

THE ONTARIO MEDICAL ASSOCIATION.

Organization and preparedness are the watch words these days, and so it seems fitting that the Ontario Medical Association should make plans early for the annual convention to be held in Toronto in May, 1916. Work is now being done, not only to insure success at the next meeting, but also to co-operate with the profession throughout the province in organization of county medical societies along the lines approved of by the Peterborough meeting. The latter is a big task but seems well worth while and should commend itself to the profession.

In carrying out this campaign the Ontario Medical Association will be living up to the best traditions of its founders. In this connection a quotation from one of the Canadian medical journals of 1882—may not be out of place—"The Ontario Medical Association should promote sentiments of mutual respect and fraternity, the plentiful lack of which there is still great reason to deplore." It is the intention of the present executive to do what they can to remedy the faults existant in 1882 and that still survive in an attenuated state in 1915.

It is interesting here to note that the Association has been in existence since 1880, and has held meetings annually since 1881. Dr. Adam Wright and Dr. J. E. Graham first conceived the idea of a provincial organization. At a preliminary meeting held to consider the matter of organization were Drs. Workman, Coverington, Graham and J. H. Burns, Adam Wright and J. E. White. The first president was Dr. Workman. For thirty-five years the Association has prospered. There seems to be no doubt that the executive with the co-operation of the membership will not allow the organization to languish even though under the stress of war conditions.

MEDICAL PREPARATIONS

A SYSTEMIC BOOST.

It is safe to say that the average physician is called upon to prescribe a tonic more frequently than any one other form of medication, unless it be a cathartic. Patients who are patients solely because they are tired, "run down" and generally debilitated, are constant visitors at the physician's office. Such individuals need something that will boost them up to their normal point of resistance and then hold them there: in other words, not a mere temporary stimulation, with secondary depression, but a permanent help to the revitalization of the blood and a general reconstruction. Pepto-Mangan (Gude) is not only prompt in action as an encourager of appetite and better spirits, but is also distinctly efficient as a blood builder and systemic reconstituent. It is