


HOMEWOOD



The Golf Club



OUTDOOR Sports that are not too strenuous are encouraged at the Homewood. The exercise of all the muscles of the body increases the circulation, improves the respiration, and in this way acts as a natural tonic in the upbuilding of the patient whose nerves have been shattered by worries and overwork.

Within a few minutes' walk of the Sanitarium is the Golf Club House, which has a lovely view that dominates the landscape for miles around in each direction. On the hottest day in summer you can always find a cool corner on the southern verandah. The golf course is one of nine holes, and is being improved each year. Patients whose condition permits of playing should bring their clubs. The Homewood patients have the privilege of the Golf Club course on the payment of a small weekly fee.