



Restoring Nerve Power.

In many people the tissues of the nerves have suffered from the strain of War and from the shortage of fats. You can restore your nerves in a natural way by eating "Skippers." The pure olive oil in which they are packed is worth its weight in gold to those who suffer from "fat-starved" nerves. "Skippers" are especially valuable for children. They are very easily digested, and contain certain vital elements which assist the growing body, nerves and brain. Your retailer will supply you with a tin of

A guarantee on every tin.

Skippers

Are Brising with good points.

Potatoes, Butter, Hay and Oats.

Due Monday Ex. "Canadian Aviator" from Montreal, and offering at lowest prices--

P.E.I. Blue Nose Potatoes--90 lb. sacks.

"Gilt Edge" Canadian Creamery Butter--28 lb. boxes.

Prime Timothy Hay, Black Oats, White Oats, Mixed Oats.

F. McNamara, QUEEN STREET.

CHANGE OF NAME!

Owing to the constant confusion existing in the delivery of messages, parcels, etc., between The Blue Puttee, Rawlins' Cross, and Blue Puttee Hall, Gower Street, we beg to announce that on and after this date Blue Puttee Hall, King's Road, will change its name to

"EMPIRE HALL."

Empire Hall will be again available to the Public Monday next, May 17th, for the purpose of Dances, Meetings, Auctions, etc.,

For rates, etc., apply to

may15,41,eod

W. F. POWER, Manager.

Used to Them.

Springfield Republican.—Fortunate the indiscretions of our old sea are not being taken a least bit seriously in England, which is used to one British journal cheerful-

ly calls "breezy admirals." Ozone notoriously goes to the head.

WELCH'S GRAPELADDE—The Jam you'll want three helpings of, 60c., at C. P. EAGAN'S.—may15,61

Mainly About People.

Sir Thomas Lipton, who has never ceased to conspire to the end that one of his unending series of "Sham-rocks" should succeed one day in turning trans-Atlantic transport to a large and glorious silver loving cup, spent the earlier days of his business life as a lowly paid clerk in a grocery store in Glasgow. Then he opened a store of his own. His favorite story concerns the days when he opened his first grocery shop in Glasgow and slept under the counter. A customer entered a rival's shop and asked for a pound of butter. "Real or imitation, sir?" "What was it you sold me yesterday?" "That was the real." "Then," retorted the customer, "give me the imitation."

Norman G. Shidle, writing in "The New Success," points the following rules for getting the right sort of a job. They are, in brief: Get in touch with your former employer. Study the "want ads." Let everybody know that you want a job. Make up your mind what you prefer to do and who for. Go after a job hard. In other words, make as good a job of going after a job as you expect to do at the job when you get it.

George J. Whelan, the head of the United Cigar Stores, was in the also ran class when he selected 20 good looking fellows, dressed them as admirals and sent them about New York pushing a cigarette he had branded "Admiral." He pestered Francis B. Duke, the millionaire tobaccoist with these admirals, for wherever Mr. Duke went there would be an "admiral" hovering in the offing. Duke insisted upon knowing so clever an advertiser. Whelan and Duke have done big business since.

William Averill Harriman, the son of the late E. H. Harriman, who in life was known as the "railroad king," has gone into the ship building and transportation business. He has developed an ocean transport fleet. He still holds his father's interest in railroads, and he has a banking house specializing in marine and kindred securities.

In private life John D. Rockefeller, who has broken all donation records by his latest gift of \$125,000,000 to American institutions, is by no means the morose recluse he is sometimes

MOTHER SUPERIOR OF ROSARY HILL HOME

Tells How Vinol Restores Strength and Vitality to Weak, Run-Down, Nervous People

She says: "For eighteen years I have been at work among the sick and poor and have used VINOL for weak, run-down, emaciated people with excellent results. One young woman when she came to me was so weak she could hardly creep to my door, and so changed in a month by taking VINOL I hardly recognized her, she had improved so much. I cannot recommend VINOL too highly for such conditions. These words are uttered from my heart in order that more people may know about VINOL."—Mother M. Alphonsa Lathrop, O.S.O., Hawthorne, N.Y.

Such testimony as this should convince every one of the value of VINOL. The reason it is so successful in such cases is because it contains the tissue building and medicinal elements of cod's liver, without oil, aided by the blood making, tissue building and strength creating properties of tonic iron, beef peptone and hypophosphites. It creates hearty appetite, aids digestion, enriches the blood, with thousands of red blood corpuscles and in this natural manner imparts health, strength and vitality to every organ, muscle and tissue of the body. Why not try VINOL on your druggist's guarantee?

thought to be. He is a man of careless, cheerful and humorous demeanor. His pet aversion is having his portrait taken. "I wonder you don't get Sargent or Abbey to paint your portrait," suggested a lady. "John D." smiled. "Oh, no, madam," he said. "That would never do. You see, I have never yet been done in oil and I don't want to spoil the record."

Many and very complicated matters are to be adjusted in the Rhineland of Germany. In the work of readjusting Great Britain is represented by Sir Harold Stuart as High Commissioner. He has had long experience in the administrative affairs, especially in India, all of which should be useful now in dealing with complicated problems that will arise in carrying out the terms of the peace treaty. Sir Harold Stuart was born at York on July 29, 1860. His high education was received at King's College, Cambridge. Soon after graduating he entered the Indian Civil Service and went out to Madras, where he filled many administrative positions, and also served as Under Secretary to the Government and later as Secretary under Lord Amphill, and as private secretary to Sir Arthur Havelock. He directed the taking of the census of 1891, and wrote the report.

Kenora, Ont., Jan. 22, 1920. The Minard's Liniment Co., Ltd., Yarmouth, N.S.

Dear Sirs,—Just a few lines in favor of your Liniment. I would not be without MINARD'S LINIMENT for anything, as it will relieve almost anything. When I go hunting I always take a bottle in my pocket. It is the best for Cold in the Head I ever used; and for Cold in the Chest, and every other part of a person, and for Sore Throat it has no equal. It is also a good liniment for the hair as I always use it. I have also taken blemsishes off of horses with MINARD'S LINIMENT and I would use no other for any reason For Man or Beast, as I think it is far the best.

I remain, yours truly, (Signed) DANIEL MACLAREN.

CRAZY TIMES.



Strike, and the world strikes with you, work alone; our souls are ablaze with a Bolshevik craze, the wildest that ever was known. Groan, a n d there'll be a chorus, smile, and you make no hit; for we've grown long hair and we preach despair, and show you a dally fit. Spend, and the gang will cheer you, save, and you have no friend; for we throw our bucks to the birds and ducks, and borrow from all who'll lend. Knock, and you'll be a winner, boost, and you'll be a frost; for the old sane ways of the pre-war days, are now from the program lost: Strike, and the world strikes with you, work, and you work alone; for we'd rather yell and keep raising Hannibal, Mo., than strive for an honest bone. Rant, and you are a leader, toll, and you are a nut; 'twas a bitter day, when we pulled away from the old time workaday rut. Wait, and there'll be a blow-up, watch, and you'll see a slump; and the fads and crimes of these crazy times will go to the nation's dump.

Labor Losing Ground.

Westminster Gazette.—Labor is not only failing to hold the ground won in the middle of last year, but is actually losing ground in the constituencies. It is true that in certain cases the Labor poll is likely to increase, and that, through the split vote, Labor may even win seats; but on the whole there is a decided reaction, and it is clearly recognized that there is nothing to justify the hopes of sweeping the country indulged in by the Labor leaders a few months ago.

CONDUCTIVE TO HEALTH--VI-COCOA

They All Know!

The Manufacturers of

HARVEY'S No. 1 BREAD

by attention to quality of ingredients and method of baking, know

"THERE IS NO OTHER JUST AS GOOD."

The Suppliers of

HARVEY'S No. 1 BREAD

from years of experience with this and other makes of "Hard Tack", know

"THERE IS NO OTHER JUST AS GOOD."

The Shopkeepers selling

HARVEY'S No. 1 BREAD

from the constant and increasing demand for this popular line, know

"THERE IS NO OTHER JUST AS GOOD."

The Fishermen who have used

HARVEY'S No. 1 BREAD

for upwards of forty-five years bet their last quintal that

There is no other just as good

Hay! Hay! Hay!

To arrive early next week:

2000

Bundles No. 1 Hay.

Orders now booking at exceptionally low figure.

Get our prices before buying elsewhere.

JOB'S Stores, Ltd.

MUTT AND JEFF.

FOR A FEW MOMENTS MUTT WAS ALL EXCITED.

by Bud Fisher.

