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London, Ont., March 2nd, 1915. I have received the most wonderful benefit from taking "Fruit-a-lives". I suffered for years from Rheumatism and change of life, and I took every remedy obtainable without results. I took "Fruit-a-lives" and it was the only medicine that really did me good. Now I am entirely well—the Rheumatism has disappeared, and the terrible pains in my body are all gone. I hope that others, who suffer from such distressing diseases, will try "Fruit-a-lives". MADAME ISABEL ROCHON. Age, a box, 6 for \$2.50, trial size, 25c. All dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

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\$2000 for 25 acres, good frame house 1-2 storey; 7 rooms; barn 28x42 ft.; three acres of fruit; all under cultivation. Would exchange on house in city. \$6000—56 acres; good brick house; nine rooms; bank barn, No. 1, 32x64, No. 2, 28x44; one acre of fruit; all under cultivation. Best of soil; near Mt. Pleasant. \$1500—For good brick cottage; six rooms on Park Ave., half cash. A bargain. \$1000—For good white frame cottage, five rooms, on Dalhousie Street. Half Cash. A snap. \$4000—For new two storey red brick house on Albion St.; all conveniences. A fine home. \$3200—For a fine two storey red brick house; all conveniences; on Superior St. Large lot. \$1600—For 25 acres good frame house, 1-2 storey bank barn 28x44; three acres of fruit, one acre of raspberries, strawberries; nice orchard. \$600 cash. \$9500—For 100 acres; extra good buildings, best of soil; near Mt. Pleasant.

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DYEING BLACK COLORS OUR SPECIALTY CAHILL'S

Hopes Women Will Adopt This Habit As Well As Men

Glass of hot water each morning helps us look and feel clean, sweet, fresh.

Happy, bright, alert—vigorous and vivacious—a good clear skin; a natural, rosy complexion and freedom from illness are assured only by clean, healthy blood. It can be every woman and likewise every man could realize the wonders of the morning inside bath, what a gratifying change would take place. Instead of the thousands of sickly, anaemic-looking men, women and girls with pasty or muddy complexions, instead of the multitudes of "nervous wrecks," "rundowns," "brain fags" and pessimists we should see a virile, optimistic throng of rosy-checked people everywhere. An inside bath is had by drinking each morning before breakfast, a glass of real hot water with a teaspoonful of Hestonone phosphate in it to wash from the stomach, liver, kidneys and ten yards of bowels the previous day's indigestible waste, sour fermentations and poisons before putting more food into the stomach. These subject to sick headache, dizziness, nasty breath, rheumatism, colds; and particularly those who have a pallid, sallow complexion and who are constipated very often, we need to obtain a quarter pound of Hestonone phosphate at the drug store, which will cost but a trifle, and is sufficient to demonstrate the most and remarkable change in both health and appearance awaiting those who practice internal sanitation.

Continued from Page Two dogs running at large within the corporation, and from general remarks about the board, it would appear that the by-law will go through. The baneful nuisance about streets, residences and shops, and the charges that town dogs ravage sheep out in the country, were recited as favoring the reform. His Worship, Chairman Langford of the Finance Committee and the Treasurer, were authorized to continue the sale of sewage debentures. It has been suggested that the price be fixed on a 6 per cent. basis to the investor. General Account Goes to Bank of Commerce. The Bank of Commerce, heretofore boycotted, will hereafter enjoy a share of the town's business, a motion having been passed to transfer for the general account from the Molson's, which still has the Waterworks account. The hydro account is with the Bank of Hamilton. The change was made by the initiative of the council as a matter of fairness. The Bank of Commerce has made no advances in the matter. Notes His Worship intimated that he expected the board of committees to keep tabs on expenditures, report projects to council and to check over accounts in time to allow for the completion of the finance committee's statement before 8 o'clock, on the night of meeting. Chairman Langford paid tribute to the board of works who might dispense with the oil this year, and go back to street watering. He hoped the board of works would be able to get through on \$3,000 this year. Make it \$2,500. Chairman Langford paid tribute to the comparative good showing of last year's board of works over that of the year previous, and pointed out that ex-Alderman Cropp's expenditures were not shown in their proper perspective, owing to a change in the system of grouping expenditures. He had a good word for the man he had "defeated at the polls," but thought that under a new policy Mr. Carter ought to get through on \$2,500. The question of a monthly audit was up again, but no action was taken. Council rose at 12 o'clock, precisely, the new members wondering how the time had passed. W. P. Innes' Golden Wedding To-day is the 50th anniversary of the wedding of Mr. and Mrs. W. P. Innes. By resolution at last night's council, the following greetings were ordered to be engrossed and forwarded to the esteemed citizen, now in his 86th year. To Wm. P. Innes, Esq.: Honored Sir.—The municipal council of the town of Simcoe, of which you have been a member for almost half a century, a foremost citizen, deem it your just due, that on this, the eve of the 50th anniversary of your wedding day, you should receive from this body on behalf of the citizens of Simcoe, greetings and congratulations. While comparatively few attain to the day you are to celebrate, to-morrow, there are among such, seldom one as yourself, to whom so much honor is attached. Your business life has been marked with integrity, industry and success. Your success as a pioneer in the canning industry in Canada has left you with a rank of those who have done for the producer of fruit and vegetables, what cold storage has done for the meat, poultry and dairy industries. Your industry has for years dictated in part the diet of prince and publican in these lands. During the present war, the industry in which you are a pioneer, has been of inestimable value in providing food for our soldiers at the front, while incidentally the word "Simcoe" has become a word familiar along the far-stretched line of battle. From a small beginning, your Simcoe plant has grown apace, the largest of its kind in Canada, and you have come to the town of Simcoe for a single dollar of backing or assistance. On the contrary, we find that you have, some years since, established a permanent fund with the corporation of this town, stipulating that the income derived therefrom shall be devoted to charity. The town has grown in sympathy with the demands of your plant. The farming community in the environs has shared your prosperity. And of your estimable partner we beg to conclude in the words of one qualified to speak: "Her kind and gentle bearing, coupled with firmness, her watchful care over her family in her model home, and her interest in what was best for the social and religious welfare of the town, have made her presence among us, of high and permanent value." To both you, therefore, and to all the members of your most estimable family, we tender the hearty congratulations of all Simcoians. Signed on behalf of the council, A. T. SHILDER, Mayor. The motion was introduced by deputy-reeve Langford and seconded by Alderman Calder. THE ONLY MEDICINE THE BABY NEEDS Baby's Own Tablets is the only medicine a mother needs for her little ones. They are a gentle but thorough laxative which safely relieve all stomach and bowel disorders thus banishing all the minor ills of little ones. Concerning them Mrs. Jos. Levesque, St. Simon, Que., says: "Baby's Own Tablets are a marvellous medicine for little ones. They never fail to cure stomach and bowel troubles and neither my sister-in-law or myself would use any other medicine for our little ones." The Tablets are sold by medicine dealers or by mail at 25 cents a box from the Dr. Williams' Medicine Co., Brockville, Ont.

interest that has characterized all his life towards the sanctity of the Sabbath and the work of the church in general. And from hundreds of friends, near and far come "Congratulations, Congratulations." We hope to give to-morrow a short biographical sketch of the man who made Simcoe. All's Well at St. Paul's. The various organizations at St. Paul's turned in their annual reports yesterday evening. The general theme was one of progress and success. The clerk of session praised the work of the Sabbath school and of the choir. Prof. Jackson's capable leadership. The receipts for the year were: Congregational Fund \$3036, Missions \$1336, Sunday school \$122, Sunday school missions \$140, Sunday School General \$366, Ladies' Aid \$378, Y. W. Mission Circle \$256, W. M. S. \$394, Helping Hand M. B. \$143. Total \$6087. Apart from the ladies held during the year 47 work meetings making red cross supplies the material for which was purchased with money raised in the congregation to the amount of \$104. First 1918 Marker. Dr. Bowly purchased the first 1918 automobile license sold by N. Stanley Boughner for the current year. Mr. Boughner does not anticipate any delay with the markers this year. On the Ice. While the storm king was reeling off his blast a few days ago, the Westlans got another drubbing from the sober faced Kirk boys. Last night Pat Innes got between the flags and set out the H. H. line up—W. Pietts, C. Osborne, H. Osborne, Thorn Chadwick, W. Mason and R. Buzzo. They held the fort against H. Witherspoon, J. Clark, Ben Austin, Roger Cropp, Kenny Nelson, Orland Osburn, D. Langford and Tom Reid and all had more fun than at real hockey. Pats bunch bagged 5 against 5. But they did not cut any ice compared with the other gang on Sutton's pond have been doing for some days. The L. E. and N. recovered briskly from the storm king's influence and Toronto dailies were in town early yesterday morning. London papers did not reach here Saturday or yesterday—one more argument for a mail service over the L. E. & N.



AUSTRALIA'S PREMIER TO FORM NEW MINISTRY Hon. William Hughes, who is to stay on, according to a Melbourne despatch the efforts of Hon. Frank Tudor to form a ministry evidently failed. Mr. Hughes, and his whole Cabinet resigned as a result of the conscription referendum being defeated.

MARKETS

Table with columns for Dairy Products, Grain, and Meats, listing various items and their prices.

FALKLAND INSTITUTE

(From Our Own Correspondent.) Paris, Jan. 14.—The monthly meeting of the Falkland Institute was held at the residence of Mrs. Charles Luck, the president, Mrs. E. Midgley, presiding. The meeting opened with the "Opening Ode," after which the minutes of the last meeting were read and adopted. The sum of \$222.91 was realized from the sale of home-made cooking held by the district in Brantford on December 15th. The roll call was responded by "Your Favorite Book and Why?" Miss A. Bond favored with a reading of a very interesting paper was given by Mrs. John Bond on "Household Equipment," and a paper by Miss W. H. Depeux on "Hot Supper Dishes Without Meat." Mrs. Sutton gave an instrumental solo, which was much enjoyed by the ladies. The meeting then adjourned by all singing the National Anthem. The death took place during Saturday night of Mr. James Burns, Governor's road. Deceased fell down the steps while going out the backdoor, and was so severely injured that death resulted from the same. He was carrying a pail with his arm placed through the handle and falling on the pail, three ribs were broken from the backbone, one of which pierced his lung. There was a good attendance at the regular meeting of the Paris Musical Club, which was held in the auditorium of the Central School, and a very interesting program was given. The subject was "Living Composers." The following took part in the program: Piano solo, prelude in C sharp minor (Rachmaninoff), Mr. W. H. Adeney; vocal solo, "Oh, For a Breath of the Moorlands" (Whelpley), Miss Margaret Cunningham; violin solo, "Indiana Lament" (Dvorak-Kreidler), Mrs. W. H. Adeney; paper, by Miss M. Blake; piano solo, "At Evening" (Sartorio), Miss H. Armstrong; vocal solo, "Song of the Dove" (Aylward), Mr. R. Gorrie; quartette, "Rock-a-Bye" (Neidlinger), Misses M. Cunningham, G. Stewart-Jones, M. Stieckland, Mrs. J. Scott; piano duet, "Danse Macabre" (Saint Saens), Mesdames Bonner and Adeney; God Save the King. Mr. and Mrs. Austin Clement left last week to spend the rest of the winter in California. Mrs. James Shawcross and little daughter, Eva, of London are visiting with friends in town. Mrs. Walter Pierce, who has been visiting relatives here, leaves to-morrow for Chauven, Alberta.

On account of the fuel situation, the evening classes at the Collegiate Institute will be discontinued until further notice. A. K. BUNNELL, Sec. Board of Education. MAKE A RECORD OF YOUR SECURITIES For the convenience of those desiring to make a record of their securities for ready reference, we have prepared a convenient form, with spaces for entering the name of the security, date of purchase, amount, purchase price, annual income, time of interest or dividend payment, time of maturity, etc. Indispensable for security holders. A copy of the Security List Form will be gladly sent on request. A. E. AMES & CO. UNION BANK BUILDING, TORONTO ESTABLISHED 1859 TRANSPORTATION BLDG., MONTREAL 74 BROADWAY, NEW YORK

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three ounces of orchard white makes a whole quarter pint of the most remarkable lemon skin beautifier at about the cost one must pay for a small jar of the ordinary cold cream. Care should be taken to strain the lemon juice through a fine cloth so no lemon pulp gets in, then this lotion will keep fresh for months. Every woman knows that lemon juice is used to bleach and remove such blemishes as freckles, sallowness and tan, and is the ideal skin softener, smoothen and beautifier. Just try it! Get three ounces of orchard white at any pharmacy and two lemons from the grocer and make up a quarter pint of this sweetly fragrant lemon lotion and massage it daily into the face, neck, arms and hands, and see for yourself.

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