

What is the Meaning of "Well Balanced" Flour.

A perfectly "balanced" flour is one which contains the greatest amount of nutriment in its most easily digestible form. No single variety of wheat will produce "well balanced" flour. It requires the careful selection of different kinds.

The makers of ROYAL HOUSEHOLD FLOUR have more than a hundred elevators, scattered throughout the greatest wheat growing country in the world, which enables them to secure the very pick of the wheat that will yield perfectly balanced flour-

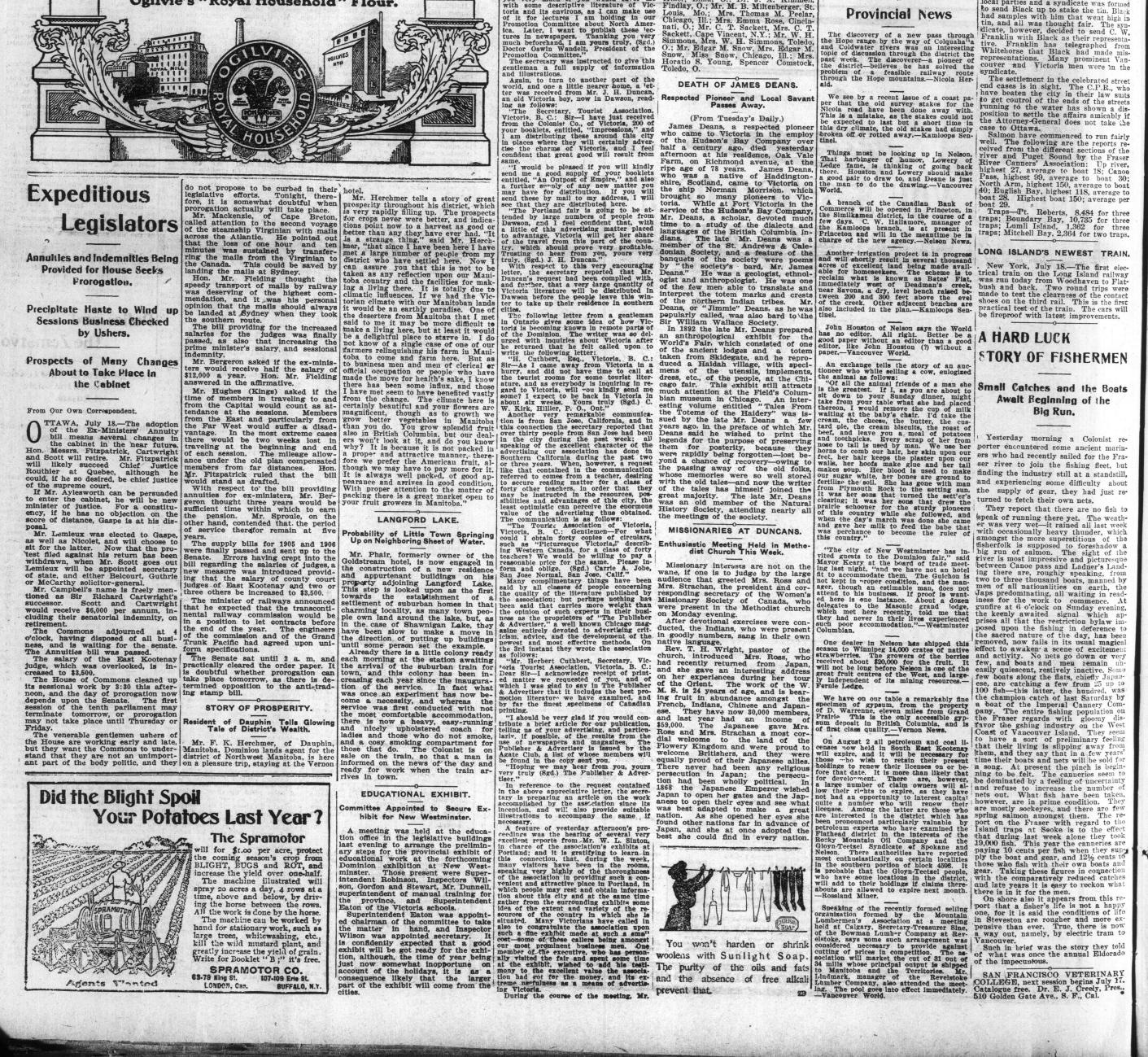
-The kind of flour that produces the best, the largest and the strongest loaf-

-The loaf which contains the greatest amount of bone, muscle and brain-making protein and the lowest percentage

ROYAL HOUSEHOLD makes bread which reduces the labor of digestion-and gives greatest nutrition for least

It's the "balance" in flour that makes bread easier to digest and gives it many other qualities which are usually attributed

Ogilvie's "Royal Household" Flour.



Advertising City's

Many Attractions

Tourist Association in Regular

Season Transacts Mucan

Grailbying Success and Record

Increase in Business During

Present Year.

Gravity of the Season State of the Se





TIMBER

NOTICE IS HERBY
days after date "The 8
Syndicate Limited" int
Honorable the Chief
Lands and Works for
to cut and carry awa
following described lai
Coast District of Briti
No. 1. Commencing
about 18 chains Northw
of the Kh-Yex River an
from its mouth, thence
thence east 40 chains,
chains, thence west 40
commencement.
Staked June 13, 1905

No. 2. Commencing about 200 feet west of and about 3 miles from east 80 chains, thence thence west 80 chains chains to place of commarker June 13, 1995. THE SKEENA DEVEL CATE LIMITED.

razing thereon, d lands, situated Fraser river, in Ca Columbia, and about Fort George, viz.: post marked "E. J. M. H.—N. E." the forty (40) chains, the two hundred chains of Fraser river, ther

CERTIFICATE OF NOTIC "Westholme," "Westh

"Moline Fractional,"

gan." "Blue Bell." "
Rod." "Acme." "M

"Ohio." "Oregon." "E

"Dewey," "Damond,'
Idon." "Ivan." "Klond
ka." "Covner Mint."

A. L. Fractional," "C. I

G. Fractional," "C. I

G. Fractional Mining Div

and Somenos Districts.

Where located: On

Chemainus and Somenos

conver Island.

"TAKE NOTICE that

and Mining and Deve

Limited, Free Miner's

RS9463 intend. sixty da

hereof, to apply to the

for Certificates of Imp

purpose of obtaining Cr

above claims.

And further take notil

der Section 37. must be

the issuance of such Co

provements.

Dated this tenth day of

VELOPMENT COM

[el56]

LAND REGIS

IN THE MATTER of th 33 and 101, Esquim tered in the name Whately Stuart, and

Land Registry Office

NOTICE IS H

NOTICE IS HER NOTICE is her and works to phrenase scribed land, situate on the Ecstall River, about town of Port Essington, trict. Province of British Commencing at a post Corner, thence running thence east 40 chains, chains, thence west 40 beginning, containing 11

NOTICE is hereby give missioner of Lands and W.
to purchase the followin
situated on the right ba
River in Cariboo Distric
bia, two miles above Bri
ing from this post marke
and thence astronomical
chains, thence astronom
(80) chains, thence as
about one hundred and t
or trich bank of Fraser
following said bank nort
of commencement, and J. L. TILTO

LAND REGISTR Duplicate Certificate division 4 of Lot 1, of Section 17. Range District (Map 209).

NOTICE IS HEREBY

Land Registry Offi 14th July, 1905. B. C. STEAM DYE

141 Yates Street. pressed equal to new.