

A GUIDE FOR PLEASURE-SEEKERS.

The Thousand Islands

AND

—❖ THE THOUSAND ISLAND HOUSE. ❖—

IN writing at this time upon any public summer resort, it is, probably, almost unnecessary to speak of the leap into popularity and extensive patronage enjoyed by many well-known localities in the past three or four years. Men who, previous to that time, had dragged on year after year through twelve months of incessant toil, ruining themselves physically, and often, as a consequence, financially, have learned, myriads of them, how immensely profitable it is to them in every sense to *rest*. These thousands of men have at the same time learned that they may, while recuperating their worn-out energies, enjoy themselves amid the grandest beauties of Nature's handiwork; may build up wasted energies in the sports for which are provided fish and bird and beast, and go back to their labors after a period of such relaxation, better, stronger and happier people. In short, sensible men are coming to realize that in order to enjoy a vacation from labor, it is not necessary to turn it into a vacation of dissipation.

There has been of late years a great annual increase in the numbers of those who saw the wisdom of laying down their burdens for a time, with the assurance that when again taken up it would be with renewed energy, through which they might not only accomplish more of their accustomed labor, but would at the same time add to the term of their lives. But last year this idea seemed to have become epidemic; indeed, it was almost a mania, and that man or