

10¢ "CASCARETS" TO CLEAN BOWELS

When Sick, Bilious, Headachy, Constipated, for Sour Stomach, Gases, Bad Breath, Colds

Clean your bowels—then feel fine! When you feel sick, dizzy, upset, bilious, when your head is dull or aching, or your stomach is sour or gassy, just take one or two Cascarets. As soon as the bowels begin acting and bowel poison and bowel gases are

cleared away, you will feel like a new person. Cascarets never sicken or cramp you. Also splendid for constipated children. 10 cents a box, also 25 and 50 cent sizes. Any druggist.

The Heir of Bayneham

—AND—
Lady Hutton's Ward.

CHAPTER XXVI.

"I could not suffer shame again. It is our secret should become known, were I to say you were my child, or if you were to call me father, my story must be known; men must know that I am Stephen Hurst, the ex-convict; and if this should come to pass (which I hate heroics, I say it calmly), if this ever gets known, I will kill myself. I shall not wait for scorn and contempt to destroy me. You see I leave my life in your hands."

"I have no wish to make it known," she replied sorrowfully; "my happiness is destroyed. I cannot endure to look in my husband's face, and know that he has deceived him. I have no business here; my place is among the poor and shame-stricken. If Lord Bayneham knew my story, I believe he would send me from him. If I conceal it, it will kill me. Where am I to look for help? Who can aid me?"

"Those are false, sentimental notions," said Paul Fulton, more touching than he cared to own by her sorrowful face and despairing words. "You have done no wrong; you are a gentleman's daughter. Lady Hutton made you a lady in every sense of the word. Keep your secret, and you will be happy enough."

"I did not expect you to understand me," she said; "it is the concealment I hate. But we must not linger. What more have you to say?"

"Nothing," he replied. "You know I leave here early in the morning. I shall never return, Hilda. We must remain as strangers, and do not forget that you hold my life in your hands. I shall avoid you—it will be less painful than seeing you, and not daring to claim you as my child. Are you willing?"

"Yes," she replied, in the same hopeless tone, "it will be best so; only promise me one thing—if I die first, you will tell the whole truth to my husband; he will never betray you."

He promised without the least intention of ever keeping his word, and they turned toward the house.

"Hilda," said Paul Fulton, "you are my own child. Let me hear my name once. Say 'God bless you, father,' before we part."

She turned her fair, sad face to him, and he never forgot it as he saw it then. The breath of the summer wind was not more sweet and faint than



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continued the lady. "I have a sincere liking and affection for your beautiful wife; but she is very young and knows nothing of the world. She is so innocent and simple that I mention to you a circumstance I have observed, which in another way would have not excited my attention."

"What has Hilda been doing," asked Lord Bayneham with a smile; "has she broken some terribly severe law of etiquette?"

"No," replied the countess; "Lady Hilda's manner is perfect. It is not that, but our late visitor, Mr. Fulton, was a very handsome man, and one who could fascinate where he chose."

"Well, what can that possibly have to do with Hilda's shortcomings?" demanded Lord Bayneham quickly. "If you will allow me time, Claude, I can explain," said the countess with dignity. "On the first evening of his arrival we all remarked how much he seemed struck with Hilda. Mind, I insinuate nothing against him; he is only a man of the world; but I believe he has been trying to get up a sentimental kind of friendship with her."

"What makes you think so?" asked the young earl indifferently, for he saw him on two occasions slip a note into her hand.

"You must have been mistaken, mother," said her son quickly, his face flushing hotly. "My wife would never receive a letter from any one."

"It is true," continued the countess; "I do not say there was anything in them, for knowing Hilda to be one of the purest as she is one of the loveliest of women, I am sure there could be nothing wrong about it. I would speak to her myself, but it is a delicate matter to interfere with; but with a few well-chosen words you can put her on her guard; and she is so very young and inexperienced."

"You are very kind, mother," said Lord Bayneham, rising hastily; "but I cannot understand how a note could have nothing in it. I must see Hilda and ask her about it."

"Do not be rash or foolish, Claude," said his mother; "there is no necessity for any scene or any emotion. Speak to your wife quietly, for perhaps there is nothing in it. Hilda never even sees any one but you. Do not force me to regret that I have treated you like a sensible man."

"I must have it explained," said Lord Bayneham quietly, but firmly; "I must see those notes, or know what they were about. None shall either insult or act impudently to my wife."

"I do not think any one will ever try it," said Lady Bayneham; "be prudent and sensible, Claude. Suppose, after all, there was nothing on the paper but the name of a book or a song?"

"Tell me how they were given," he said, "and I can judge for myself."

Lady Bayneham, who began to repent of her undertaking, then told him of the two little scenes she had witnessed, and his face grew dark.

"If that man dared to write nonsense to my wife, I would follow him to London and thrash him!" he cried. "I can see how it is Hilda did not tell me; she was afraid I should quarrel with him."

"Nothing of the kind," said Lady Bayneham, trying to ally the tempest she had aroused. "She very likely never thought of naming it at all; she cannot run to you every time any one either speaks or writes to her."

(To be continued.)

Try rubbing the inside of a chicken with peanut butter before stuffing it. Tiny triangles of buttered toast sprinkled with minced parsley are attractive served with fish balls.

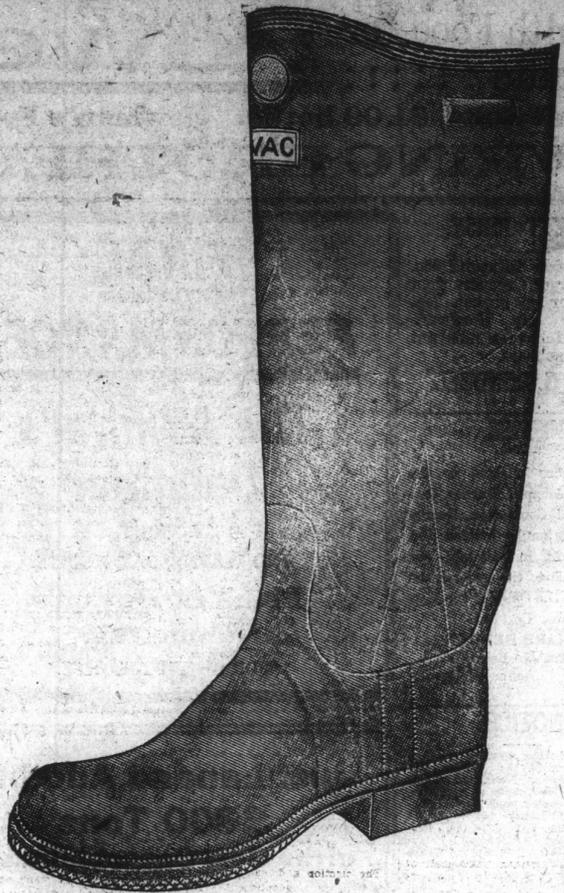
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Arctic Explorer

PREDICTS MILD WINTER.

Captain J. E. Bernier, the well-known Arctic explorer, predicts a mild winter, and in giving his reasons pointed to the gradual departure of the northern glaciers. The speaker further ventured to say that the climatic conditions were changing with the prospects of warmer winters in future. He bases his prognostications on the movement of the ice in the Hudson Bay Straits and the Straits of Belle Isle, and said that when he went north on his last trip during the summer the steamer Arctic had less difficulties to contend with from ice than on previous voyages.

Furthermore, he discovered an island southeast of Ellesmere Island, which had never heretofore been discovered, and is named by Peary, which he named Stewart Island.

was due to the disappearance of ice in comparison to the past. He described the diminution in the size of icebergs, and the fact that the ice in the mountain tops in the north, was disappearing, in proof of a change in the climatic conditions to bring warmer weather during the winter months to Canada, and further remarked that he had brought back part of a tree that had been uncovered, to strengthen the belief that trees grow on these mountains and that there was vegetation before the glacial period perhaps thousands of years ago.

Captain Bernier next spoke of Greenland, where the bergs all gathered and flocked to the Straits of

Belle Isle and surrounded the Banks of Newfoundland. He said the conditions were undergoing a transformation, and that he was fully convinced that people lived and thrived in Greenland over a thousand years ago, and that they had churches or places of worship, as he himself had seen the ruins of a church in Greenland.

\$75,000 Bell Tower As War Memorial.

LOUGHBOROUGH, Eng.—A tower more than 140 feet high, with 50 bells which, it is said, will form the finest carillon in Europe, is being erected here as a war memorial. It will cost about \$75,000, and the bells have been donated by the various trades in Loughborough. The largest bell will weigh four tons.

BEECHAM'S

Sweeten the Stomach PILLS

The Time For The New Patriotism.

In fulfillment of the Irish Treaty, the Imperial Parliament has delivered the legislative "goods" and the Statute Book upon its new heritage. Henceforth Ireland is one of the community of nations which make up the British Commonwealth, forming in many respects the most remarkable association of States the world has ever seen. Mingled with the first feelings of relief that greeted the Anglo-Irish Treaty a year ago are others that exercise a deeply sobering influence. In the interval it has been possible to take stock of the task which awaits the new Irish Government. It is one as formidable as was ever assumed by statesmanship. A modern State rests upon the acquiescence of the majority in the rule of its governors as expressed through the judiciary, police, and Civil Service, and, in the last resort, the bayonets of its soldiers. The Free State unfortunately has to begin its career, so to speak, with bayonets fixed. Its rule is challenged by a small but fanatical minority. Thus in the midst of rufous guerrilla war it has to restore the authority of the courts, create a police force, and found a Civil Service on whose character will largely depend the reputation of the State. It has a huge unemployment problem to cope with and a Treasury which has to grapple with the obstacles which tax-paying human nature raises all the world over, and a host of others made for it by the Republicans. Looking at the dark and toilsome ascent which confronts Irish statesmanship, the sympathetic observer may well regard the future with anxiety. No longer, however, can those uneasy feelings be attributed to causes outside the scope of Ireland's own resources. Her fate is in her own hands. The masters of her destiny are the millions of men and women whose homes stretch from the Cove of Cork to the shores of Donegal. If they are resolved to make the name of Erin a synonym of honour to foreign nations and of domestic happiness to themselves and to their children there is no power on earth to thwart their choice. British statesmen signed the Treaty as what has been called a "daring act of faith." The Government has changed, but there has been no change of spirit. Mr. Lloyd George made the pact. Mr. Bonar Law in the same courageous temper, has appointed Mr. Tim Healey Governor-General. This is a son of the Irish people who devoted his lifetime to the advocacy of their claims, in the British House of Commons, now, by a stroke of the pen, becomes the representative of the Crown in Ireland. Mr. Healey's appointment is an innovation which will be noted with interest throughout the Empire as a crowning proof of the whole-hearted determination of Britain to make the Treaty a success if goodwill can do it. Every British minister who has relations with the Dublin Government has borne witness to the sincerity with which it has grappled with its obligations. Equally Dublin has testified to the good faith of London. The new era starts, therefore, with mutual respect and confidence. These are solid foundations upon which to build up a new Anglo-Irish addition. To-day Ireland enjoys an opportunity, the value of which has obtained universal recognition. What is wanted now is the new patriotism which, by commonplace pursuit of commonplace duty, will bring to the mass of the people peace, happiness, and prosperity.—News of the World.

Fashion Plates

The Home Dressmaker should have a Catalogue Scrap Book of our Fashion Plates. These will be found very useful to refer to from time to time.

A NEW FROCK WITH PLEASING STYLE FEATURES.



4217. Circular skirt sections set low over a panel front and long waist sections, on this desirable model. The square-cut neck is especially becoming to stout figures. The sleeve is new and attractive. Broad cloth, with bands braided with soutache was used in this instance. Fanne velvet, or serge would be equally pleasing.

The pattern is cut in 7 sizes: 32, 34, 36, 38, 40, 42, 44, 46 and 48 inches bust measure. A 38 inch size requires 3 1/2 yards of 54 inch material. The width at the foot is 3 1/2 yards (width plates extended).

Pattern mailed to any address on receipt of 10c. in silver or stamps.

A NEW VERSION OF A POPULAR STYLE.



4004. Smart plait lend graceful fullness to this charming "one piece" model. It will develop well in tulle, linen, crepe, ratine, or spongy. The sleeve may be in wrist or elbow length.

The pattern is cut in 3 sizes: 16, 18 and 20 years. A 16 year size requires 4 1/2 yards of 54 inch material. The width at the foot with plait extended is about 3 1/2 yards. As here illustrated white flannel was used with embroidery in yellow yarn. Pattern mailed to any address on receipt of 10c. in silver or stamps.

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