

influence of the cross, in the first place. The cross destroys them. 2ndly. By ceasing to obey their promptings. The soul must assert its supremacy. 3rdly. By getting his convictions of duty strengthened; the conscience is the highest power in the soul; and he should always listen to its voice. 4thly. By acting not for pleasure or interest, but God's glory. 5thly. By prayer to God.

9. SELF-EXAMINATION.—It is the duty of the Christian to examine himself. He must examine whether he be in the faith—to know the state of his own soul as to piety. This is a duty, it is to be feared, very much neglected by Christians. Why is it neglected? Because it is difficult. Many persons feel it difficult to fix their minds on the truth of God; it must be a greater difficulty for them to make the mind its own object of contemplation. In self-examination the mind is the subject contemplating, and its state and character the objects contemplated. It is regarded as an unpleasant exercise. It may be unpleasant to know the many errors and failings we fall into. It is humiliating too; but it is a most profitable exercise. We discover where we have erred and failed in the past, and we are constrained to take more care for the future. Self-examination is the mind's introspection of its spiritual condition. Let this exercise be carried on in the light of the cross; because you can in the light of the cross only see yourself properly; because the cross will prevent you from despairing when you see your shortcomings and imperfections. What is the standard with which you must compare your conduct? Not the conventional morality of the world; not what you yourself may conceive to be right and proper; but the law of God as honoured by the cross, and the obligations the cross lays on you to obey it.

A WITNESS FOR THE TRUTH.

[We gladly publish the testimony given in the following letter to the adaptation of the gospel to meet man's wants. It also testifies to the usefulness of our sainted brother Peden, during his sojourn here. He who has been used by the Spirit to lead even one soul to Jesus, has not lived altogether in vain.]

MY DEAR BROTHER,—As one of your agents for the Day-Star, I take this opportunity of sending you a few words, trusting that our Heavenly Father is blessing you with all necessary blessings, both temporal and spiritual, out of the fulness that is in Christ Jesus, in whom all fulness dwells, and in whom we have redemption through his blood, even the forgiveness of our sins. I have never had the pleasure of seeing your face in the flesh, but I have rejoiced with you in spirit, through the