

ESSENTIALS OF MATERIA MEDICA AND THERAPEUTICS.

By Henry Morris, M.D., College of Physicians, Philadelphia. Seventh Edition, thoroughly revised. By W. A. Bastedo, Ph.G., M.D., Instructor in Materia Medica and Pharmacology at the Columbia University (College of Physicians and Surgeons), New York City. 12mo, 300 pages. Philadelphia and London: W. B. Saunders & Company. 1905. Cloth, \$1.00, net. Messrs. Carveth and Company, Toronto, Agents.

The student cannot find a better or more practical work on Materia Medica, Therapeutics, and Prescription Writing than this little essential from the press of W. S. Saunders and Company. But then, this work is no exception in this respect to all the other numbers of this excellent series of compends. Dr. Bastedo, in revising the book for this seventh edition, has brought it in accord with the new (1905) Pharmacopeia, introducing all the new remedies and carefully indicating their therapeutic doses and uses. For a work of three hundred pages it contains a mine of information so presented as to be easily grasped. We give it our unqualified endorsement.

WILLIAMS ON FOOD.

Food and Diet in Health and Disease. A Manual for Practitioners of Medicine, Students, Nurses and the Lay Reader. By Robert F. Williams, Professor of Principles and Practice of Medicine in the Medical College of Virginia, Richmond. In one handsome 12mo volume of 392 pages. Cloth, \$2.00, net. Lea Brothers & Co., Publishers, Philadelphia and New York, 1906.

That there exists to-day a need for a convenient, practical book on foods and how they should be used, one that will give the facts concisely and clearly and without technicalities, is patent to every physician and every nurse, as well as to every family in which sickness has been an unwelcome visitor.

For practical use such a work may well omit all reference to the tedious scientific investigations by which chemists and physiologists have evolved the present day knowledge of diet. Results, facts and clear directions are what is wanted, and this is exactly what Dr. Williams' excellent work gives, in language so simple that a schoolboy could read it intelligently.

Doctors will welcome this book as one which they can recommend to their patients as a guide to the preparation and use of food in sickness and convalescence. For mothers the book will be especially valuable. Ignorance is always costly. This is particularly true in the feeding of growing children, in whom habitual errors of feeding frequently produce effects lasting through life as well as temporary illness.

Nurses and hospital superintendents will find an attractive feature of the work in the last section, where is given a great number of recipes