



The Leading Health Resorts of America Reached by the

Grand Trunk Railway System

THE DOUBLE TRACK ROUTE

The St. Catharines Well

The "St. Catharines Well," situated at St. Catharines, Ont., situated at St. Catharines, Ont., on the main line of the Grand Trunk Railway System. The waters of the "St. Catharines Well" are possessed of wonderful healing properties, and are spoken of in medical journals as more wonderful in their curative powers than the famous Kreutznach Springs in Germany. These waters are especially valuable in the treat-ment of such diseases as rheu-matism, gout, neuralgia, sci-atica, skin diseases, nervous troubles, or as a tonic for peo-ple troubled with the ills of the modern strenuous life.

Connected with these springs is "The Welland," a happy combination of sanitarium and fam-

The Mineral Bath City

Mount Clemens, Mich., "The Mineral Bath City," is famous throughout America as an All-the-year-round - Health - Resort. The waters of the springs are a panacea and cure for bilious and liver troubles, paralysis in lighter forms, digestive troubles, persons disorders, after effects. lighter forms, digestive troubles, nervous disorders, after effects of la grippe, general debility, protracted convalescence, etc. Rheumatism, probably the most common of all diseases, is treated with unfailing success. Seventy-five per cent. of rheumatics are cured and ninety per cent. benefitted.

The city has many luxurious and modern hotels where pro-

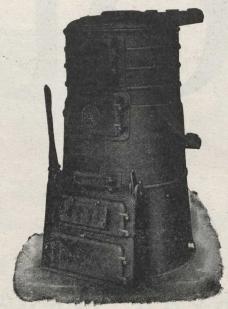
spective visitors can rely upon spective visitors can rely upon securing the very best accommodation. All of these have individual springs, with bath house attached. In addition are many boarding houses which furnish good accommodation very moderately.

Mount Clemens is situated on the line of the Grand Trunk Railway System, 21 miles from the City of Detroit.

For all information, rates, etc., apply to any Grand Trunk representative, including J. Quinlan, Bonaventure Station, Montreal, and C. E. Horning, Union Station, Toronto.

The "KING" Heating System

With a "KING" Hot Water Boiler and "KING" Radiators, solves the house-heating problems. . .



The "KING" Boiler has ALL the latest improvements in operating equipment and fuel saving features known to boiler construction.

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The "KING" patented grates and shaking mechanism are of the side lever adjustable construction and are simple enough for a child to understand, yet the most efficient ash remover yet produced. No bolts or pins are used in attaching grates to the connecting bar.

No. 6 High Base "King" Boiler, showing double shaker.

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FALL SERVICE

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"Royal Edward" Sat., Nov. 1st Wed., Nov. 19th Wed., Dec. 3rd Sat., Nov. 1st Sat., Nov. 15th "Royal George" From Halifax, N.S. "Royal Edward"
"Royal George" Wed., Dec. 31st

Full information and further details will be gladly given by any Steamship Agent, or the following General Agents of the Canadian Northern Steamships: P. Mooney, 123 Hollis St., Halifax, N.S.; Jas. Morrison, A.G.P.A., 226 St. James St., Montreal, Que.; H. C. Bourlier, 52 King St. E., Toronto, Ont.; and A. H. Davis, 254 Union Station, Winnipeg, Man.