1 teaspoon valted chocolate, up flour sifted owder. Last white of the uttered layery hot oven. ing filling be-

UNDED 1866

p: | cup confecablespoon buttract, 2 teaspoons strong

ag. ER.

e most care-, dust and hich milk is hing else and upulous care. or any other Milk and Milk and nat these arnear together ver, from the ould be hanor it may er of disease hool.

sts have befrom wearm into lowff the worn neck, and with | blue sleeves are length and

ies, put a uit. K.

n, turn the the bottom cold water. le cake can

for making s: Shave p and boil it will jelly in 1 teawell-beaten until used.

ve learned kly raised her of becakes are especially neon rolls e may be d the rolls in time be may be mount of

s, may be packed in but keep ghten the of each

d: "Just want, my will iron ows, in

us, the domestic He is the fly. re com-

ers.

by one, t is the y some Now ncourage will be m, says Medicine

(New York, May), simply by ceasing to never go unless the family went too. feed them, so that they will starve to Sometimes a woman used to preach, and tains food for cockroaches will be infested with them. The remedy is not to much among our people, he was so quiet, poison the insects, but to starve them out. We read:

"Cockroaches as carriers of cancer are receiving considerable attention in Europe. According to the Lancet of February 8, 1913, two investigators conceived the idea independently, and though the facts presented are not conclusive, they are sufficient to warrant an investigation of these dirty little scavengers. Indeed, we are now so accustomed to the idea of disease being carried by the animals which feed on the garbage and dirt we collect, or on the tissues of unclean persons, that there is nothing startling in the view that cockroaches are also biologic as well as mechanical carriers. Dr. W. Melvill-Davison, of England, has asserted that the cause of cancer is an alga, which is also found in the bowels of cockroaches of several varieties. Though the evidence is declared mconclusive, it is at least remarkable that Smith and Townsend, of our Department of Agriculture, have isolated a vegetable parasite which they believe to be the cause of plant cancer. The ease with which insects may carry the disease from plant to plant may also explain some of the facts. Now comes Professor Fibiger, of Copenhagen, who, by press reports, has found a worm in the domestic rat, the larval stage being passed in the intestines of the cockroach, and that the worm causes a cancerous tumor in the rat. He merely suggests a similar origin for human cancer. These speculations are, of course, based on the unproved hypothesis that cancer is a germ disease, though it may turn out to be dietetic or at least a metabolic toxemia. We mention them merely as a text for a short sermon on the possible dangers of all our 'vermin' or scavengers. A11 these animals are semidomesticated through the survival of those wild ones fittest to live on the crumbs which fall from our table. As they are house animals, their evolution has occurred in the short period since man has had houses, but in this short period they have developed the treasonable habit of carrying enemies to us, and the sentence of extermination is inevitable. The house-rat has long been under the ban, so have the house-fly, house-mosquito, house-mouse, the louse and flea. Perhaps the English sparrow, another messmate, will soon be detected in some unhygienic deviltry. The sermon is this, the evidence is overwhelming that we must live in such a clean way that we have no need for self- day, Mr. McDonald turned and asked me appointed animal scavengers like Oriental dogs, buzzards, rats, and cockroaches. There is no necessity for a crusade to but I replied that I professed to be kill these animals off. is a public enemy. That is, the sphere that the men who be considered a castle safe from intrusion Maid," in which they asked me to join. if it harbors public enemies and outlaws. I was quite willing to play on week The era of cleanliness is here, and woe days, but they knew I would not play betide him who still lives in Oriental games on Sundays. They then began to filth and medieval carelessness."

## The Children of the Forest about my religion.

A TRUE STORY OF A TEACHER'S EXPERIENCE. By M. Blanche Boyd.

> Chauter 13. SUNDAYS.

months' sojourn had we the pleasure or had at 11 a.m. The children would privilege of having a minister preach at then come and ask me if they might our school-house. He was hurt from a look at my "Story of the Bible," and fall from his horse and was obliged to upon obtaining my consent, they would go to his home in Toronto, so we were run un to get it, sit at the table lookleft without any spiritual head. When a minister did come, the settlers generally went to find fault or sneer, as the people did of old when our Saviour preached. Henry was particularly interested, and but none can tell when a seed may take root and bring forth fruit.

The nearest English-church clergyman parents returned, however, they would was twelve miles away and was unable go off, quite ashamed to appear intercould do to keep six churches going.

Four miles away there was a little log ways liked them. church (like the Northwest churches one sees in pictures) where a Presbyterian ally spent the day reading, writing or minister used to preach, and three times resting. In the quiet spring evenings. we drove there, but it was not safe to when home-sickness and solemn thoughts

we were never sure of hearing the minister. He seemed to be liked very gentle and kindly. Two or three times he came to call upon us, stayed to tea and had prayer with us. You who enjoy the beautiful services. Sunday after Sunday, camnot realize what it meant to be without any church at all, and unless you have experienced the longing for religious services, can you know what joy and comfort it brought to me as that minister prayed for each one of us, and prayed so simply and earnestly for us. No wonder we liked him so much. He did not let the people think him above them and come to them in a patronizing way that some people have, but only spiritually did he show his superiority. He was always sympathetic and ready to help any one in trouble, with his kindly advice. He did not tell them they were so bad and ought to be ashamed of themselves, or despise them when they did wrong, but, in a quiet unassuming way, tried to lead them right.

One Methodist minister who had labored in our district asked Mrs. McDonald after his year's work was finished if he had done any good. "Well," she replied, "I don't see as you've done any good or any harm." That was pretty hard upon the poor man. Sunday was a day on which we discussed religion On one occasion Mr. McDonald freely. said to me, "What does your church care for us? They don't care if we go to hell or not. They never send us help or send us a man to show us how to live. It was true they have sent one man, but gave him six churches to keep going, so that he hasn't even time to come to call upon us, let alone preach, and even he thinks we are beyond doing anything for, that we are too bad to have anything to do with." After the bale came, he did not speak about our church not caring anything for them.

The best way to lead people to Christ is to care for their bodily comfort before attempting the spiritual, for you then act Christ-like and appeal to their gratitude, for actions speak louder than

"It is all very well for these ministers to talk religion to us for an hour occasionally, but how do we know whether they live up to what they preach or not. There is no Christian family here to show us how we ought to live, for nobody here professes it." There was a great deal of truth in what he said.

When some settlers were in one Sunif I were a Christian. The very name of Christian was an incentive for sneers, They will starve such, and tried to be one, but did not to death if we stop feeding them. The feel worthy to call myself one on account man who has a dirty backyard or cellar of failing so often. Mr. McDonald said had done him the public sanitary authority must be ex- most harm were professing Christians. tended to our homes. A house can not That night they began playing "Old say, "You're a horny Christian, you're a horny Christian!" but I merely went on with my reading and took no notice of it. They never bothered me again

Nearly all the settlers used to work all day Sunday cutting wood, cutting grain. etc., but the McDonalds always rested. We used to breakfast about seven, and it was a long, weary day, Occasionally Mr. and Mrs. McDonald Only two Sundays during my ten would go visiting after dinner, which we ing at the pictures, and would listen most attentively while I told them the stories which each picture represented. you could hear a pin drop while the old, old stories were re-told. When the to come to us. as he had more than he ested in such things. Over and over ngain they heard these stories, and al-

If we had no service to go to. I genergo alone through the woods, so I could generally come to us. I used to stand on



## The Farm Burden Bearer

VOU and your farm wagon spend a great deal of time together. Of all farm tools, it is your standby. Its wheels bear the bur-

ering racks of hay or grain, sacks of produce, loads of sand and gravel, anything that needs moving, over miles of roads to market. It takes solid strength to stand up long under that. When next you ride den of big loads-towon a load, listen to the constant racking, creaking, groaning sound of the wagon box, wheels, and running gear as the load pitches back and forth over the road ruts. Not an unpleasant sound, but the strain that causes it is hard on the wagon. I H C wagons—

Petrolia Chatham

give the buyer the most he can get for his money because they defy hard usage for the longest time, and are easiest on the horses, which is

These are a few of the things that contribute to the making of the unbeatable I H C wagon reputation. Selection of the finest grades of lumber, oak, hickory and pine, and of the best quality of steel and iron; many months of toughening air-drying for every piece of wood; skilled assembling of parts, fitting of bolts and rivets, and perfect shaping and ironing; application of the purest paint to act as wood preservative and to prevent shrinking and warping of the wood. In the constructing, the wagon undergoes many careful inspections by preservative and to prevent shrinking and warping of the wood. In the constructing, the wagon undergoes many careful inspections by experts who test every part and verify each operation so that when the wagon is ready for the farmer, it is practically perfect in every detail and thoroughly up to the I-H C standard.

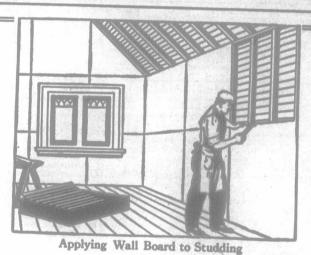
And there are many other reasons we have not room for here why I-H C wagons are the best to buy. A visit and a talk at the I-H C local agent's, where the wagons may be studied, will convince you as to the wagon you want. Get catalogues from him, or, write the nearest branch house.

International Harvester Company of Canada, Ltd At Hamilton, Ont.

Ottawa, Ont.

EASTERN BRANCH HOUSES
London, Ont.

St. John, N. B.



For a Better House--At Lower Cost--In a Month Less Time--Use

## BISHOPRIC BOARD AND SHEATH IT

Bishopric Wall Board is made in sheets 4 x 4 feet by imbedding dressed laths, under 500-lbs. pressure, in one side of a sheet of hot Asphalt-Mastic and surfacing the other side with sized fibre-board. It comes to you in crates of 16 sheets, ready to nail on the wall, and any hands man can put it on in far less time than skilled warkenen can apply handy man can put it on in far less time than skilled workmen can apply lath and plaster.

Bishopric Wall Board goes on DRY, so that you can move into the house the day it is finished, without weeks of waiting for it to set and dry.

On account of the lath (and Bishopric is the only Wall Board made with lath) it makes a flat, rigid, substantial wall. On account of the patented Asphalt-Mastic it makes a moisture-proof, rat and vermin proof. hre-resisting wall, warm in winter and cool in summer. On account of the surface of sized fibre-board it makes a wall that is easily painted or

The first cost of Bishopric Wall Board is less than that of lath and plaster—it never falls off, so costs nothing for repairs—and it saves on

the fuel bills every winter.

If you are building or remodelling, write us—a post card will do—it will bring you information of real dollars-and-cents value. Address Dept. "L 15."

Working Plan for Bishopric Model Home:—Send six cents to cover cost of mailing to our office in Ottawa, and we will send you architectural plan for building, etc.

BISHOPRIC WALL BOARD CO., LIMITED Room 44, Canada Life Building, OTTAWA, ONTARIO.

When Writing Mention "The Advocate"