Thus saith the Lord: In an acceptable time I poor widow, concerning whom there had never been thou mighest say to them that are bound: Come enlightened.' Isaias xlıx. 8, 9.

## LITER TERE.

From Maxims and Examples of the Saints.

## PERFECTION.

In the lives of the Holy Fathers we read of the could, and studied to keep all in peace and con- faulty monk the accustomed sign. cord. On hearing this the Holy Abbot was greatly consoled, and understood that true perfection does not consist in so many practices, but in the fulfilling each one of us the duties of our state,

In a territory of the province of Lecca, there was a certain nun who was held in great reputation for My dear old Thomas, her sanctity about the time that S, Joseph of Cuper-

have heard thee, and I have preserved thee, that any talk. The marquis made inquiries concerning the qualities of this one, and he found that she always remained at home shut up in her little coforth; and to them that are in darkness: Be tage along with her little daughters, continually working in order to maintain them, and that she never suffered herself to be seen out of doors except once a day which was very early in the morning, when she went to church to hear Mass.

Although he who hath entered into religion, and is careful not to offend his God, may imagine that he hath done all , vo. O how many little defects remain, which concer then some in most To be perfect in our vocation is nothing else than to fulfil the duties and offices which our condition and state of life oblight us to perform; and to accomplish them well, and only for the honour and love of God, referring them all to his glory. He who thus acteth, may be said to be perfect in his state of life, and a man according to the heart and the will of Ged.—S. Francis of Sales requires of us.—S. Thereis.

It was to one of these defects, that of self-esteem, Abbot Paphustius, a man famous for his sanctity, that Bishop Palafox attributed the cause of his that one day he begged to know from our Lord if relaxing after his conversion, and of his having very he possessed any merit in his sight: and our Lord nearly lost himself for ever: since, says he, although replied to him that his merit was equal to that of a I was but little humble, I suffered myself to believe certain gentleman, a baron of a territory, which he that I was really humble; and at the time that I did named to him. The saint set off immediately to my endeavour, and was earnestly desirous to be find him, and the baron received him right cour- good, I was wont to presume that I was already teously, and entertained him well, and as soon really good: and this hidden pride obliged the as supper was ended the saint begged of him to divine goodness to instruct me, to the end I might make known unto him the tenor of his life. The see, that I was not good, but wicked and weak and baron excused himself, saying that he did not pos- miserable and full of pride, of sensuality, of infidelisess any virtue, but afterwards being entreated by ty, and a prodigal contemner of the blessings of the other with great importunity, he said to him, divine grace. We read in the lives of the Holy Fathat he was most attentive to afford lodging to the thers, that two holy souls had received the gift of pilgrims, and to provide them with as much as was beholding a certain mark of the presence of divine necessary for their journey: that he never despised grace in one another. It happened once, that one the poor, but succoured them in their wants: that of them went out of his cell early one Friday morn. he caused justice to be administered rightly, and ling, and finding a monk eating at that time contrary always gave a just sentence, never departing from to the custom of the manks, he regarded it as a failwhat was obviously right, either on account of ing, and took him to task for it; when he afterwards recommendations or of his own feelings: that he returned to his cell, his companion did not perceive was never guilty of any oppression of his subjects : in him the accustomed mark of divine grace, and that he allowed all, who wished, to sow their grain asked him what he had done; but as he did not on his lands, and never took beyond the just rent: recollect any thing: 'Consider,' said his friend, that no one could complain of having ever received whether you may not have spoken some idle word. any injury or trouble from any one of his family, or Upon which he bethought him of his rash judgment. from his catttle: that he had never grieved any one, and told him what had passed; on account of which nor over spoken ill of another: but that he honoured they both fasted together for two whole weeks; at all, and loved all, and helped all, in whatever he the end of which time, there again appeared in the

## LETTERS FROM BELGIUM.

Continued. LETTER IV.

Belgium, ——, 1842.

I have just received a letter from Mrs Werner, in tino lived, and he being one day in the house of the which she says she carried my letter to you hersell. marquis of that place, and being asked by him con- and read it to you. I was giad to hear it arrived at cerning his opinion of the report which was circula- such an acceptable time, and that, instead of finding ted of the sanctity of that nun, he replied, 'One it too long, you declared I had not told you half you you have here who is indeed a saint, who is not wished to know. And you have sent me so many known; and forthwith he named to him a certain questions to answer, that I think were I to answer