

## A Business Man's Greatest Loss

is his temper--and this expensive irritability comes from fatigue. A cup of Bovril at 11 or between 4 and 5, or a Bovril Sandwich quickly restores the good temper and cheerful energy which are the most valuable of business assets and which cannot exist where nourishment is lacking.

All that is good in beef is in

# BOVRIL

## THE CANADIAN BANK OF COMMERCE

Head Office: TORONTO

Paid-up Capital, \$11,000,000  
Reserve Fund, - 9,000,000

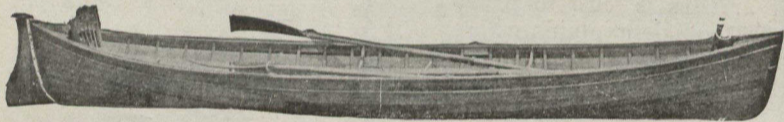
SIR EDMUND WALKER, C.V.O., LL.D., D.C.L. .... President  
ALEXANDER LAIRD ..... General Manager  
JOHN AIRD ..... Assistant General Manager

This Bank having branches in all the important cities and towns in Canada, as well as in the United States, England and Mexico, is enabled to place at the disposal of its customers unsurpassed facilities for the transaction of every legitimate kind of banking business.

### REMITTING MONEY TO FOREIGN COUNTRIES

All the branches of this bank are equipped to issue on application drafts on the principal cities and towns in the world, payable in the currency of the country on which they are drawn (that is drafts drawn on points in France are made payable in francs, etc.).

These drafts provide an excellent means of sending money to different countries.



### EASY-ROWING, COMFORTABLE ROW BOATS

Buy one of our easy-rowing, comfortable row-boats for family use or fishing purposes. Light weight, yet built to withstand rough usage, such as is encountered on rocky shores of Georgian Bay and Muskoka Lakes.

Our canoes, too, are staunchly built, yet light weight. On that account they are favored by guides when there is a lot of portaging to do.

Write for Catalogue containing full information.

DEPT. 121 The GIDLEY BOAT CO. Limited, PENETANG, Ont.

WINCHESTER'S HYPOPHOSPHITES OF LIME AND SODA (Dr. Churchill's Formula) and WINCHESTER'S SPECIFIC PILL ARE THE BEST REMEDIES FOR

EXHAUSTED OR DEBILITATED

## NERVE FORCE

They contain no Mercury, Iron, Cantharides, Morphia, Strychnia, Opium, Alcohol or Cocaine.

The Specific Pill is purely vegetable, has been tested and prescribed by physicians, and has proven to be the best and most effective treatment known to medical science for restoring impaired Vitality, no matter how originally caused, as it reaches the root of the ailment. Our remedies are the best of their kind, and contain only the best and purest ingredients that money can buy and science produce; therefore we cannot offer free samples.

Price ONE DOLLAR per Box, by First Class Mail. **No Humbug, C.O.D. or Treatment Scheme**

**PERSONAL OPINIONS:** Dear Sirs: For Neurasthenia the Hypophosphites are our mainstays.—DR. JAY G. ROBERTS, of Phila., Pa.  
I can certify to the extreme purity of your Hypophosphites.—DR. L. PITKIN, New York.  
I have taken this excellent remedy (Winchester's Hypophosphites of Lime and Soda) as a Nerve Food by my physician's order. It has so greatly benefited me that I hope other sufferers may be helped likewise.—MISS ELLA H. JOHNSON, Irvington, N.Y.  
I don't think there is a more honest remedy for Nervous Debility than your Specific Pill.—B. R., Princeton, Ill.  
I find your remedies excellent.—ASSISTANT ATTY. GEN. N. D.

For free treatise securely sealed send to **Winchester & Co., 1031 Beekman Bldg., N.Y.** Est. 53 years

Sold by Lyman's Limited and the National Drug and Chemical Co. and Lyman, Knox & Co., Montreal  
IN ANSWERING ADVERTISEMENTS, PLEASE MENTION THE "CANADIAN COURIER."

## IN LIGHTER VEIN

**Quick Change.**—Mr. Hiram Daly (at dinner)—"Tell Bridget this steak isn't done enough."

Mrs. Hiram Daly—"Bridget! My dear, you are three cooks behind—her name is Maggie."—Boston Transcript.

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**Lazy, But Clever.**—When Whistler was living in the Latin Quarter in his youth a friend took him to task for his idleness.

"Why don't you pitch in and paint something?" said the friend. "Pretty soon your money will be all gone, and those three rolls of canvas will still be standing empty there behind the door, just as they've been standing for the last six weeks!"

Whistler as he lay on the bed smoking his pipe, answered lazily: "But, you see, as long as there's nothing on the canvas I can sell it."

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**Well Said.**—She—"I can cook, but we could hire somebody to do that."

He—"And I can't make money, but we could hire somebody to do that."—Puck.

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**Truthful.**—"Did you notice any suspicious characters about the neighborhood?" the judge inquired.

"Sure, your honour," replied the new policeman, "I saw but one man, and I asked him what he was doing there at that time o' night. Sez he, 'I have no business here just now, but I expect to open a jewelry store in the vicinity later on.' At that I says, 'I wish you success, sor.' Begorra, ver honour," answered the policeman after a pause, "the man may have been a thief, but he was no liar."—National Monthly.

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**Fatal Influence.**—Catterson—"Notice how Carstairs's wife makes up of late? Should think he would stop her."

Hatterson—"Has tried to; feels badly about it. But he says it's no use; she learned it from their daughter."—Life.

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**Few Washingtons.**—In a Fourth of July address, Mayor Samuel L. Shank, of Indianapolis, once said, apropos of George Washington and truthfulness:

"Few of us, alas, can lay claim to that absolute veracity which was Washington's boast. Thus the shoe pinches us all when the story of little Jack Smith comes up. Little Jack Smith's Sunday school teacher, after a lesson on Ananias and Sapphira, said: 'Why is not everybody who tells a lie struck dead?' Little Jack answered gravely: 'Because there wouldn't be anybody left.'"

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**Did He See the Point?**—Saphedde—"Society is a terrible bore. Don't you think so?"

Miss Cutting—"Some people's."—Boston Transcript.

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**Applied Knowledge.**—An instance is related of the late Professor Chrystal's readiness in applied mathematics. One day when he was producing on the blackboard those "spiders' webs in chalk" which were the despair of the unlearned, a student near the top of the room dropped a marble, which bumped down, step by step, to the level of the rostrum. Chrystal, not heeding the giggles of the class, went on with his work. When the marble came to rest he observed:

"Will the student at the end of bench 41 kindly stand up?"

He had counted the bumps made by the marble in its descent.

\* \* \*

**Never Met Any.**—"Where is he from?"

"I don't know, but I think he was raised on a desert island."

"What in the world makes you think that?"

"He says no woman ever made a fool of him."—Houston Post.

# Just WHY



## Old Dutch Cleanser

Cleans Your

## Refrigerator HYGIENICALLY

Because this pure, mechanical Cleanser contains no Caustic or Acid to get near the food. It penetrates into every corner and cuts every particle of grease from the shelves and walls. Soap-cleaning cannot do this satisfactorily.

Sprinkle some Cleanser on a wet cloth or brush and go over every part of the refrigerator carefully, after removing and cleaning the shelves. Do this once a week (the ice compartment once in two weeks) and it will always be clean, sweet-smelling and sanitary.

Many Other Uses and Full Directions on Large Sifter-Can, 10c