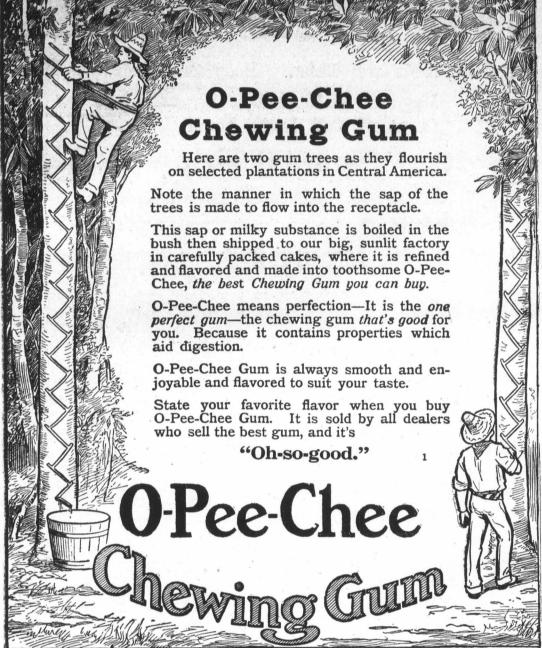
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CANADIAN ' PACIFIC

Saskatchewan, Alberta Special Trains leave Toronto 2.00 p.m. on APRIL 2, 16, 30 MAY 14, 28 JUNE 11, 25 JULY 9, 23 AUG. 6, 20 SEPT. 3, 17 Second class tickets from Ontario stations to principal LOW ROUND-TRIP RATES Winnipeg and return \$34.00; Edmonton and return \$42.00, and to other points in proportion. Tickets good to return within 60 days from going date. TOURIST SLEEPING CARS through to Edmonton via Saskatoon, also to Winnipeg and Calgary via Main Line on all excursions. Com-fortable berths, fully equipped with bedding, can be secured at moderate rates through local agent.

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Apply to nearest C.P.R. Agent or M. G. MURPHY, Dist. Pass. Agt., Toronto ONLY DIRECT LINE NO CHANGE OF CARS

Trying an Irishman.

They were trying an Irishman, charged with a petty offence, when the judge asked—"Have you any one in court who will vouch for your good character?" "Yis, yer Honour," quickly responded the Celt, "there's the chief constable abree." Whereupon the chief constable evinced signs of great amazement. "Why your Honour," declared he, "I don't even know the man." "Observe, your Honour," said the Irishman trlumphant-ly, "observe that I've lived in the country for over twelve years an' he doesn't know me yit. Ain't that a character for ye?" They were trying an Irishman, charged

Proper Breathing.

The importance of proper methods of respiration should demand some attention from the teachers in the High and Public Schools. Breathing through the mouth is not only injurious but it very materially and injuriously affects the pupil in his studies. In many of the city schools an inspection is made by a physician, and any abnornal or fungus growth in the nose is removed, and the pupil is then taught to use his nose for purposes of breathing. To prove that there is a necessity for eduction along this line, it is only necessary to meet the pupils while going to or returning from school. They all know that they should not breathe through their mouth, but nine-tenths of them do During cold weather such breathering is particularly hard upon the lungs, while during warm, dry weather all sorts of filthy disgusting things are taken into the mouth. As a matter of cleaniness the mouth should not be used for was 41, a decrease of 92. breathing. It was never intended for that purpose. How delightfully invigorating is a long full breath on a frosty morning if taken through the was 41, a decrease of 92.

Was 41, a decrease of 92.

During the yeer 1910-11 East Lambton had 12 tavern licenses, three in Alvinston, one in Bosanquet, two in Thedford and three in Watford. Six bartenders' licenses were nose. Try it, and whenever you find yourself breathing through your find yourself breathing through your mouth, shut it promptly. After a few lessons, it will be found easier to keep the mouth shut when breathing.

The amount of the Inspector's salary, Commissioners' expenses, and other costs was \$972.76.

The number of convictions in the

Good. — When applied externally by brisk rubbing, Dr. Thomas' Eclectric Oil opens the pores and penetrates the tissue as few liniments do, touching the seat of the trouble and immediately affording relief. Administered internally it will still the irritation in the throat which induces coughing and will cure affections of the bronchial tubes and respiratory organs. Try it and be convinced.

Good. — When applied externally by brisk rubbing, Dr. Thomas' Eclectric The total amount paid for licenses in the Riding was \$2,792, by Municipalities as follows:—Alvinston \$750, Bosanquet \$120, Forest \$120, Forest \$120, Forest \$120, Forest \$120, Forest \$175, O. Of the total amount the Government retained \$677, 20, and returned to the municipalities \$977. 10, as follows:—Alvinston \$262.50, Bosanquet \$42, Forest \$179.20, Plympton \$56, Thedford \$175, Watford \$262.50. The balance went towards the cost of operating the Act.

must fight his own battle, the first must fight his own battle, the first lesson he must learn is to be self-little time to use it.

Age may bring wisdom, but leaves little time to use it. reliant. He must learn to stand alone, to be ready to give support but not to seek it; nor to be dependent upon it. The world is busy with its own cares, sorrows and joys, and can give but little heed to the affairs of individuals. The individual has within himself possibilities which lie dormant until he learns to rely upon himself, when he will find that the revealing of new powers will never end while life lasts. There comes to every individual, when he is surprised at what he has done, some act, some thought that seems higher, nobler, and beyond what we feel was possible for us to conceive. This is

Riding during the year was two against license holders and two against non-

Wanted-A Boy.

A jolly boy.
A boy full of vim.
A boy who scorus a lie.
A boy who will never smoke.
A boy with some "stick to it."
A boy who takes to the bath-tub.

A boy who does chores without grumb ling.
A boy who thinks that an education is

A boy who plays with all his might—during play hours.

A boy who listens not to unclean

stories from any one. A boy who does not know more than all the rest of the house.

A boy who does not need to be called

second time in the morning

precipitations on record in the shape of snow, sleet and rain has visited most canadian west, doing immense good to those lucky or energetic farmers who have got any considerable proportion of their seeding over, but tending to delay seeding for a great many more.

Garagina in the snape of the consumption or of other diseases of the throat and lungs.

Bad breath is an evidence that the microbes have found a good resting place and are carrying on their evil inroads into the health of the body. Catarrhozone acts at once and de-

their seeding over, but tending to delay seeding for a great many more.

From Saskatoon right south to Moose Jaw it has rained or snowed steadily for 24 hours. Precipitation was less in the eastern and the southern parts of Saskatchewan and in Western Manitoba, but in southern and southwestern parts of this province, which too often suffer from draught, farmers record what some of them claim is the first real rain in two them claim is the first real rain in two

Dynamite Accident.

Franklin Raycraft, a boy whose parents live in the north part of the town, was taken to the Sarnia General Hospital on Friday, suffering from the results of the explosion of a dynamite cap, by which he lost a thumb and finger, and sustained other injury. The lad put a lighted firecracker in a dynamite cap and held the cracker in a dynamite cap and held the cap in his hand till it exploded, with the result that the ends of the thumb and forefinger of the left hand were taken off, and the butt of the cap was embedded in his abdomen. Drs. Macdonald and Hayes attended the lad at the hospital, but were unable to extract the fragment of the cap. The lad is doing as well as could be expected, and was able to be removed to his home Thursday.

Wanted His Hat.

A prisoner was being tried in an English court for murder, evidence against him purely circumstantial; part of it a hat found near the scene of the crime—an ordinary round, black hat, but sworn Life is a Battle.

Life is a battle which each individual must fight for himself. It is a battle in which every man must be a soldier for himself. He cannot buy a substitute, he cannot win a reprieve, he can never be placed on the retired list. The retired list is death, therefore, since every man loss of the latt. "If you please, my lord may I 'ave my 'at?"

A wise man never pretends to know all

Have you tried Holloway's Corn Cure? It has no equal for removing these excresences as many have testified who have tried it.

False praise, false compliments, never yet resulted in anything but harm to the giver and to the recipient.

Wheat and Oat Field, 1911.

Ottawa, April 29.—The Census and Statistics Office issues to day a bulletin on crops and live stock.

on crops and live stock.

The reports of correspondents show that out of a yield of 215,851,300 bushels of wheat harvested last year 188,255,000 bushels or 87 per cent. were merchantable, and that at the end of March possible for us to conceive. This is the reserve power which comes to our assistance when we rely upon ourselves, when we fight our own battles.

Liquor License Report.

The report of the operation of the Ontario Liquor License Acts for the year ending May 1st, 1911, was issued last week, and information of local interest is gleaned therefrom as follows:—
In 1874 Lambton had 133 tavern and shop licenses, and in 1910 the number was 41, a decrease of 92.

During the year 1910-11 East Lambton had 12 tavern licenses, three in Alvinston, one in Bosanquet, two in Forest, one in Plympton, two in Theddford and three in Watford. Six bartenders' licenses were granted in Forest.

The amount received in fines was \$71, and for transfers of licenses \$83 34.

bushels, in Manitoba, Saskatchewan and Alberta III,735,000 bushels, and in British Columbia 454,000 bushels. In the preceding year the quantity in hand out of a total harvest of 323,449,000 bushels was 127,587,000 bushels or 39.44 per cent. and there was a total of 301,773,000 bushels or 93.29 per cent. of merchantable quality. quality.

CASTORIA For Infants and Children. The Kind You Have Always Bought

Bears the Signature of Chart Hillithing

Catarrhal Bad Breath

Corrected Quickly by the Use of

atarrhozone

Catarrh is an inflammation. Where Catarrh is an inflammation. Where there is inflammation there is always more or less offensive secretion. Inflammation may be of the very active sort, but it is often of the slow kind, and this is the particular form in which the breath is rendered offensive and the presence of the sufferer becomes an offence to every person of delicate sensibility.

Bad breath is in itself sufficient to

24 Hours' Snow in West.

Winnipeg, May 2.—One of the heaviest recipitations on record in the shape of now, sleet and rain has visited most arts of the spring wheat country of the

Catarrhozone acts at once and destroys these minute organisms, but it does more—it heals the inflamed surfaces in which they found a nesting place and consequently removes both cause and effects of their action.

If we only highly estimated the value of prevention and used Catarrhozone at the beginning of a cold or just before it becomes well seated, the deadly ravages of Consumption would be stayed and the terrible agonies of sufferers of Asthma or Bronchitis completely abolished.

pietely abolished.

There is no remedy as effective for bad breath. Catarrh, Bronchitis, Asthma, etc., as Catarrhozone. Besides being healing and soothing it is germ destroying. Nothing ever offered to the public can compare with it in its promptness, efficiency, and permanency of action, and you can buy it from any dealer in medicine throughout the Dominion of Canada, 25c, 50c, and \$1.00 sizes. By mail from The Catarrhozone Co., Buffalo, N.Y., and Kingston, Ont. Kingston, Ont.

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We keep everything to be found in a first-class Bakery

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Delicious Ice Cream

by the dish or in bulk. Summer Beverages of all

All the Leading Brands of

Southern Fruits in Season.

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S. H. MITCHELL, North End Bakery.

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before but we have enlarged our quarters and we have room for a few more students. You may enter at any time, We have a staff of nine experienced instructors and our courses are the best, Our graduates succee l. This week three recent graduates informed us that they have positions paying \$65, \$70 and \$125 per month, We have three departments,—

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SHORTHAND
and TELEGRAPHY,
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FARM FOR SALE.

100 ACRES, BEING WEST HALF OF LOT 24, Con. 2, Township of Plymptor The land is good rich soil, good orenard, 20 acry of good bush, beach, maple and elm. On the premises are a new two story brick cottage, main building 20x25, kip-ten 18x18, concrete cellar under all the house, 6 rooms, 2 clothes cl-sets, bell telephone in the house, 6 Good barn 40x58 and other outbuildings. 2 wells, (one flowing), 8 acres of fall wheat in All fall plowing done. For further particulars apply on the premises.

premises.

MRS. FRANK ALEXANDER,
Box 33, wanstead P.O.
Plympton, April 6th, 1912, may6

FARM FOR SALE

W 1/2 LOT 18, CON. 6, S.E.R., IN THE TOWN-

FRANK HILLIS,
50 Lynd Avenue, Toronto
or DAVID ROCHE, Watford

Cultivate the great art of leaving people alone, even those you think you have a right to direct in the minutest particular.