### PAGE OF GENERAL INTEREST TO WOMEN READERS

Our bakers select these choice ingredients-high-grade flour, fresh rich milk, Jersey butter and pure shortening in the making of McCormick's Jersey

Cream Sodas.

Sold fresh everywhere in different sized packages.



## OWANS Filbert Nut Bar

Fresh plump filberts scattered generously throughout the finest and smoothest milk chocolate manufactured.

Sold everywhere.

Made in Canada.

# The second section of the second section is a second section of the second section of the second section of the Made from choice beans and sold only in sealed tins.

Gorman, Eckert & Co.,

London and Winnipeg

Constitution of the Consti

uestion from each lesson follow: July 30—The Word of the Cross. I Cor., i; 1; ii., 5. Golden Text: "Far be it from me to glory, save in the cross of our Lord Jesus Christ." Gal., vi., 14. 5. Verses 1-8-If a true Christian is a laborer, or a lawyer, a minister or a miner, or of any other calling, or occupation, can he truthfully say, or not,

Daily Bible

**Question Club** 

By Rev. T. S. Linscott, D. D. (A.I Rights Reserved.)

son for next Sunday. Read the Bible Story on which this study is based, as

you ponder the following questions:

The six daily studies for this week

stitute the International S. S. Les-

and why, that he is in his present post-tion by "the will of God"? August 6-The Greatest Thing in the World. L. Cor., xiii. (Temperance lesson). Golden Text: "Now abideth faith, hope, love, these three; but the greatest of these is love. I. Cor., xiii., 13. 6. Verse 1-Why is an eloquent man without love, like a brass band with cymbal accompaniments?

#### London Advertiser COOK-BOOK

Recipe's Supplied By Cynthia Grey's Readers.

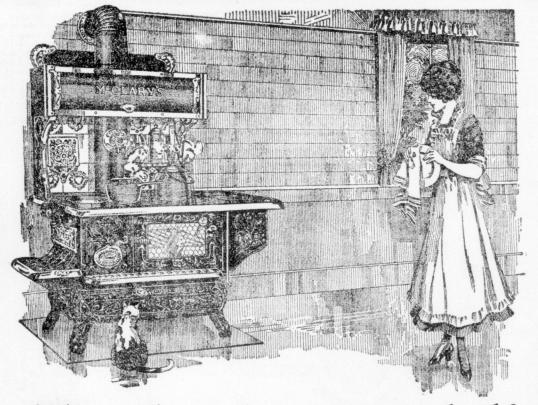
Ex-School Marm.

Hamilton Sauce—30 ripe tomatoes large apples, 4 large onions, 2 red appers or (3 green), 1½ cups sugar, tablespoons salt, 1 pint vinegar. op onions, apples and peppers fine.

Smothered Chicken - Cut young hicken up same as to stew. Dry it thoroughly and roll each piece in flour (put on all it will hold nicely), place in who were needed at home. A lot of a covered baker, sprinkle pepper and saft over it. Pour over it one or two cups of sweet cream; if not, sweet milk and a piece of butter. Bake 1

Jam Layer Cake,-2 eggs, 1 cup brown sugar, shortening size of an egg. tablespoons of sour cream (or milk), n a cup filled up with jam, jelly, or my kind of fruit; 1 teaspoon soda, 2 evel cups flour, seasoning to taste

"Working Housekeeper."-An elderperry wine recipe is being published for you in the C. B. column,



deauHal

### The glass door saves half the time on bake days

OOK through the door instead of opening it. The baking is always in sight. Glance at the range as you attend to other work. Now you can feel that you are less tied down to your baking. The lear glass oven-door makes the Pandora of even greater help than it was before.

Somebody has surely told you what a fine range the Pandora is. Among the thousands of friends it has made there must be one who has told you about the sensible ideas for saving time, the fine bakings they get with a small amount of fuel, the way the range withstands the wear and tear that wrecks ordinary ranges. You already have a good enough opinion of it to investigate it fully, haven't you?

## McClary's Pandora

The new booklet just off the press, "The Magic of the Pandora," tells everything in an interesting way. You will agree after reading it that no one should make such an important purchase as a range without knowing what is told in this booklet about the Pandora. Send the coupon to the factory for the copy reserved for you. Before you forget, and certainly before you buy a range, get your copy of "The Magic of the Pandora." Tear out the coupon.

McClary's

London Toronto Montreal Winnipeg Va.ncouver St. John, N.B. Hamilton Calgary Saskatoon Edmonton

Pandora."

Tear

off this

Coupon

Kindly send me

a copy of your book-et, "The Magic of the

#### Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered In turn. No letter can be answered privately.]

could supply me with one. I always make some each year, but as I lent my recipe, I can't make it. I also have about thirty of Taylor's soap diamonds and five Sweetheart coupons, which I am inclosing for "Y. S." I hope she gets her cabinet. In return for them, Miss Grey, could you send me a few flags of the soldiers or but-terflies, please? Golden Text-We look not at the things which are seen, but at the things which are not seen; for the things which are seen are temporal; but the things ich are not seen are eternal. II. Cor., The questions for this week may be used as an original lesson, or as a review of the twelve preceding weekly terflies, please? lessons. The date and title of each les-

son, where found, Golden Text and one the eyes) to get larger at night than

> Ans.—This recipe may be what you ish: Eighteen ears corn, 1 cabbage, 4 large onions, 2 red peppers, 2 cups yellow sugar, 3 pints vinegar, 3 cup mustard, ½ cup salt, tablespoon turmeric; shred the cabbage, chop onions, shave corn from cob, mix all together, add other ingredients, mustard last of home through his wounds, and I tell you,

She May Have It. Dear Miss Grey,—I would so much ke to get the pattern of the crocheted basket sent in by "Lazy Daisy." return it to you as soon as

I once saw in your page where someone asked for a recipe for creamed salmon, and as it was so different—the one sent—from mine, and as I t' 'nk mine very good, I thought I would send blackstrap, 1 cup of boling water, mix blackstrap, and boling water, leave till blackstrap, and boling water leave till blackstrap and boling water leaves the same in. MODERN PRISCILLA.
Ans.—Send address and it is yours.

The little basket is a very pretty design. Recipes appear elsewhere, un-

Couldn't Keep Quiet. keep silent after reading "Mademoiselle Inquiette's" letter. I am a farmer's daughter and proud of it. I am sure the farmers around these parts are do-ing their "bit" all right. She says the armers are doing their bit if they supply the grain. A great many farmers' sons have gone to the war from around nere, in fact all have gone who were free to go, and a great many have gone who were needed at home. A lot farmers are left without hired men al

#### ADVERTISER **PATTERNS**



the strap extensions secure the back over the fronts. In warm weather, this style will be much appreciated, for it does away with any superficient. for it does away with any superfluity of material, and at the same time se-The pattern is cut in three sizes,

small, medium and large. It requires 51/2 yards of 27-inch material for a meto any address on receipt of 10 cents syrup, let stand till partially cold; add silver or stamps.

ADVERTISER PATTERN DEPT.

Measurement: Bust..... Waist.....

Caution: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust measure you need only mark 32, 34 or whatever it may be. When in waist measure, 22, 24, 25 or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from date of application.

NIAGARA FALLS MEMORIAL HOSPITAL TRAINING SCHOOL.

The Niagara Falls Memorial Hospital, which is enlarging its capacity by the addition of two new wings, offers to young women who have had at least one year high school education, and who are desirous of becoming nurses, a thorough three-year course of training. Applications must be received before Oct. 1 to enter the fall course. Address Superintendent Memorial Hospital, Niagara Falls, N. Y.

mostly belong to the Daughters of the Review—"The Things Which Are Not Seen." Reading lesson, IL Cor., iv., 1—

Needs the Recipe.

Dear Miss Grey,—Just a few lines fees at every meeting and hold dances, again, as I am in need of a recipe for sees at every meeting and hold dances, socials, etc., and have sales of homecorn relish, and thought perhaps you socials, etc., and have sales of home-could supply me with one. I always made baking on the market, all in aid

Let It Drop. Dear Miss Grey,-As regards the question of soldiers' wives and farmers' 2. Would a black velvet hat with a wives, I think it best that everyone pink ostrich feather look well with a should let the question drop; it's quite navy blue suit? Yours as before, GIRL OF ALL TRADES.

This result of the question drop; it's quite true some soldiers' wives waste their money on sporty hats, suits, etc., but I money on sporty hats, suits, etc., but I guess many farmers' wives and daughters and other civilians do that, too. But this is not the time to quarrel, but home through his wounds, and I tell you all, wet to a paste in cold vinegar, cook Miss Grey, I never found the soldiers' half an hour. money too much to keep my three little 2. Would look very nice, I think.
Some flags are laid aside for you.
Send envelope for 'em.

Some that to keep fly three fittle ones and myself in more than comfort.

As my man always earned good money, and we have been fairly comfortable. and we have been fairly comfortable ever since we have been married. All the money in the world will never give you the comfort and love of a good husband and father, as I know by my own experience. Well now, I will try and be a little use to the Mail-Box and offer a

blackstrap, 1 cup of boiling water; mix blackstrap and boiling water, leave till cool, and then add other ingredients. Embrocation-Twenty cents' worth of of hartshorn, a little vinegar and whites

of two eggs, mix or shake well. I have found these cheap, good, and very useful to use for the ch RETURNED SOLDIER'S WIFE. Ans.-Glad to have you add your essage, and also to print the remedies for the good of others. How thankful you must be to have the "Soldier" home once more; best of wishes to yourself and the wee-est one.

Dear Miss Grey,—I noticed where a reader asked for the words of "The Face Upon the Barroom Floor." I have inclosed a copy of the same, and in return would ask if any reader has the words of "Britain Stand True"?

Ans .- I cannot recollect who asked for this, so shall be obliged if the inquirer will send for the copy. And can any-body supply "Britain Stand True"?

Says "Girls Be True." Dear Miss Grey,—I think the soldiers' wives and the farmers' wives argument has been pretty well threshed out, and have come to the conclusion there are good and indifferent, in every class of people. Cream always comes up to the top anyhow. There is so much good in worst of us, so much bad in of us, that it behooves none of us to alk about the rest of us.

There are so many that do not seem to realize the seriousness of this war I have heard people say, "Oh, we'd just as soon have German rule." After giving your dearest and best, those remarks hurt. Others have said, "Oh. don't care if England does get licked; they are too smart; they come out here taking the very bread out of our mearing land, he looks out and sees with a toothpick, and spray mouths." Still, nothing is said about Ireland, and he says, "Oh, Erin, I wish kerosene and soap emulsion. Be

belongs to England, and the British people have a perfect right to live here.

Ans.—Shall be very glad indeed to people from a few that immigrate here; are sent in. they can't send all cream.

Well, Miss Grey, my heart aches for every mother who has given a son. 1 know how hard it is to give up husband, specially so when there are little ones. would like to beseech every girl who has a sweetheart at the front to be true to him; don't flirt and give the stay-athome a good time. The war will be over sooner or later, and how much sweeter sooner or later, and how much sweeter and happier the meeting will be if we are all what we should be while they as I suppose you will think, in fact I are away. Here's good luck to the Mail- am a maiden lady, but I like to give A SOLDIER'S LANCASHIRE LASSIE.

Ans .- You are a good, brave young woman, and I know there is one man Just the thing to make "in a hurry," woman, and I know there is one main in khaki who need not fear his "Lassie" in khaki who need not fear his "Lassie". and to find convenient and comfort-able ever after. This style is nice for chair' brigade!

doesn't make any difference; just put cures ample protection for the dress in enough to taste. I will repeat it beneath, and is comfortable. again: ½ oz. gelatine, 2 cups granu-lated sugar, a little salt, any flavoring. Soak gelatine in 10 tablespoons of water, heat sugar with 10 tablespoons A pattern of this illustration mailed of water till dissolved; add gelatine to beater until very stiff, when it almost stands then take a large spoon and beat until you send it back soft enough to settle in a sheet: dust your granite in the candy about half an inch deep, set in cool place to chill, cut in cube and roll in powdered sugar. This is just the way I did it, and mine turned out fine but "Matilda" must beat hard until she gets it stiff, say about twenty minutes. If she lived in my town, might get at her and show her how make it. Did she try the turkish de light? I hope she has better success With kind regards. next time. Grey. Yours truly, Ans.-It's good of you to send these definite instructions for "Matilda," I, too, hope her second attempt meets

> An Irish Reading. Cynthia Grey's Mail-Box,-I am very

sirous of obtaining a reading. I have heard this reading several times, have been unsuccessful in obtaining I thought some of your readers migh be able to tell me the proper nan

## Come to Gray's

## For Your New Suit



We are showing a large and varied assortment of smart and practical styles in the new fall suits, revealing all the newest touches, the long, semi-fitting coats with waistline defined by braid, stitching or belt, with medium large collars of the cape or sailor variety. The skirts are plain and full, nearly all gathered in the back; a splendid variety for your choice, moderately priced. From ...... \$13.50 to \$35.00

Here we are mentioning some very attractive suits at our lowest

SUITS at \$13.50 Coats neatly trimmed with black silk braid, also collar which is convertible. skirt plain and full; in black, brown, navy and green serge.

The collar trimmed with velvet and buttoning up close or turn down, the coat slightly gathered in at waist; skirt plain and full in good serge in navy, black and brown.

ANOTHER STYLE AT \$15.00, in navy and black serge; the coat with a pleated skirt from waistline, convertible collar of black velvet; skirt gathered in back with belt across.

A smart style with a coat in a yoke and belted effect, wide collar, with velvet edge; skirt full with gathered back; in black and navy serge.

Coat with convertible collar, fancy belt and yoke effect at sides; skirt gathered in back with neat belt across; made in black and navy serge.

At this price we have three different numbers with satin and silk serge linings, convertible and closefitting collars, trimmed with braid, velvet and buttons; skirt full and gathered; good quality serges in navy and black.

To complete our assortment we have many stylish suits at \$22.50, \$25.30, \$27.50, \$35.00

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HOME JOURNAL PATTERNS

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ridiculed and called greenhorns.

There are some people that hate to admit, and don't seem to realize Canada belongs to Peologia to Peolog WEDDING ANNOUNCEMENT. people have a perfect right to live here. It isn't fair either to judge the English forward either reading to "Pat" if they daughter of the late Dugald L. Walke

Does Not Approve. is shameful the way some people the best is none too good for them, as they give up their loved ones for their country. I do not believe in war myself because I do not see any sense in men dying just over a dispute.

my opinion once in a while. Now for a question or two.

1. Could you tell me what heading nuskmelons and watermelons would go under, either vegetables or fruit? 2. Could any of the Cynthians give me the piece, "Don't Turn Me From Your Door, Father," and I would give in return nine satin flags of the dif-

A SPINSTER. Ans.-1. They are classed as fruit,

Oh, That Dare! In reply to "Kalagen" as to the dare. There are a good many good battalions aised in Canada, and would say NO MEN made a better impression in Lonthan the 70th; after they left the city was dead for a week, for the salt and flavoring; beat with a flat wire others, including the 142nd, got cold

NOTES. "Boo" - Sends twelve Crackerjack pons amongst others. Who wishes hem? I'm sending you some soap oupons that you wished, "Boo." Several readers correspond from your The flower for October is that of the hop vine.

"Contrary Mary"-(1) Would advise a naterial rather than the silk. (2) To a bookkeeper does not altogether deend on the education. Years of tuition could not make good bookkeepers of some folks. As a rule it is well to have one or two years at high school, or, at the very least, an entrance certificate. (3) The song, "My Little Girl" may be procured at a music shop. (4) See pattern department for dress

"Muggins"-According to The Adver-October 5 and 6. For the mealy bugs

on your plants, pick the little webs off And hair fall out because of dandruff or eczema. Use Cuticura Soap and Ointment Samples free with

> 32-page book. Ad-Cuticura.

foreigners immigrating here, Germans, you the top of the morning." Also, I not to have this too strong. No, "Muginstance—they can live in peace, not should be pleased to get "The Runaway gins," I did not get to Toronto Fair

The marriage of Margaret M., eldest of Walkers, to Andrew Douglas of Mos takes place quietly on Tuesday, Septe

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been making broad for over two thousand years? They are none too particular about quality over there. What a contrast to the infinite care taken to insure absolute purity and cleanliness in the Canadian bome of

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