

plicable manner. Its complaints to Blessed Margaret, if we truly loved, we would hear issuing from all the Hosts that we adore behind the golden wall of the tabernacle, or under the crystal of the ostensorium ; and above all, from the Host of our Holy Communion, which descends into our breast, begging for our compassion, our tears, our love, our reparation. O may our heart be ever loving to the Heart of Jesus unknown, humiliated, and wounded by ingratitude !

4th. — Let us make it our duty to commune with the Heart of Jesus whenever we approach the Holy Table. Let us go beyond appearances. Let us enter into the Eucharistic Body by the Wounded Side, to discover therein the Heart of Our Saviour, the source of His mortal life on earth, of His glorious life in heaven, of His Eucharistic life, the pledge of His perpetual abiding with us, the furnace of all the love that this Adorable Sacrament lavishes upon us.

Then, as the fruit of Communion, let us give to the Heart of Jesus full empire over our heart and our life. Let Him hold the reins of our thoughts, and above all, of our affections. Let us submit to It our desires and our projects that It may approve and bless them. Let all our crosses be faithfully offered to It, that It may alleviate them, sanctify them, and render them meritorious for us and for the whole world.

What shall we say in conclusion ? — The Eucharist is Jesus living, Jesus loving, Jesus kind, Jesus who gives Himself, Jesus who understands us just because in the Holy Eucharist is truly and really His Heart. Let us seek and find the Heart of Jesus where It is truly hidden for us. Let us love It where It loves us, in the Most Blessed Sacrament.

